

# BOOST YOUR ORGANIZATION'S PERFORMANCE LEVELS

**Bill Guertin**

Overcoming the **7** Voices in Your Head

**A high-energy keynote OR 3.5-hour workshop** designed to help leaders identify what may be holding their people back from their true potential and how to apply simple, proactive solutions to help

**RESTORE CONFIDENCE AND CLARITY OF PURPOSE**

The “voices” inside our own heads are silently sabotaging our own success. Whether you’re a senior executive or a brand-new employee, these strong internal “voices” keep individuals at all levels from being their best. With the rise in mental health challenges of the past few years, recognizing and addressing these negative “voices” has become a “must-have” leadership skill.

In this inspiring interactive program, you’ll discover each of the “7 Voices”, how each one manifests itself in our daily lives, and how to apply simple, practical techniques to help your people to minimize these doubts, fears and anxieties to become better and more fulfilled in every facet of their lives. .

- Improve Workplace Positivity and Mental Health
- Increase Productivity and Clarity
- Minimize Negative Thinking and Introduce Alternatives for Improvement

**DELIVERED ON-SITE  
AT THE LOCATION  
OF YOUR CHOICE**

[www.The7Voices.com](http://www.The7Voices.com)

**FOR LEADERS**