

Conservation

CORNER

HOW YOU CAN HELP

Simple Swaps **BIG IMPACT**

- **Reduce single-use plastics**
- **Turn off lights & unplug devices**
- **Bring your own bag, bottle, or container**
- **Recycle and repurpose whenever you can**

Change starts at home — and every little action adds up!

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SMART CHOICES

Make Eco-Friendly
DECISIONS

- **Choose sustainable seafood**
- **Use reef-safe sunscreen**
- **Support earth-conscious brands**
- **Buy less. Choose well**

Your choices shape the future — choose with the planet in mind.

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SPEAK UP & SUPPORT

Be a Voice
FOR THE OCEAN

- **Share what you learn**
- **Join clean-up events**
- **Support conservation organizations**
- **Symbolically adopt a marine animal**

Together, our voices can turn the tide.

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TAKE IT FURTHER

Turn Awareness
INTO ACTION

- **Volunteer Locally**
- **Start a community green project**
- **Host an ocean awareness day**
- **Organize an eco challenge at work or school (even in your neighborhood)**

Be the spark that inspires change in your community.

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OCEAN HERO HABITS BE AN EVERYDAY OCEAN GUARDIAN!

- **TURN OFF LIGHTS WHEN YOU LEAVE A ROOM**
- **USE YOUR REUSABLE WATER BOTTLE**
- **PICK UP LITTER AT THE PARK OR BEACH**
- **REUSE CRAFT SUPPLIES OR PAPER**

Little actions can make a whale of a difference!

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**SMART OCEAN CHOICES
SAVE THE SEA WITH
WHAT YOU CHOOSE!**

- **LOOK FOR REEF-SAFE SUNSCREEN WITH A PARENT**
- **ASK WHERE YOUR SEAFOOD COMES FROM**
- **MAKE A PLEDGE TO BUY LESS PLASTIC TOYS**

*Ask questions — even small kids
can make big waves!*

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SPEAK UP WITH HEART

**SHARE YOUR
OCEAN VOICE!**

- **DRAW A POSTER OR WRITE A POEM ABOUT THE OCEAN**
- **SHARE A FUN FACT ABOUT SHARKS OR TURTLES**
- **TEACH A FRIEND ONE WAY TO HELP**

Your voice is powerful — let it shine!

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**FAMILY FUN & OCEAN
KINDNESS**

**GET INVOLVED
TOGETHER!**

- **WATCH AN OCEAN DOCUMENTARY WITH YOUR FAMILY**
- **MAKE OCEAN ART WITH RECYCLED ITEMS**
- **TAKE THE OCEAN GUARDIAN PLEDGE**
- **KEEP A “KIND TO EARTH” JOURNAL**

Kindness to nature is kindness to ourselves.

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OCEAN GUARDIAN PLEDGE

I PROMISE TO CARE FOR THE OCEAN, ITS CREATURES, AND THE WORLD AROUND ME.

REPEAT AFTER ME...

- **I AM AN OCEAN GUARDIAN!**
- **I WILL EXPLORE WITH CURIOSITY AND LEARN WITH AN OPEN HEART.**
- **I WILL PROTECT THE SEA AND ALL THE CREATURES WHO CALL IT HOME.**
- **I WILL REUSE, RECYCLE, AND REDUCE WASTE WHENEVER I CAN.**
- **I WILL SPEAK KINDLY, ACT GENTLY, AND HELP OTHERS DO THE SAME.**
- **I WILL STAND UP FOR NATURE – EVEN IN SMALL WAYS – BECAUSE EVERY ACTION MATTERS.**
- **WITH COURAGE, KINDNESS, AND CARE... I WILL HELP THE OCEAN THRIVE!**

Making a difference, one guardian at a time!