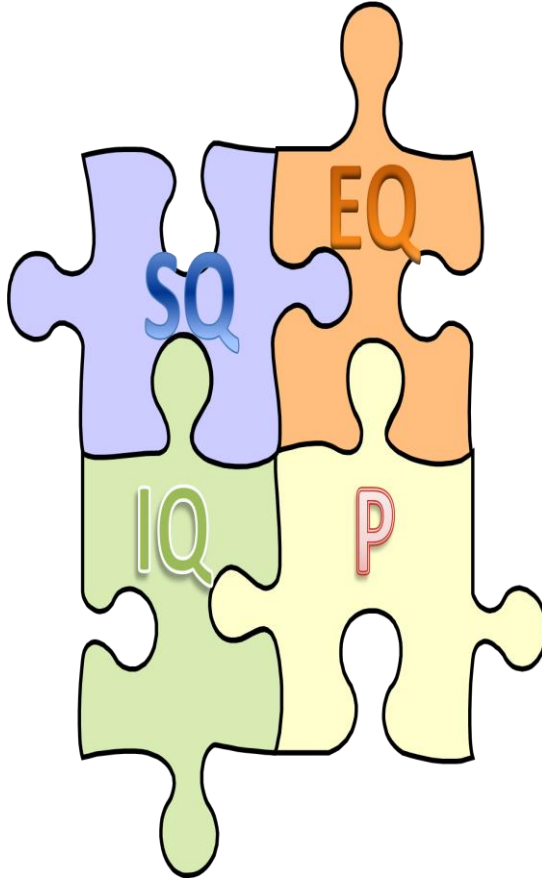
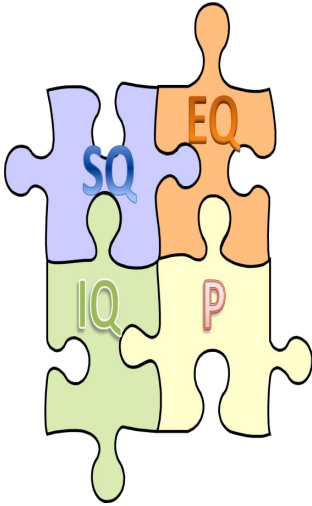


NEW INSIGHTS NEW OUTLOOK



BILL LUKENS



New Insights New Outlook (NINO) is committed to offering men new insights into themselves. My personal experience has shown that these insights change men's outlook on their life, spiritual walk, relationships and career. My experience is that men who pursue truth and apply truth to their daily walk reap a richer walk filled with joy and peace.

We will explore how your Spiritual Intelligence (SQ), Emotional Intelligence (EQ), Personality (P) and Intelligence (IQ) combine to impact your walk through life. These distinct qualities are as unique for each of us as our DNA. Intelligence and Personality have been studied for generations. Emotional Intelligence is a more recent development. Spiritual Intelligence is a newer concept that we believe is as critical as its three counterparts to the development of men.

Our purpose is to introduce you to a number of resources that can provide insights that can spark a new outlook for your life. Our "value add" is to integrate these four spheres of influence on your walk. We have drawn these resources from the academic world, spiritual world and life experiences. Although I have been a follower of Christ for over thirty years my life experience from my "old life" continues to provide great insight. I see them through a new lens that only enriches the value of these lessons. If you are not a follower of Christ do not stop reading! You can still benefit from the wisdom that we have assembled. We share insights- you to draw your own conclusions. We do not tell you how to apply what you discover because we believe that men are free to make their own decisions. They are not slaves to religious beliefs but have been given the freedom to follow their conscious. Christians have the Holy Spirit as our conscious. In my "old life" my conscious still spoke to me. Bottom line - we'll provide insights from many sources and you will decide how these insights impact your outlook and walk.

1-How Do You See Things?

How do you see things? What is your attitude? William James said *“Human beings, by changing the inner attitudes of their minds, can change the outer aspects of their lives.”* Have you explored your inner attitude? What would a change in attitude mean to the outer aspects of your life?

Our minds are the storehouses of our life’s events. These events shape the way we see ourselves, those closest to us and the world around us. It’s time to open up the storehouse and explore what’s there. It’s time to clear out the baggage that no longer defines who you are and what you think. It is time to take responsibility for your attitude and not allow history to hijack it!

These are bold statements that reflect a passion that has been unlocked as I have cleaned house and discarded attitudes that no longer serve me and held me captive to the past. As I have uncovered the truth about whom I am and who created me I have gained a new attitude – I am a Victor! I have been adopted as a son by the Creator of the Universe. If you are not a spiritual person please extend me grace as I share my enthusiasm with you. Also let me encourage you to accept His invitation!

As I have updated my attitude I have noticed a remarkable result – joy and peace abound! I am not saying that my life is without challenges, but I face those challenges with a lot more optimistic attitude than I once did. How I see myself has completely changed how I face challenges such as unemployment, estrangement, death of a loved one, financial hardship and uncertainty. I see the challenges as an opportunity for growth. I am being stretched. I am being taught. I am completely out of my comfort zone. Yet I am comfortable. Amazing!

If you have not had the opportunity to clean house now is the time. If you have not gone through the renewing of your mind do it today! I remember a Public Service Announcement that said a mind is a terrible thing to waste. I didn’t get it then but I do now! Allowing my mind to focus on the hurts, hardships and failures was not helping me to achieve his purpose for my life.

Once I threw away the rearview mirror, the view ahead was spectacular! Join me in trading in the missteps of the past for the hope of the future!

Jeremiah 29:11 says it best – “For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future.” You are no longer that old creature.

Celebrate your new creation in Christ!

Verses:

Proverbs 23:7 “For as a man thinketh in his heart so is he”

2 Corinthians 5:17 “Therefore, if anyone is in Christ, the new creation has come; The old has gone, the new has come.”

Personal Reflection:

What baggage do you need to discard? Why are you hesitating? Who will hold you accountable?

General Discussion:

How can you encourage each other to step up and grow?

What are your struggles?

How can we hold each other accountable?