

Diocese of
Eagle River
and the
Pacific
Northwest

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PROPHET ELIJAH

Antiochian Orthodox Mission



Apolytikion / Troparion (Tone 4)

*The incarnate Angel, and
the Prophet's summit and boast,
the second forerunner of the
coming of Christ our God,
Elijah, the glorious, from above
sent down his grace upon Elisha;
he doth cast out sickness
and also cleanse lepers,
and unto all that honor him,
he poureth forth streams of cures.*

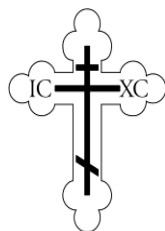
Our Mission is dedicated to the Prophet Elijah,
Patron and protector of our community.

Sunday November 29th, 2020
Twenty-Fifth Sunday after Pentecost & Thirteenth Sunday of
Luke

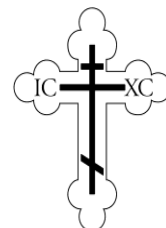
Tone 8 / Eothinon 3
Epistle: Ephesians 4:1-7
Gospel: St Luke 18:18-27
Homilist: Fr. Paul Moses Jaroslaw

OUR PASTOR:

V. Rev. Paul Moses Jaroslaw
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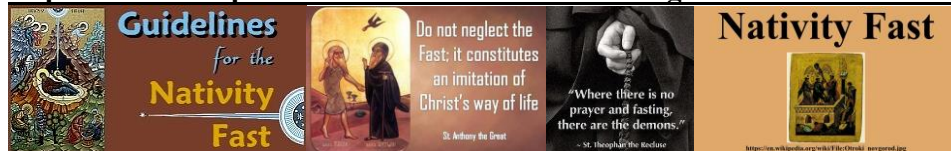
OUR BISHOP:
His Eminence, Metropolitan JOSEPH
Diocese of Los Angeles and the West
& The Pacific Northwest
www.antiochianladiocese.org



Announcements for the Week

1. **Nativity Fast continues!**

<https://antiochianprodsa.blob.core.windows.net/liturgicalinstructions/2020%20Fasting%20Calendar.pdf>

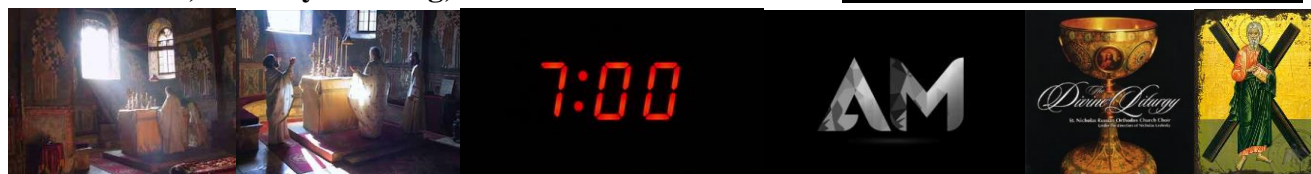


2. **Coffee Hour after Liturgy is Outside!**

(Please come prepared!)



3. Tomorrow, Monday morning, November 30th @ 7:00 AM: **Divine Liturgy!** **Apostle Andrew!**



4. This Thursday, December 3rd @ 6:00 AM: **Divine Liturgy!**



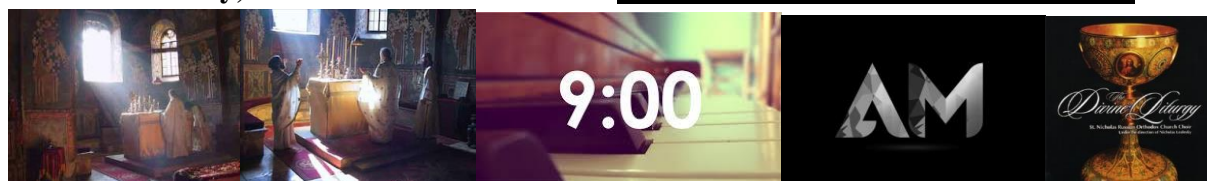
5. This Thursday @ 7:00 PM: **Teaching Time Together!** ('Zoom' & Church office!)



6. This Friday, December 4th @ 7:00 PM: **Fellowship of the Cross!.... (via Zoom)**



7. This Saturday, December 5th @ 9:00 AM: **Divine Liturgy!** (Orthros @ 8:00 AM)



Looking Ahead

1. **FISH Food Bank:** Now that cold weather is here, please remember to bring your donations for the FISH Food Bank. The collection tub is under the large table in the trapeza. Canned soups, tuna, PB, etc. are helpful. Cans that have a pop-top option for opening are good choices. Thanks!



New 2021 Church Calendar available @ the Bookstore, either free, or for a \$5.00 donation!



A few **Upcoming Events:**

ALMSGIVING for the Nativity Fast -

We traditionally collect donations during the Nativity Fast on the Sundays of St. Nicholas and St. Lucia Festivities. If you are aware of any special needs at this time, please let Fr. Paul know ASAP so we can pass on the needs and provide donations. Thank you.

St. Nicholas Festivities - Sunday, December 6th

We are planning an adaptation of our normal festivities this year. At the end of the liturgy we will hear the story of St. Nicholas and Fr. Paul will pass out the stockings to the youth. To make things easier the church will purchase the stockings, so no need to bring your own! It will make it easier to stuff the stockings ahead of time. If you would like to donate something to go in the stockings please leave it at the church by Sunday, November 29th or drop it off at the Smith's home. Vegan hot chocolate would be nice to serve that day, if anyone would like to prepare some.

St. Lucia Festivities - Sunday, December 13th

At the end of the liturgy we will hear the story of St. Lucia and pass out traditional St. Lucia Buns. If you would like to help bake the buns, please let Maria Smith know soon. If anyone would like to set up some special holiday teas to keep us warm, please make an offer.

2. Sunday, December 20th, 2020 after Coffee Hour **Simple Decoration of the Church**

.....(Please donate a **poinsettia** if you are able.)

3. **Thursday, December 24th/ Christmas Eve (The Paramon)** @ 7:00-8:30 AM *Strict Fast Day*
The Royal Hours w/ Typika followed by:

Vespertal Divine Liturgy of St. Basil the Great @ 10:00 AM

@ 10:30 PM: Festal Orthros for the Great Feast of Christmas

4. **Friday, December 25th: The Great Feast of the Nativity of Christ**

Festal Divine Liturgy of St. John Chrysostom @ Midnight!!

(No Common Meal together this year, to break the Fast...unfortunately!)

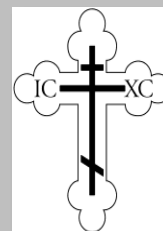
Great Vespers for the Synaxis of the Most Holy Theotokos @ 6:00 PM Friday

NORMAL SCHEDULE FOR DAILY SERVICES

SUNDAY

8:45am – Orthros

10:00am – Divine Liturgy



Mon	Tue	Wed	Thu	Fri	Sat
7:00am Divine Liturgy	7:00am Orthros	7:00am Orthros	6:00am Divine Liturgy	7:00am Orthros	9:00am Divine Liturgy
	6:00pm Vespers	6:00pm Vespers	6:00pm Vespers	6:00pm Paraklysis	6:00pm Great Vespers

(Fr. Paul hears confessions on Saturday after Vespers, & by appointment!)

On Sunday, "We should encourage the people to come to Orthros from the very beginning. In the Six Psalms of Orthros, we find all the Christian advice, wisdom, and morality. We cannot come to the Divine Liturgy and receive the Holy Communion without preparation. Orthros is about how to prepare for Divine Liturgy."

Metropolitan JOSEPH

NAME DAYS

<i>Member</i>	<i>Name Day</i>	<i>Patron Saint</i>
Andrew "Rocky" Bronkhorst	November 30th	St. Andrew the First-Called
Nilus Pruitt	December 5th	St. Nilus Of Stolb Island

BIRTHDAYS AND ANNIVERSARIES

<i>Member</i>	<i>Day</i>	<i>Celebration</i>
Juliana Smith	December 4th	Birthday
Pearl Tomulty	December 4th	14th Birthday

Spiritual Morsels

I have seen pride lead to humility. And I remembered him who said: Who hath known the mind of the Lord? The pit and offspring of conceit is a fall; but a fall is often an occasion of humility for those who are willing to use it to their advantage. -- **St. John Climacus**

"Time simply does not exist for God. The word, "time," expresses an idea created in reasoning creatures, from the impression of changes of phenomena in nature ... It is obvious that external stimuli can have no effect on God; otherwise, He would not be perfect and would be subject to addition and subtraction — which is not inherent to the Limitless. There is no time for God. There is no future tense for Him. That which will happen has already occurred before the face of God; and the eternal fate of every person, which naturally must flow from His willed activity on earth, is already known to God (and therefore already determined by God). *"Thine eyes did see my unformed being," O all-perfect God!* [Psalm 138:16]. The inspired prophet [King David] confessed this. And every person, by logical necessity, must confess the same thing."

St. Ignatii Brianchaninov

You look into a mirror so that you may know what is in your face, whether there are any blemishes in it, and having seen blemishes, you cleanse them. Let the immaculate life of Christ be a mirror to your soul. Does it desire the same things that Christ desires? And does it do what Christ did when He lived on earth? And in it you will see what is contrary to the life of Christ, and you will cleanse it all like blemishes with repentance and contrition of heart.

-- **St. Tikhon of Zadonsk**

The time of separation does not grieve him who frees himself from everything earthly...The righteous, the holy, and the ascetics rejoice at the hour of death and separation, having the great labors of their asceticism, vigils and prayers, fasts and tears, sackcloth and the subjection of their bodies to hardship before their eyes. Their souls leap up, for they are prepared to go out of their bodies for their rest. -- **St. Ephraim the Syrian**

In order to acquire humility, be silent when you are mocked and when they are angry with you, and pray within yourself the prayer "O Theotokos and Virgin." **Archbishop Seraphim (Sobolev) of Bogucharsk**

If you become rich, consider whether or not you could worthily bear poverty. If you are happy, imagine how you could worthily meet unhappiness. When people praise you, think how you might worthily bear insult. And, all your life, think how you might worthily meet death. **St. Nicholas of Serbia**

"Parents who love their children, being incited by love, threaten the children that allow themselves to act unwisely – with the intention of helping them lead a good life. In the same manner, God allows temptations like a rod that turns the worthy away from the devil's evil council. *'He who spares the rod hates his son, but he who loves him instructs [disciplines] him with care'* [Proverbs 13:26 LXX version]." **St. Peter the Damascene**

Death, which is awesome and dreadful for most people, is a repose for me, something sweet that will relieve me from the afflictions of this world as soon as it comes. And I await it any time now. It is truly awesome; but then again, it is also a great struggle for one to bear all the burdens of the world today, when everyone demands that his neighbor fulfills all the commandments, while ignoring them himself. This is how our times are. For this reason, patience is required until we breathe our last standing upright. Therefore be brave, and may your soul be strengthened for whatever is to come. **St. Joseph the Hesychast**

Photos of our Mission

STACKING FIREWOOD FOR THE WINTER!

(@ *THE HOLY CROSS HOUSE*)



