CHAMPIONS DOJO SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00a	KATA / BUNKAI	KATA / BUNKAI	Kumite / Drills	Kumite / Drills			
10:00a						KARATE ALL RANKS/ ALL AGES	
11:00a						COMPETITION TRAINING *11am-1pm* **must be Elite and Shihan's permission*	
12:00p							
1:00p						Specialty classes TBA	
2:00p							
3:00p		COMPETITION kata 12year+					
4:00p		COMPETITION Skilz & Drilz 12+					
5:00p	Advanced KATA	FUNdamentals	UNDER 12 y/o				
6:00p	FUNdamentals Karate class	Advanced KATA	ALL RANKS 12+ y/o	ALL RANKS ALL AGES			
7:00p							
8:00p							

FUNdamental class = From Beginners TO Orange belt ; **Advanced** - Orange Stripe Belt & Higher

(To be part of our COMPETITION TEAM you MUST be an ELITE team member and have authorization from Shihan)

BASIC =2XWEEK, STANDARD = 3XWEEK, ELITE = MAY TRAIN EVERYDAY

To train in more than one class/day must be an elite member, Shihan approved and space for those taking only one class that day

LOOKING AHEAD

*** Watch the DISCORD app and our bulletin board for new dates that we may add after printing***

SEPT 7 ..... **DOJO CLOSED** LABOR DAY
NOV 25-29 ..... **DOJO CLOSED** THANKSGIVING
DEC23-27 ..... **DOJO CLOSED** Christmas

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