



CHAMPIONS DOJO SCHEDULE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00a	KATA / BUNKAI	KATA / BUNKAI	Kumite / Drills	Kumite / Drills			
10:00a						KARATE ALL RANKS/ ALL AGES	
11:00a						COMPETITION TRAINING 11am-1pm *must be Elite and Shihan's permission	
12:00p						Specialty classes TBA	
1:00p							
2:00p							
3:00p							
4:00p	Lil' Champ's 5,6,7 Y/O	COMPETITION kata 12year+	Lil' Champ's 5,6,7 Y/O				
5:00p	Advanced KATA	FUNDamentals	UNDER 12 y/o	UNDER 12 y/o			
6:00p	FUNDamentals Karate class	Advanced KATA	ALL RANKS 12+ y/o	ALL RANKS ALL AGES			
7:00p							



mental class = From Beginners TO Orange belt ; **Advanced** - Orange Stripe Belt & Higher

(To be part of our COMPETITION TEAM you MUST be an ELITE team member and have authorization from Shihan)

BASIC - 2XWEEK, STANDARD - 3XWEEK, ELITE - MAY TRAIN EVERYDAY

To train in more than one class/day must be an elite member, Shihan approved and space for those taking only one class that day

LOOKING AHEAD** Watch the [DISCORD](#) app and our [bulletin board](#) for new dates that we may add after printing**

APR 25

..... DOJO CLOSED CHAMPS CUP, [Douglassville, Georgia](#)

MAY 25

..... DOJO CLOSED Memorial Day

JUN 29-JULY 5

..... DOJO CLOSED Nationals, Ft. Lauderdale, Florida

STAY IN THE LOOP - POINT YOUR CAMERA HERE - JOIN

