

Testing Process

Rank promotion occurs every 8 weeks. Two to three weeks before testing parents will be notified that the student is POTENTIALLY ready to test.

The student will need to attend at least 2 extra classes at The Aregis Taekwondo Center at 900 Conference Drive, Goodlettsville, TN 37072.

Aregis Classes available to Community Taekwondo students:

Day	Rank	Start	Finish
Tuesday	White & Yellow Belts	5:50 p.m	6:45 p.m.
Wednesday	White & Yellow Belts	5:35 p.m.	6:30 p.m.
Tuesday	Green & Up	6:35 p.m	7:30 p.m.
Wednesday	Green & Up	6:20 p.m.	7:30 p.m.

Upon Miss Cate's approval the student needs to sign up in the office at the Aregis Taekwondo Center.

White Belts will complete an application and there is a \$50 fee and have their belt size available.

All other ranks thru Blue Belt will need to pay a \$40 fee and have their belt size and CTF number available.