Gear List

- Good Rain gear
- Good hiking boots
- Good rubber boots
- Good hat
- Gloves
- 4 5 Pairs socks (preferably wool)
- 2 sets of long johns
- 2 pairs of outdoor pants
- 2 outdoor shirts (inner layer)
- 2 fleece
- 1 warm lightweight down coat
- Warm sleeping bag (not bulky)
- Good light weight thermarest

Personals

- Good headlamp (rechargeable)
- Battery bank
- Couple books (depending on trip length)
- Pocket knife; Folding knife, Swiss army knife, weatherman etc...
- Personal small towel/facecloth
- Toiletries
- Sunglasses
- Small backpack