



CHAMPIONS DOJO SCHEDULE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00a	KATA / BUNKAI	KATA / BUNKAI	Kumite / Drills	Kumite / Drills			
10:00a						KARATE ALL RANKS/ ALL AGES	
11:00a						COMPETITION TRAINING 11am-1pm <i>*must be Elite and Shihan's permission</i>	
12:00p						Specialty classes TBA	
1:00p							
2:00p							
3:00p							
4:00p	Lil' Champ's 5,6,7 Y/O	COMPETITION kata 12year+	Lil' Champ's 5,6,7 Y/O				
5:00p	Advanced KATA	FUNDamentals	UNDER 12 y/o	UNDER 12 y/o			
6:00p	FUNDamentals Karate class	Advanced KATA	ALL RANKS 12+ y/o	ALL RANKS ALL AGES			
7:00p							
8:00p							

FUNDamental class = From Beginners TO Orange belt ; **Advanced** - Orange Stripe Belt & Higher

(To be part of our COMPETITION TEAM you MUST be an ELITE team member and have authorization from Shihan)

BASIC = 2XWEEK, STANDARD = 3XWEEK, ELITE = MAY TRAIN EVERYDAY

To train in more than one class/day must be an elite member, Shihan approved and space for those taking only one class that day

LOOKING AHEAD** Watch the DISCORD app and our bulletin board for new dates that we may add after printing**

FEB 19-21

..... DOJO CLOSED / special

MAR 7

..... SOUTH EASTERN CHAMPIONSHIP (Memphis)

MAR 21

..... OHIO CHAMPIONSHIP (Cincinnati)

APR 25

..... CHAMPS CUP, Douglassville, Georgia



STAY IN THE LOOP - POINT YOUR CAMERA HERE - JOIN

