

Tae Kwon Do Physical Education Program & Fees

Step Up Education Marketplace Service Provider — Program & Fee Overview

Program Description

The Tae Kwon Do Martial Arts Program is a structured physical education program designed to develop strength, coordination, flexibility, endurance, and discipline through traditional martial arts training. Delivered in-person in the state of Florida, the program promotes teamwork, respect, confidence, and healthy lifestyle habits while supporting overall physical fitness and well-being.

Program Components

- Martial arts technique and form training
- Strength, agility, and conditioning exercises
- Discipline, focus, and confidence development
- Teamwork and structured group instruction

Schedule

- Frequency: Weekly sessions
- Delivery: In-person instruction
- Format: Group-based training

PE Standards Alignment

- Strength, agility, flexibility, and stamina
- Coordination and motor skill development
- Teamwork and social interaction
- Healthy lifestyle development and personal responsibility

Program Outcomes — Students Will:

- Improve overall physical fitness and conditioning
- Develop discipline, focus, and confidence
- Strengthen coordination and motor skills
- Build habits that support lifelong health and wellness

Fee Schedule

Fee	Description
Program Fee: \$150 per week	Covers weekly in-person Tae Kwon Do physical education instruction, including technique training, conditioning, and structured group instruction. Incorporates many facets of martial arts in the instruction. Training occurs a daily schedule throughout specified hours.
Focused Program Fee: \$85 per week	Covers weekly in-person focused Tae Kwon Do physical education instruction, including technique training, conditioning, and structured training based on physical fitness and martial arts curriculum goals. Training is focused and scheduled in increments.
PM Drop-Off (Optional): \$10 per week	Optional extended afternoon supervision for families needing later pick-up.
Sports Participation Fee / Team Fee: \$100 per quarterly session	Charged once per quarter; each quarterly session culminates in a skills testing and assessment. Covers training equipment, protective/sparring equipment, testing and assessment administration, and participation in program-affiliated martial arts events.
Outside Activity Fee: \$50 per occurrence	Fees for educational outings, field trips, and seminars.

Questions about the program or fees? Contact Martial Arts Plus / Afterschool Innovations Inc. for enrollment and billing details.