



*THERAPY
SOLUTIONS*

Sue Redepenning

Adaptive Recreation and Outdoor Activities

LiveLife Therapy Solutions Services



Assessment



Trials and training



Resources

Adaptations for Recreation and Outdoor Activities

MIN State Park Campsite:

**Minnesota state parks with accessible
campsites, lodging, and trails |**

Minnesota DNR

Accessible outdoors | Minnesota DNR

(state.mn.us)

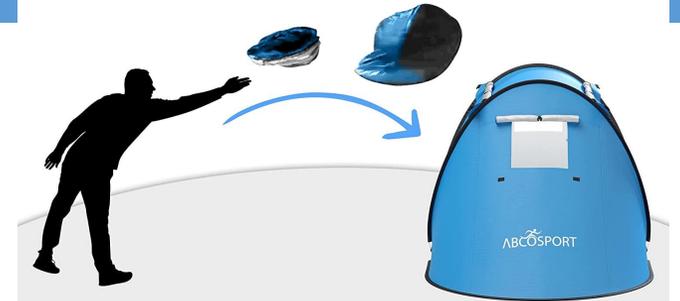
Tents:

Best 11 Wheelchair Accessible Camping Tents For A Perfect Trip – Disabilitease



Set up in seconds!

- 1. Remove tent from case**
- 2. Throw into an open area**



- 3. Secure with stakes**

Cots or sleeping mattress:



Mobility devices easier to use outside:



Permobil F5 Corpus VS wheelchair



Magic Mobility frontier v6 power wheelchair



Pride Victory LX Sport



<https://www.monsterscooterparts.com/accessories/accessory-category-acc/max-weatherbreaker-canopy.html>

All Terrain devices:



Midwest Trackchair Certified Dealer - Action Trackchair

DNR introduces all-terrain track chairs to Minnesota state parks : Jun 1, 2022 | News Release | Minnesota DNR

Adapted fishing:



Adaptive / One Arm Fishing — Rexfly



Products — Be Adaptive Equipment Inc.

Ramps for boats:



[Boat Boarding Ramps | Handicap Boat Access Ramps \(handiramp.com\)](http://handiramp.com)

[BOAT BOARDING RAMP, STEADI-PLANK, affordable, effective, Aluminum BOAT BOARDING RAMP solutions](#)

Adapted Biking:



TRETS Trike REH - GB Kids



30 Years of Freedom Concepts - Freedom Concepts Inc.



Bikes For Every Body - Home of The Buddy Bike



Twin Cities Adaptive Cycling (tcacycling.org)

Adaptive Sports:



Basketball



Tennis



[How iRoll Sports - Adaptive Sports & Fitness Equipment for Athletes](#)

[Minnesota - How iRoll Sports](#)

Adapted Water skiing:



[Adaptive Athletes | Minnesota | Shockwaves Adaptive Waterski Squad \(enablingsmiles.com\)](#)

[Today marks first day of adaptive water skiing on Madison Lake \(keyc.com\)](#)



Equipment Funding

- MA or insurance for scooters or wheelchairs if they meet medical need criteria.
 - MN Waivers
 - VA
 - Go Fund Me
 - Churches, or community organizations (Rotary or Lions Club).
 - Fund Raising Events-pancake breakfast, carnival, restaurant outings, fund raising tickets or silent auction events.
 - Grants-there are grants that become available researching the one that fits your needs and area you live in. Grants usually pay for the equipment like an adaptive bike.
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**Thank
You**

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