



Major: Leadership & Management 36 Courses & Course Notes

Certified for Adaptive Sales University

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Major: Leadership & Management

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Syllabus

01. The Role & Responsibility of the Manager

- Aims
 - The delegate will learn the essential areas of management responsibility and what is required to build their personal skill level to ensure success.
- Key Learning Outcomes
 - Recognize and explain the different areas of management responsibility
 - Identify the different ways people are motivated
 - Give examples of management information required
 - Define standards and how to set them
- Who Would Benefit
 - Anyone new to a management or supervisory role in addition to those who have been doing the job for a while and received little formal training in management skills.

02. The Role & Responsibility of the Supervisor / Team Leader

- o Aims
 - The delegate will learn the fundamental skills of being a Team Leader or Supervisor and how to apply those skills successfully.
- Key Learning Outcomes
 - Understand different areas of responsibility
 - Consider tasks and manage performance based on objectives and behaviors
 - Recognize key elements in team working
 - Motivate individuals and help them to grow
- Who Would Benefit
 - Anyone new in the role or who has not had any formal training in supervising or leading people and teams.

03. An Examination of Different Leadership Models

- o Aims
 - The delegate will learn the value of utilizing a different leadership style to suit different situations.
- Key Learning Outcomes
 - Identify one difference between leading and managing
 - Identify one aspect of Transformational Leadership
 - Identify one aspect of Kouzes and Posner's Leadership Model
 - Identify one style of Blanchard's Situational Leadership Model
- Who Would Benefit
 - For managers at all levels who wish to learn the essentials qualities of a good leader.



04. Developing Your Leadership Style

- o Aims
 - The delegate will explore how to shape their own leadership style and develop a distinctive method for them of leading people that ensures maximum results.
- Key Learning Outcomes
 - Identify one difference between leading and managing
 - Describe what "values" are
 - Describe what vision is
 - Identify one key step to develop your leadership style
- Who Would Benefit
 - Anyone in a managerial or supervisory role who wishes to develop their skills as a leader of others.

05. The Art of Delegation and Empowerment

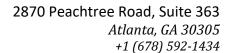
- o Aims
 - The delegate will learn the essentials of exactly when and how to delegate up, down and across the business effectively.
- Key Learning Outcomes
 - Explain the difference between delegation and dumping
 - Identify when to delegate
 - Explain how delegate the task and the responsibility
 - State what effective delegation and follow up is
- Who Would Benefit
 - This module would benefit anyone with responsibility for allocating tasks and ensuring they are completed to satisfactory standards.

06. Giving Constructive Feedback

- o Aims
 - The delegate will learn how to offer feedback in a clear, concise and motivational way.
- Key Learning Outcomes
 - State the importance of giving effective, constructive feedback
 - Understand how to tailor feedback to the recipient
 - Recall what AID stands for
 - Be able to give positive and developmental feedback
- Who Would Benefit
 - Managers and supervisors who are expected to appraise the performance of others and offer support and advise for future conduct.

07. Theories of Motivation

- o Aims
 - The delegate will learn the value of utilizing different motivation strategies in various circumstances.
- Key Learning Outcomes





- Define motivation
- Recall the 6 motivation theories
- Apply the key principles to their own organization
- State the signs of high motivation
- Who Would Benefit
 - For managers at all levels and team leaders who wishes to learn more about what motivates teams and individuals to greater performance.

08. How Teams are Formed

- o Aims
 - The delegate will learn how the most effective teams often go through a process of difficulty and evolution in order to be able to perform to their full potential.
- Key Learning Outcomes
 - Explain the 4-step process of team development
 - Identify what makes an effective team
 - Give examples of effective team behavior
 - State the reasons teams often fail
- Who Would Benefit
 - Managers at all levels with responsibility for teams.

09. An Examination of Team Roles and Behaviors

- o Aims
 - The delegate will learn the value of understanding the different roles that exist within the team environment and how they can best work together.
- Key Learning Outcomes
 - Explain different roles within a team
 - Identify why conflict occurs in teams
 - State the reasons for good/poor behavior
 - Give examples of how to achieve top team performance
- o Who Would Benefit
 - Anyone who is part of a team or has responsibility for supervising the performance of an identified team.

10. Why Teams Succeed or Fail

- o Aims
 - The delegate will explore the reasons that ultimately lead to team success of failure and how to utilize the most effective methods to ensure success.
- Key Learning Outcomes
 - Demonstrate a knowledge of a successful team's characteristics
 - Identify positive behavior's within a team
 - State why teams often fail
 - Describe practical team success and how to achieve it
- Who Would Benefit
 - Anyone with a requirement to understand what impacts upon the success



of a team within an organization.

11. Setting Objectives

- Aims
 - The delegate will learn how to set and prioritize objectives using powerful tools and techniques to ensure they are successfully completed.
- Key Learning Outcomes
 - State what is meant by a quantitative and qualitative objective
 - Describe the 3 elements that make a good objective
 - List the four types of measure and state the importance of choosing the correct one
 - Write a SMART objective
- Who Would Benefit
 - Managers or supervisors who have the responsibility to set goals for their team members or those looking to move into such a role.

12. Making Meetings Work

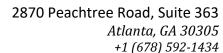
- o Aims
 - The delegate will explore the essential skills of successful meetings and how to ensure they are necessary and get the most from them.
- Key Learning Outcomes
 - Identify the different kinds of meeting
 - State how to plan and prepare for a successful meeting
 - State how to engage everyone in the meeting
 - Explain the component parts and follow up of a successful meeting
- Who Would Benefit
 - Anyone with responsibility for chairing or leading meetings of any kind.

13. Managing Good and Poor Performance

- o Aims
 - The delegate will learn how to distinguish between good and poor performance and monitor accordingly.
- Key Learning Outcomes
 - State the difference between competence and commitment
 - Assess where their team members currently sit on the competency / commitment matrix
 - Identify why performance potential is not reached for 3 typical individual scenarios
 - Recall what the typical performance gaps are
- Who Would Benefit
 - For managers at all levels and team leaders who wish to improve how they handle differing levels of performance from individuals.

14. Performance Management in Action

o Aims





- The delegate will learn how to apply the latest best practices on Performance Management and Personnel Development
- Key Learning Outcomes
 - Demonstrate use of counseling techniques
 - Improve levels of impact and influencing skills
 - Understanding team and individual behavior
 - Managing conflict and understanding motivation techniques
- Who Would Benefit
 - Anyone at any level with organizational responsibility for delivering quality performance

15. KPI's and Individual & Team Performance Assessment

- o Aims
 - The delegate will learn about key performance indicators and how to best measure individual and team performance.
- Key Learning Outcomes
 - State what is KPI is where they come from
 - Describe why we need to measure business performance
 - List at least 4 things that need to be considered when compiling KPI's
 - Recite the link between KPI's and team performance.
- Who Would Benefit
 - Those with responsibility for measuring and maintaining employee performance against clear objectives.

16. Identifying Development & Training for Your Team

- o Aims
 - The delegate will learn how identify training and development needs and the value of following the training cycle in planning for training.
- Key Learning Outcomes
 - State 4 reasons why we train
 - List the 5 stages of the training cycle and state what is done at each stage
 - Describe the ways in which we could carry out a training needs analysis.
- Who Would Benefit
 - This module will benefit managers or team leaders who have responsibility for developing the members of their team.

17. Discipline and Grievance

- o Aims
 - The delegate will learn the key principles of managing the discipline and grievance procedure with confidence.
- Key Learning Outcomes
 - Recall what is meant by discipline and grievance
 - State when the disciplinary procedure may be invoked
 - Recite a typical disciplinary process



- Describe how to deal with a grievance
- Who Would Benefit
 - Managers, team leaders and supervisors who are new to the role, have received no formal tuition or in need of a refresher on the subject.

18. Coaching Using the GROW Model

- o Aims
 - The delegate will learn about the GROW model and how to apply this formula to ensure a successful coaching process.
- Key Learning Outcomes
 - Describe the four stages of GROW
 - Identify key skills used in coaching
 - Identify the most effective method of questioning
 - Identify one thing NOT to do when coaching
- o Who Would Benefit
 - Anyone who is asked to coach another individual or has an interest in understanding more about how to coach effectively.

19. How to Mentor Effectively

- o Aims
 - The delegate will explore the key elements of excellent mentoring skills.
- Key Learning Outcomes
 - Describe what mentoring is
 - Demonstrate the two main styles used in mentoring
 - Define two skills used in mentoring
 - Name the most important thing to do as a mentor
- Who Would Benefit
 - This module provides a great overview for anyone who is asked to mentor a colleague or may be moving into a role where they could be required to do so.

20. Identifying Learning Styles

- o Aims
 - The delegate will understand more about how learning styles differ from person to person and how to adapt your approach to each individual.
- Key Learning Outcomes
 - Explain the four stages of learning
 - Describe the four learning styles
 - Recall one learning activity for the Reflector style
 - Recall one learning activity for an activist
- Who Would Benefit
 - Whilst this module would have direct relevance to those working in a learning and development role, it would also benefit those in a management or supervisory position and who wants to get the best out of others.



21. Identifying Areas to Coach

- o Aims
 - The delegate will learn how to develop their coaching skills and be able to identify the essential skills of effective coaching.
- Key Learning Outcomes
 - Explain what coaching is
 - Describe when coaching is effective
 - Demonstrate one suitable situation for coaching
 - Name two work-based areas that provide opportunities for coaching
- Who Would Benefit
 - Anyone involved in, or with an interest in, the development of others.

22. Handling Difficult People & Situations

- o Aims
 - The delegate will learn the value of applying different strategies to different situations to bring about a satisfactory resolution.
- Key Learning Outcomes
 - Explain the relevance of Ego States in difficult situations
 - Clearly describe the difference between passive, assertive and aggressive
 - Demonstrate what words, voice tone and body language are appropriate
 - Show how to build rapport with empathy
- Who Would Benefit
 - This module has relevance to anybody wishing to develop strategies for managing challenges from others.

23. Moving from Colleague to Manager

- o Aims
 - The delegate will learn to navigate the challenges of moving from being part of a team to now being that team's manager.
- Key Learning Outcomes
 - Identify 2 aspects of the role of the manager
 - Name 2 mistakes commonly made by people making the transition from colleague to manager
 - Identify the most important thing to do upon becoming the manager
 - Name one action you can take to make the transition smoother
- Who Would Benefit
 - This module is beneficial for those who have been promoted to a role with supervisory responsibilities as well as those currently in this type of role looking to re-evaluate relationships with colleagues.

24. The Recruitment Process

o Aims



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- The delegate will learn a 6-stage process to ensure successful recruitment of the right individual in the right position.
- Key Learning Outcomes
 - Recall the 6 stages of the recruitment process
 - Describe what a job description and person specification should include
 - State what should be considered when designing the selection process
 - List the things to consider when sifting applications
 - Recite the areas to be questioned at interview
- Who Would Benefit
 - All managers, team leaders and supervisors who have not had formal training in the recruitment process.

25. Interviewing Skills

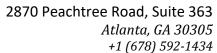
- o Aims
 - The delegate will learn the essential skills of interviewing which are designed to bring about a satisfactory conclusion.
- Key Learning Outcomes
 - Understand the potential strengths and limitations for behavioral and biographical interviews
 - State what WASP stands for
 - Describe what should be done at each stage of ORCE
 - Describe how to deal with typical interview blunders
- Who Would Benefit
 - Anyone who has been given the responsibility to interview others for job roles or those looking to get into a position with this level of responsibility.

26. Driving the Change Process

- o Aims
 - The delegate will learn how to stimulate powerful change and understand the effect it has on those around them.
- Key Learning Outcomes
 - Recognize how global conditions have driven the need for extensive change
 - Understand the difficulties associated with change and the impact on your staff
 - Understand the human factors involved in change
 - Name the principles of how to drive the change process with effective solutions
- Who Would Benefit
 - All managers who want to implement or manage change with successful outcomes.

27. Strategic Analysis SWOT and PESTLE

o Aims





- The delegate will learn how to use the PESTLE & SWOT models effectively in setting a strategic business plan.
- Key Learning Outcomes
 - Explain the history of PESTLE & SWOT and how they are applied
 - Demonstrate how to use the PESTLE tool
 - Demonstrate how to use the SWOT tool
 - Show how to build a PESTLE & SWOT analysis
- Who Would Benefit
 - Those planning or reviewing an activity, performance or change within an organization and wanting to do so in structured manner.

28. Understanding the Nature and Behavior of Costs

- o Aims
 - The delegate will understand more about how decisions are made in a business and why managing cost is essential.
- Key Learning Outcomes
 - Recognize the importance of a business having accurate cost information when making decisions about pricing and capital expenditure
 - Identify and understand the difference between fixed and variable costs
 - Be able to calculate breakeven point using a breakeven chart
 - Be able to calculate breakeven point using the contribution method
- Who Would Benefit
 - This module is aimed at those not in a financial role but with a need to understand the impact of costs to the organization.

29. Preparing to Write Your Budget

- Aims
 - The delegate will explore the process of preparation in putting together a credible budget plan and be able to explain it confidently.
- Key Learning Outcomes
 - Understand why organizations prepare budgets
 - Recognize different types of budget
 - Be able to construct a budget
 - Be able to phase budget income and expenditure
- Who Would Benefit
 - Anyone with responsibility for managing teams or projects where there are needs to ensure that costs are controlled.

30. Accurate Forecasting

- o Aims
 - The delegate will learn to use different forecasting methods to produce an accurate forecast.
- Key Learning Outcomes
 - Describe the difference between a forecast and a plan
 - Explain different forecasting methods



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- Calculate forecast profit, taking into consideration changes in demand, selling price and costs
- Identify external factors which might impact on financial performance
- o Who Would Benefit
 - Those in a role where they are asked to predict future financial performance and have an understanding of how to forecast.

31. Understanding Profit, Cash Flow and the Balance Sheet

- o Aims
 - The delegate will learn about why a business needs a healthy cash flow and how the balance sheet is interpreted
- Key Learning Outcomes
 - By the end of this module the delegate can:
 - To be able to explain the meaning of profit and identify the different types of profit
 - To recognize the importance of businesses managing cash flow effectively
 - To understand the relationship between profit and cash in a business
 - To interpret the figures on a balance sheet
- Who Would Benefit
 - This module will benefit anyone not in a finance role but seeking to understand these key aspects of the finance function.

32. Equality, Diversity and Inclusion

- Aims
 - The delegate will gain an understanding of managing diversity within the workplace and promote inclusion.
- Key Learning Outcomes
 - o Recall what is meant by Diversity, Equality and Inclusion
 - o Recite the 'Platinum Rule' and its significance in managing Diversity
 - State the differences between primary and secondary dimensions
 - Describe how to foster inclusiveness
- Who Would Benefit
 - o Essential content for all managers in a modern business environment.

33. Managing Conflict

- Aims
 - The delegate will learn how to manage, counter and successfully deal with a conflict situation ensuring a satisfactory conclusion.
- Key Learning Outcomes
 - Identify the causes of conflict
 - Explain conflict strategies
 - State how to utilize different approaches
 - Demonstrate confidence in dealing with conflict scenarios
- Who Would Benefit
 - This module is aimed at anyone who has not received any formal tuition in



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how to handle difficult people and scenarios or those in need of a refresher in how to diffuse and manage potential conflict.

34. Effective Time Management

- o Aims
 - The delegate will learn the essentials of how to manage time and tasks through proper planning to ensure a reduction is stress levels and successful completion of those jobs on your list!
- Key Learning Outcomes
 - Explain and understand the effectiveness cycle
 - State how to match workload and energy levels
 - Identify how to map out your perfect day
 - Demonstrate protecting your priorities
- Who Would Benefit
 - This module is invaluable for anyone looking for strategies to manage their time better.

35. Time, Task & Planning Skills

- Aims
 - The delegate will learn the essentials of how to manage time and tasks through proper planning to ensure a reduction in stress levels and successful completion of those jobs on your list!
- Key Learning Outcomes
 - Understand the key principles of time and task management
 - Prioritize more effectively
 - Avoid procrastination and delegate
 - Plan using an appropriate structure
- Who Would Benefit
 - Building on the Effective Time Management module, this module is ideal for anyone wanting to manage themselves better through projects and task completion.

36. Project Management Essentials

- o Aims
 - The delegate will learn the essential tools required to complete projects successfully within time and budget constraints.
- Key Learning Outcomes
 - Define the aims project management and the 4 key stages of managing a project
 - Use techniques to scope and plan a project
 - Implement and evaluate a project avoiding the '7 Deadly Sins'
 - Manage and motivate project teams
- Who Would Benefit

Primarily managers who are not qualified project managers but who are tasked with managing projects of all sizes and complexity.