



MICROWAVE

REHEATING FROZEN, VACUUM-SEALED FOOD IN A MICROWAVE IS A CONVENIENT WAY TO ENJOY A QUICK AND EASY MEAL

PREPARATION

CUT OPEN THE BAG ALONG THE TOP EDGE.
PLACE THE OPEN BAG IN A MICROWAVE-SAFE CONTAINER WITH THE OPENING WIDE OPEN.

STEP 01



STEP 02

MICROWAVE SETTING

HEAT IN THE MICROWAVE ON MEDIUM POWER FOR 4-5 MINUTES.

STIR

PAUSE AND STIR OCCASIONALLY TO ENSURE EVEN HEATING.
REPEAT THE PROCESS A COUPLE OF TIMES ENSURING THE BAG REMAINS WIDE OPENED.

STEP 03



SERVE

WHEN THE DESIRED TEMPERATURE IS REACHED, SERVE IMMEDIATELY.

STEP 04

& ENJOY

