

# Gear List

- Typical temperatures can be cold in the mountains so you should be prepared with warm fleece layers, a good base layer and a down coat.the day. In the early morning and evening temperatures can drop to around 0°C, but usually in the summer months it it quite hot
- It can hail, rain and even snow/sleet.
- This advice is based on historical weather data. Please check the forecast at [www.accuweather.com](http://www.accuweather.com) before you go to ensure you pack the right clothes.
- You must wear a hard hat when riding your horse with us.
- There is always a slight risk that your checked luggage may be delayed. We do advise, therefore, that you wear your riding boots and carry essential riding equipment so that in the unlikely event of luggage delays you can continue to ride.
- On the trail, everything is transported by pack horse. Each guest is allowed 12kg, which must include your sleeping bag and mat.
- Your belongings will be packed into a soft, waterproof 120 litre bag (which your guide will provide for you).
- You will leave your travelling luggage and travelling clothes at the Caribou Wild base.
- You should take some good quality dry-bags as a liner for your back pack if you choose to wear one and a few plastic bags for personal rubbish etc.
- Dry-bags of varying size are also useful for keeping items dry in your saddlebags.
- Your guides recommend you pack additional warm clothing, more than you think you will need. They will help you to pack what you need for the trip when you arrive, according to the weather conditions at the time.
- If you intend to bring an inflatable body protector you should check the restricted and prohibited section on the airline's website. Each airline has different rules and some may require prior approval.
- Saddle bags. Saddle bags are provided.
- Seat Savers. If you like to use a seat saver then you should bring your own.
- Laundry. There are no facilities for washing clothes on the trail but at the end of your trip, Base camp can accommodate you.

## CLOTHING

### COTTON KILLS - NO COTTON CLOTHING BECAUSE COTTON STAYS WET.

- Down Coats are necessary when being in the mountains, we suggest 1 light down coat and a heavier down coat for camp.
- Comfortable riding trousers. If you do not ride regularly then it may be advisable to wear tights, cycling shorts or long johns under your riding trousers.
- T-Shirts.
- Riding Helmets - You are welcome to bring your own hard hat however we have certified riding helmets. It is compulsory to wear the riding helmets at all times
- Short multipurpose riding/walking boots and half chaps

- We recommend you bring clothes which can be put on in layers when it is cold and taken off as it warms up.
- Sunglasses - with a neck strap.
- Casual clothes - for when you are not riding.
- Shoes - for when you are not riding (crocs are great).
- Socks and underwear (no cotton)
- Swimwear.
- Wool is the best thing to wear.

## EQUIPMENT

- Head lamp; rechargeable Streamlight Bandit from amazon (recommended)
- Bum bag (waist bag) for keeping small items like lip salve close to hand.
- Supply of candy/sweets to help keep up energy levels.
- Water bottle. Metal water bottles are particularly useful as they can double as hot water bottles at night and they don't break or bring a Nalgene.
- You should bring your own sleeping bag. We recommend a very high quality expedition bag, suitable for sleeping in temperatures -15 degrees or colder, mummy bags are suggested so that they pack tight and not bulky, minimum \$250 sleeping bag is suggested.
- You may want to bring a sleeping bag liner.
- Sleeping mat; Neo Air Thermarest suggested, minimum \$250 sleeping pad suggested.
- Sleeping bag/air mattress rentals are available at Caribou Wild for \$50 a trip.
- Tents are provided for trips.
- You may want to bring an inflatable pillow or bring a down coat that can go in one of our homemade fleecy pillow case.
- Eye mask - to help you sleep through light nights.

## TOILETRIES AND MEDICAL

- You should bring your own toiletries. Please bring biodegradable soap/shampoo, we also provide soap.
- Towel. Lightweight microfibre travel towels are recommended.
- Hand Sanitizer
- Personal medical kit with antiseptic cream, pain relief tablets and sticking plasters. Moisture absorbing baby powder can be useful to prevent chafing.
- Any medication you regularly take. Bring the prescription for any medicines you have with you as customs may ask to see this.
- Sun protection cream.
- Lip balm.
- Hand cream/moisturizer.
- We recommend a head net as well as insect repellent and after bite ointment

## - OTHER ITEMS

- Camera and spare memory card. There is no electricity for recharging cameras and phones. You should bring your own power bank.
- Passport. We recommend you make two copies, take one with you and leave the other with a friend or upload to a secure site.

- Credit card.
- Travel insurance documents – including the emergency number of your insurance company.
- Compact binoculars.
- A good book for rainy weather.