

Presents...

"ABSOLUTELY ABSTINENT"

An Interactive Workshop
Designed for Young Ladies
Ages 11-18

Problem: Our teenaged girls are facing more pressure than ever before to become prematurely sexually active and overtly sexually expressive.

Solution: In the end, the choices we make today have a profound impact on the reality we experience tomorrow. "Absolutely Abstinent" is an innovative and interactive workshop facilitated by Pastor Shea Edwards; created to provide a forum for authentic dialogue. Girls are given a safe space to speak their truth about the pressures they may be facing surrounding sex and sexuality.

Our Goals: We endeavor to support, nurture and empower the next generation of fearless leaders. We explore the pros and cons of abstinence. Pastor Shea encourages our participants to make informed life decisions without shame. We champion the power to make courageous, out-of-the-box, decisions and remove the stigma surrounding abstinence. We are sex-positive in that we believe one can own their sexuality by keeping it sacred. We advocate developing and setting healthy boundaries while prioritizing personal goals.

Core Values: Leadership. Innovation. Purpose. Honor. Value. Integrity. Discretion. Assertiveness. Collaboration. Community. Self-Care. Self-Esteem. Fun!

