

## Soaring Eagle Kung Fu Class Schedule - January

Tier 3 Mitigations Protocols in Place for in Person Kung Fu

In person sessions must be reserved in advance to ensure adequate social distancing

Adderess: 291 N Northwest Hwy, Palatine, IL 60067

Email: info@soaringeaglekungfu.com

Phone: (847) 701-5588

We bsite: www.soaring eaglekung fu.com



| SUN   | MON | TUE   | WED                                 | THU   | FRI   | SAT                                    |
|---|-----|---|-------------------------------------|---|---|--|
| 9:00 – 9:50am Youth Intermediate Youth Advance 10:10 – 11:00am Tai Chi 11:20 – 12:10am Youth Beginner |     |   |                                     |   |   |  |
|   |     |   |                                     |   |   |  |
| 4:00 – 4:50pm<br>Chinese Kickboxing<br>(San Da)   |     | 4:00 – 4:50pm  Youth Intermediate  (Online) | 4:00 – 4:50pm<br>Belt Level Test    |   |   | 3:10 – 4:00pm<br>Youth<br>Intermediate |
| 5:10-6:30 pm<br>Team  |     | 5:00 – 5:50pm<br>Youth Advanced<br>(Online) | 5:00 – 5:50pm<br>Youth Beginner     | 5:00 – 5:50pm<br>Youth Advanced<br>(Online) | 5:00 – 5:50pm<br>Youth Intermediate<br>(Online) | 4:20 – 5:10pm<br>Youth Advanced        |
|   |     | 6:00 – 7:20pm<br>Team<br>(Online)           | 6:10 – 7:00pm<br>Youth Advanced     | 6:00 – 6:50pm<br>Youth Intermediate         | 6:00 – 7:20pm<br>Team                           | 5:30 – 6:50pm<br>Team<br>(Online)      |
|   |     |   | 7:20 – 8:10pm<br>Youth Self-defense | 7:10 – 8:00pm<br>Adult/Teen Kung Fu         | 7:40 – 8:30pm<br>Tai Chi                        | 7:10 – 8:00pm<br>Adult/Teen Kung Fu    |

## **Notes:**

Youth Kung Fu (Intermediate) class prerequisite: White Belt or Red Belt.

Youth Kung Fu (Advanced) class prerequisite: Orange Belt or above. (Refer to Soaring Eagle Kung Fu website for Belt Level qualifications)