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## ADDITIONAL WAIVER-SERVICES FOR QUALIFYING INDIVIDUALS

### HARP/HCBS

**HARP—Health And Recovery Plan** is a specialty Medicaid insurance plan for qualifying individuals. With Care Management under HARP, you may also be eligible for a comprehensive benefits package called **Behavioral Health - Home and Community Based Services (BH-HCBS)**.

These services are designed for individuals who would require the level of care provided in more restrictive environments such as a long-term care facility or psychiatric inpatient care if not for this aid.

#### SOME OF THE HCBS SERVICES:

- ▶ Psychosocial Rehabilitation (PSR)
- ▶ Community Psychiatric Support & Treatment (CPST)
- ▶ Habilitation Support
- ▶ Family Support and Training
- ▶ Peer Support Services
- ▶ Pre-vocational and Employment Services

## WHAT'S INTEGRATED HEALTH?

**Integrated Health** is the latest initiative at Hamaspik of Rockland. As the name suggests, this program “integrates” services spanning the medical, behavioral and addiction fields.

Our goal is to ensure access to appropriate services, improve health outcomes, reduce preventable hospitalizations and emergency room visits, track and monitor patient outcomes, and avoid unnecessary care.

Expect an unprecedented care experience from a human services agency offering two decades of support for the OPWDD population.

*Hamaspik of Rockland County is part of the New York State Hamaspik Association—a membership association comprising of 8 human services agencies providing services in 25 counties*

*Comfort Health is a sister-company to Integrated Health offering similar services to those under 21*



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845-503-0200 | email: intake@hamaspikrockland.org.

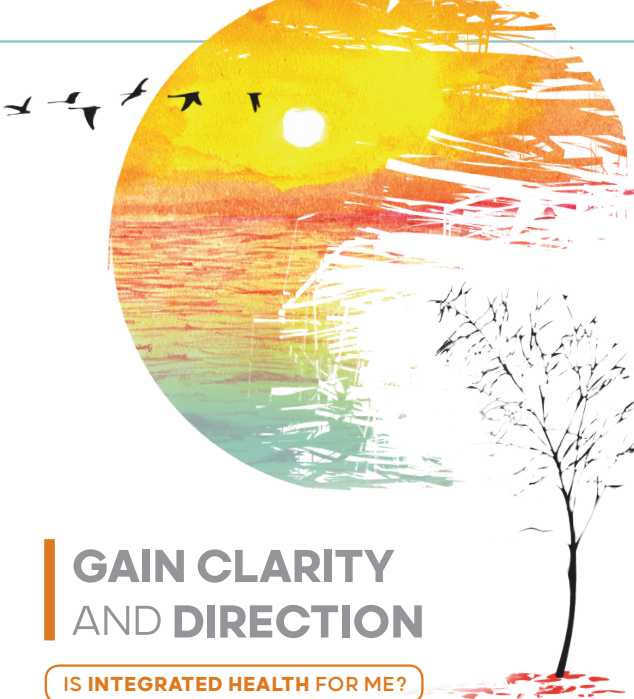
# CARE MANAGEMENT

*you deserve*

## EXTENSIVE INTEGRATING SERVICES UNDER ONE ROOF

MEDICAL BEHAVIORAL PSYCHIATRIC ADDICTIONS





## GAIN CLARITY AND DIRECTION

### IS INTEGRATED HEALTH FOR ME?

- ▶ Are you suffering from **chronic medical conditions** (e.g., *asthma, diabetes*)?
- ▶ Are you struggling with **depression, OCD, anxiety**, or other **emotional problems** that affect your daily functioning?
- ▶ Do you have a loved one suffering from a debilitating **mental illness** (i.e. *psychosis, bipolar, personality disorders*)?
- ▶ Are you battling **substance abuse**?
- ▶ Are you confused about the services available for your **elderly parent**?

**IF YOU ANSWERED YES TO ANY OF THE ABOVE, YOU MAY BENEFIT FROM THIS PROGRAM**

# INTEGRATED HEALTH OFFERS THESE CARE MANAGEMENT SERVICES TO QUALIFYING INDIVIDUALS:



Comprehensive Care Management



Health Promotion & Advocacy



Comprehensive Transitional Care



Member and Family support



Health Information Technology



Community & Social Support Services Referrals

MEDICAL

BEHAVIORAL

PSYCHIATRIC

ADDICTIONS

Ever since we signed up for **Integrated Health** things have fallen into place. The dedicated care manager helped us navigate through the labyrinth of services, and reminds us of upcoming appointments or paperwork deadlines. This resulted in fewer hospital stays and an overall better life.

- BEN C.



## DO I QUALIFY?

### ELIGIBILITY CRITERIA:

- ✔ Medicaid enrolled
- ✔ Two qualifying chronic conditions (or one condition **AND** at risk of developing a second one). Examples: *asthma, diabetes, heart disease, obesity, substance use disorder, mild behavioral health challenges.*
- ✔ **OR** one single qualifying chronic condition in the form of serious behavioral challenges (i.e. *depression, anxiety, OCD, bipolar, psychosis, or personality disorders*)

TO SIGN UP OR FOR MORE INFORMATION

please call **845-503-0200**

or email [intake@hamaspikrockland.org](mailto:intake@hamaspikrockland.org).