

ANCIENT HEALING STONES

Stone Name - [Chakra Level] description

Aegirine - [1] self-quest, revitalize mind, increases other stone healing energy.

African Turquoise - evolution, change, transformation, encouraging energy, provides balance and confidence for self-development and metamorphosis.

Agate - [X] discerns the truth, accepts circumstances, powerful emotional healer.

Ajoite - [0] removes implants, activates, energizes the upper heart chakra, aligns with the universal spirit.

Alexandrite - [7] enhances the rebirth of inner and outer self, promotes awareness.

Amazonite - [5] aligns astral bodies, unity with life, enhances creative expression.

Amber - [2] calming for hyperactivity and stressed nerves, finds humor and joy.

Amethyst - [6,7] encourages inner peace, fights addictive behavior, transforms energy.

Ametrine - [3,6,7] dispels negativity, aids decision making, meditation, relieves stress.

Andalusite - [4,5,6] stimulates past memories, re-alignment and centering of self.

Angelite - [4] protects, strengthens degenerate organs, excellent for creative people.

Apache Tear - [1] grants forgiveness, understanding in distress.

Apatite - [X] good for communication, highly psychic, controls weight gain.

Apophyllite - [7] loving attunement to body and spirit, stimulates intuition.

Aquamarine - [5] banishes fears, calms nerves, imparts strength and control.

Aragonite - [1,2,3,4] calms & centers, allows for insight, aids self discipline if directed.

Aventurine - [4] independence, strong legs and joints, helps in career change.

Azurite - [6] guidance to psychic self; cuts through illusion, enhances communication

Azurite-Malachite - [6] initiates transformation, aids clarity and understanding in vision.

Blue Lace Agate - [5] expands consciousness, soothing, wise, public speaking.

Bloodstone - [1] prevents high blood pressure, cleanser of body, aids decision making

Boji Stone - [2] sense of joy, highly energetic, draws out pain.

Brazilianite - [0] promotes trust in self, refreshes memories of pre-physical existence, gently clears blockages

Bustamite - [4] stimulates dreamwork, a harmonious Stabilizer, remove negativny. D

Calcite - [X] aids memory, good for arts and sciences, balances mental and emotional

Candle Quartz - [0] aids in accessing ancient knowledge and putting it to use.

Carnelian - [2] releases sorrow, envy, fear, apathy and rage, past life work.

Celestite - [5] clears speech, personal expression, highly spiritual.

Chalcedony - [2] expression of emotional needs, honesty, alleviates regret.

Chiastolite - [2] transmutes dissension into harmony, balances perspectives.

Charoite - [6] accelerates spiritual growth, enhances self-esteem, and ability to love.

Chrysocolla - [4,5,6] communication, female energy, creativity, relieves ulcers and arthritis.

Chrysoprase - [4] prevents depression, increases grace and equilibrium, balances energy.

Citrine - [2] cleans auras, detoxifies the body, aids tissue regeneration.

Clear quartz - powerful. Helps align with highest self and live at highest potential, cleanses the mind, protects against negativity.

Copper - [0] soothes arthritis; releases restrictions; stimulates initiative and optimism.

Coral - [X] protection from evil, increases imagination, resolves conflicts.

Danburite - [7] stimulates intellect, enhances psychic ability and self-assuredness.

Diamond - [7] brings forth purity, harmony and love - also brings abundance.

Diopside - [X] brings necessary tears, heals trauma, aids regression, scrying stone.

Diopase - [4] attracts love, abundance, prosperity and health.

Dravite - [1] a protective stone that brings the peace of the earth to the higher self.

Elestials - [0] assist in comprehending life, levels of death, spirit and immortality.

Emerald - [4] secures love, attracts wealth, profitable dreaming

Epidote - [4] enhances that to which you attune it.

Fluorite - [X] aids comprehension, strengthens teeth and bones, stabilizing and calming.

Fossil - [0] aids past life exploration, protection from spells.

Galena - [1] harmony, healthy hair, medical students, promotes holistic studies.

Garnet - [1,4] increases health, fidelity, imagination, and balances energy flow.

Gibeon Meteorite - [X] connection with All that is. Grounds universal energy.

Gold - [3] purifying, healing, balancing, attracts honors, masculine energy.

Gypsum - [3] relieves stagnation, offers level-headedness.

Hematite - [1] grounding, promotes common sense and level headedness.

Herkimer Diamond - [0] stimulates clairvoyance/psychic abilities, soothes tension.

Hessonite - [3] clears negativity, eliminates feelings of inferiority, promotes positive change.

Holly Blue Agate - [7] spiritual and psychic actualization, as one teaches, one also learns.

Howlite - [6,7] combines reasoning, observation and patience, providing for : discernment.

Iolite - [7] gives accurate visions, releases discord, strengthens liver, soul connector.

Infinite - [4] deals with your past, present, future at once. A very loving angelic stone.

Jade - [4] reduces eye strain and negativity, promotes longevity, dreams.

Jasper - [X] powerful physical healer, protects against negativity.

Jet - [1] dispels migraines, illness, violence, deep depression, protects finances.

Kunzite - [4] reduces insecurity, addictiveness, a loving stone, gives maturity.

Kyanite - [5,6,7] promotes clarity and understanding in dreamwork, enhances creativity.

Labradorite - [6,7] brings recognition of destiny, increases telepathic ability.

Lapis Lazuli - [6] strengthens total awareness, ESP, skeleton, thyroid, creativity.

Larimar - [5] confidence builder, good for sales, reduces depression, builds serenity.

Lepidolite - [4] promotes self love, alleviates stress, anger, tension.

Malachite - [4] lucky money stone, aids sleep, asthma and labor. Intense and probing.

Moldavite - [4] channeling interdimensional sources, catalyst for important life changes.

Mookaite Jasper - nurturing stone that supports and sustains during stress, brings peace and feeling of wholeness, helps in decision making, encourages versatility and acceptance, provides emotional growth.

Moonstone - [2] lucky love stone, calming, introspective, assists with emotional release.

Morganite - [4] sisterhood, balances emotions, heals the pain of separation, love energy.

Obsidian - [1] eliminates gullibility, offers detachment, very protective.

Ocean jasper - encourages you to embrace love, happiness, and joy, brings comfort and empowerment, uplifting.

Onyx - [1] relieves stress and grief, strengthens self-control and morality.

Opal - [7] recalls past lives, aids inner beauty, faithfulness, and eyesight.

Paintbrush Jasper - absorbs negativity, helps with memory and connection with ancestors, grounding, aligns the physical, mental, and emotional bodies with the spiritual realm.

Peacock Rock - [0] fresh new outlook on life, strong healing properties.

Pecos Diamond - [0] stabilizes emotions, brings joy, aids creativity and intuition.

Peridot - [4] opens new doors, removes stress, fear, guilt, activates personal growth.

Petalite - [0] enhances one's ability to feel energy, dissolves spells, negative energy and black magic. The stone of Angels, calming and focusing.

Petrified Wood - [1] connection to earth and nature, removes petty annoyances.

Phenacite - [7] inner knowing, spiritual travel, increases energy of other stones.

Picture Jasper - restores wisdom of past lives, balances, facilitates meditation and stimulates the immune system.

Pietersite - [6,7] dignified power and loving guidance, accesses akashic records.

Pink Opal is powerful **stone** for healing the emotions, especially those connected with subconsciously held pain. ... In addition to healing matters of the heart, the **pink opal meaning** encourages the release of fear, worry or anxiety. It helps to dissipate stress, allowing you to be more centered and calm.

Prase - [4] resolves sexuality issues, sense of oneness with the universe, earth mother stone.

Prehnite - [3,4] balances chakras, enhances personal relationships.

Purpurite - [7] helps break away from limited patterns, increases spirituality and finances.

Pyrite - [1] increases memory, concentration, spiritual and psychic ability for students

Quartz - [0] programmable stone, breaks bad habits, channeling stone, enhances life force.

Red Jasper - stimulates imagination and transforms ideas into action, channels balanced energy and protection, helps rectify unjust situations, cleanses the aura.

Rhodochrosite - [4] strengthens mental power, finds new love.

Rhodonite - [4] energy in trauma, assuredness, helps one achieve the greatest potential.

Rose Quartz - [4] reduces weight, wrinkles, enhances self-assuredness. Love stone.

Ruby - [4] mental balance, improves circulation, protects sensitive natures.

Rutilated Quartz - [0] excellent for birthing process, enhances communication.

Sapphire - [6,7] goal motivation, strengthens loyalty, highly evolved spiritual stone.

Sardonyx is a stone of protection and strength. It promotes virtuous conduct and integrity. It attracts friends and good fortune. It brings lasting happiness and stability to partnerships.

Sceptre Quartz - [0] Atlantian/Lemurian symbol of power, focuses energy with the heart.

Selenite - [7] flexibility, decision making, clarity, strengthens spinal column.

Seraphinite - [4,7] cleanses aura & chakras, helps contact Angels energy of cooperation.

Serpentine helps to clear out and release the clouded/dense areas of all chakras so that healing can occur. **Serpentine** will help with healing on all levels (mental, emotional, and physical).

Silver - [0] energy conductor, cases stress and improves speech, feminine energy.

Smoky Quartz - [1] relieves depression, tension, balances sexual energies.

Sodalite - [6] prophetic dreaming, endocrine system, eliminates confusion.

Staurolite - [1] tears of fairies, good luck, helps transition, makes oneself at ease.

Strawberry Quartz - [4] brings the feeling of love and euphoria of a true loving environment, amplifies intentions of love, gratitude, and generosity, balances the psyche, the emotions, and the subtle energy bodies.

Sugilite - [6,7] aids physical healing, reduces stress, strengthens heart, emotional balancer.

Sunstone - [3] dissipates fearfulness, increases vitality, spiritual growth. A stone of luck.

Tanzanite - [6] stone of magic, facilitates spiritual awareness and stimulates insight.

Tektite - [1] wisdom through life experience, prevents emotional scars.

Tiger Eye - psychic protector, great for business, helps achieve clarity.

Tiger Iron - [1,3] enhances creativity through meditation. Good for motivation on all levels.

Topaz - [X] tissue regeneration, kidneys and bladder. Enhances understanding.

Tourmaline - [X] relieves fatigue, anemia, increases success and love.

Turquoise - [5] friendship, mental relaxation, respiratory system.

Turritella - [1] eases domestic relations and group interaction.

Unakite - [4] enhances sense of personal power, converts the negative into the positive.

White quartz - purifies negative energies, increases concentration, enhances happiness, stabilizes emotions.

Zincite - [1,2,3] removal of energy blockage. Cathartic, brings together similar minds.

Number key

(the numbers in brackets relate to the corresponding chakra for that stone)

1 - Root Chakra

2 - Navel Chakra

3 - Solar Plexus Chakra

4 - Heart Chakra

5 - Throat Chakra

6 - Third Eye Chakra

7 - Crown Chakra

Any Chakra application depends upon the color of the stone.