



SoberPals - Your Recovery Plan Is Ready

Build Healthy Habits • Stay Connected • Track Progress

Sober Home New Resident Plan

Program Code: SH-NEW

Provided by ABC Sober Living



Get started

1. Scan the QR code, or go to www.SoberPals.ai
2. Enter Program Code: **SH-NEW**
3. Review your recommended tools
4. Start your recovery support plan

What You Get

Your SoberPals Recovery Support Plan includes several helpful tools:

Meeting Tracker

Find meetings, attend with friends, check in, and track your attendance.

Daily Curfew

Simple nightly check-in to support consistency and accountability.

House Meetings & Daily Recovery Check-In

Stay connected with your recovery community and daily goals.

Drug Testing & Alcohol Testing

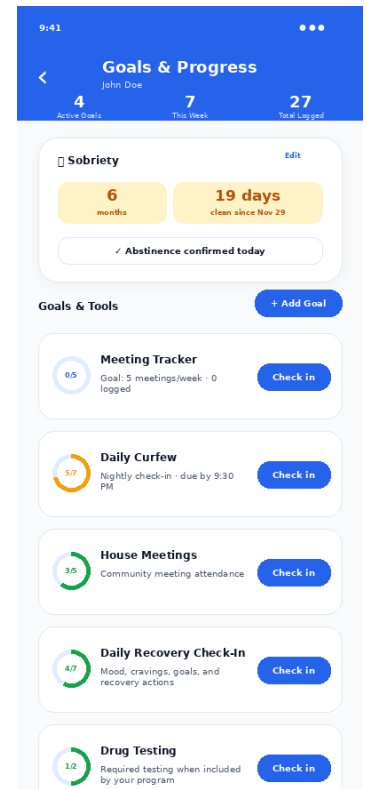
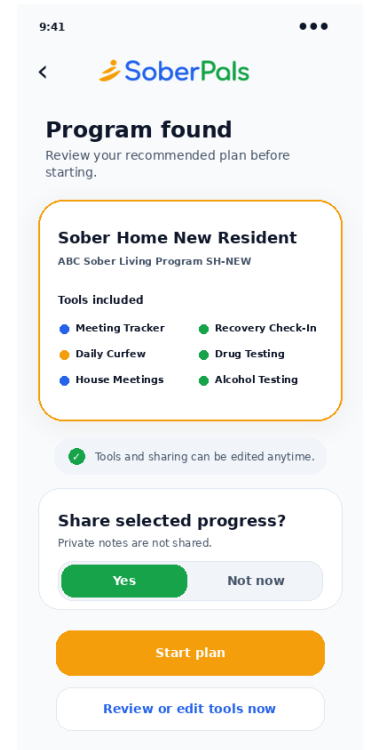
Track required testing when included by your program.

Daily Chore Tracker

Build healthy routines and independent living skills.

Expand Your Plan

Add mood tracking, medication reminders, sleep tracking, goals, and other helpful tools at any time.



For Leaders & Organizations

One Program Code. Instant Setup.

SoberPals Program Codes help sober living homes, IOPs, court programs, treatment providers, peer support teams, and behavioral health organizations give members a ready-to-use recovery support plan without requiring them to search through an app marketplace.

Organizations create a recommended plan, share it by QR code, link, or program code, and help members start using consistent recovery tools right away.

Example Program

ABC Sober Living | Sober Home New Resident Plan | Program Code: SH-NEW

Included Tools: Meeting Tracker, Daily Curfew, House Meeting Attendance, Daily Recovery Check-In, Drug Testing, Alcohol Testing, Daily Chore Tracker

Optional Add-Ons: Mood Tracking, Medication Reminders, Sleep Tracking, Goals & Habits, Reset Tools, Support Contacts

How It Works

1. Create a recommended program plan.
2. Share it by QR code, link, or program code.
3. Member reviews tools and sharing preferences.
4. Member starts tracking progress.

Member Sharing

Members control what they share. Depending on program settings, they may choose to share meeting attendance, curfew confirmations, recovery check-ins, testing completion, mood tracking, medication adherence, chores, or other selected progress.

Members may share some, all, or none of their available information. **Private notes are not shared by default.**

Benefits

Leaders: faster onboarding, consistent support plans, better follow-up conversations, less paper chasing, clearer progress discussions.

Organizations: standardized program delivery, easier member onboarding, improved adherence tracking, scalable implementation, future reporting capabilities.