

Diocese of  
Eagle River  
and the  
Pacific  
Northwest

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# PROPHET ELIJAH

*Antiochian Orthodox Mission*



**Apolytikion / Troparion**  
(Tone 4)

*The incarnate Angel, and  
the Prophet's summit and boast,  
the second forerunner of the  
coming of Christ our God,  
Elijah, the glorious, from above  
sent down his grace upon Elisha;  
he doth cast out sickness  
and also cleanse lepers,  
and unto all that honor him,  
he poureth forth streams of cures.*

Our Mission is dedicated to the Prophet Elijah,  
Patron and protector of our community.

**Sunday July 18<sup>th</sup>, 2021**  
**Sunday of the Holy Fathers of the Fourth Ecumenical Council**

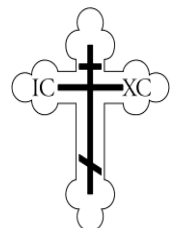
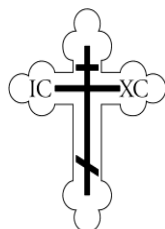
**Tone 3 / Eothinon 4**  
**Epistle: St. Titus 3:8-15**  
**Gospel: Matthew 5:14-19**  
**Homilist: Fr. Paul Moses Jaroslaw**

**OUR PASTOR:**

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**OUR BISHOP:**

His Eminence, Metropolitan JOSEPH  
Diocese of Los Angeles and the West  
& The Pacific Northwest  
[www.antiochianladiocese.org](http://www.antiochianladiocese.org)



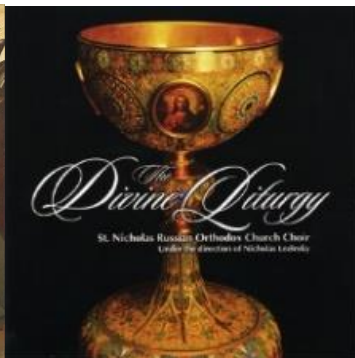
# Announcements for the Week

1. **NO Moses Lake Fellowship on Sunday evenings, until Sunday, August 1<sup>st</sup>** **Dn. Basil & Dna. Euphemia will be on vacation for 2 weeks!**



pixtastock.com - 40622808

2. **THIS Tuesday, July 20<sup>th</sup> @ 9:00 AM: Paternal Feast Divine Liturgy for Prophet Elijah!**  
.....**(Vigil for the Feast, tomorrow, Monday evening from 6:00-8:30 PM)**



## **Paternal Feast Day Brunch - Tuesday, July 20<sup>th</sup> @ the ARK** .....**(aka: the Smith home / 400 Wildwind Lane)**

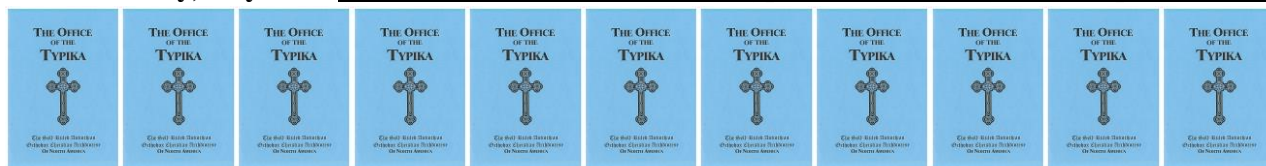
Please plan to bring a platter of ready-to-serve finger foods for our brunch after the Liturgy on Tuesday morning. Muffins/cinnamon rolls, meat, sausage/cheese & cracker trays, fruit platter (no melons please!) deviled eggs/hard boiled eggs, bagels and cream cheese, veggies platters and dip are all welcome. Please also bring drinks to share especially juice, sparkling cider, sparkling water, etc.

If you would like to help set out the food, set a clergy table, or clean up, please let Maria Smith know soon.

3. **This Wednesday, July 21<sup>st</sup> - Saturday, July 31<sup>st</sup> : Fr. Paul & Kh. Thekla gone to Alaska ... God-willing!**

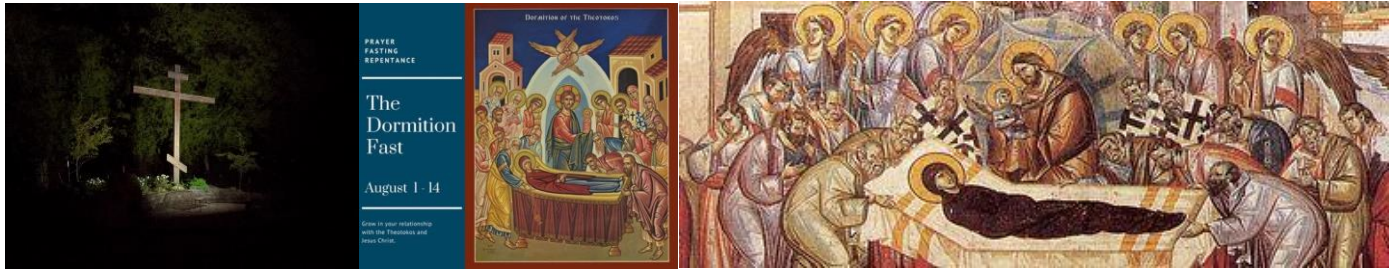


4. **This Sunday, July 25<sup>th</sup>: Readers Orthros @ 9:00 AM / Typika Service led by Dn. Joseph @ 10:00 AM**



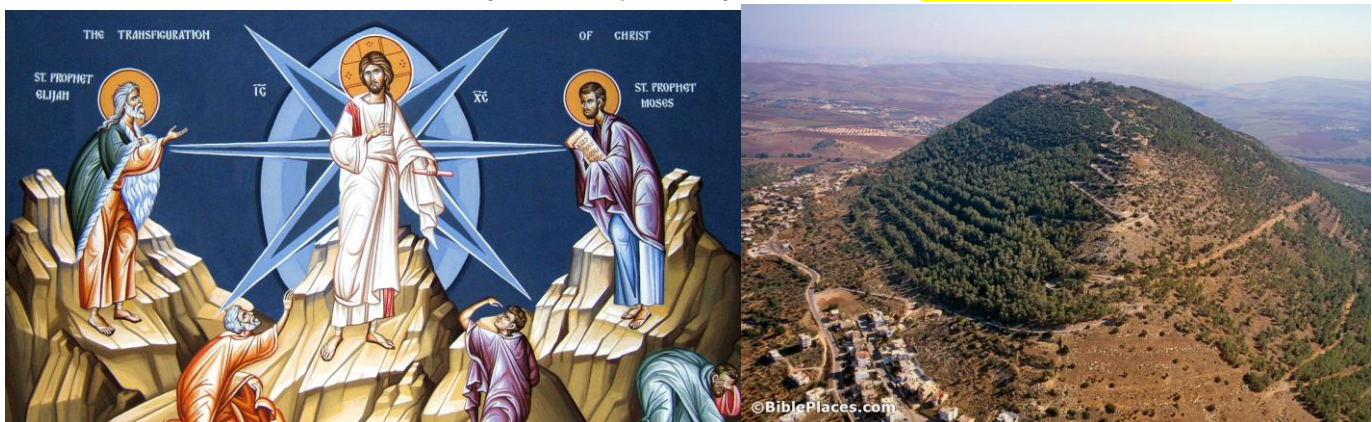
# Looking Ahead

1. Sunday, August 1<sup>st</sup>: **Procession of the Cross** & **the beginning of "The Dormition Fast"**



2. Friday, August 6<sup>th</sup>: **The Great Feast of the Transfiguration of Christ** / **Divine Liturgy @ 6:00 AM**

.....(Vigil Thursday evening 6-8:30 PM) (*Mt. Tabor in photo below*)



3. Wednesday, August 11<sup>th</sup>- Tuesday August 17<sup>th</sup>: **Fr. Paul gone to Riverside, CA.**

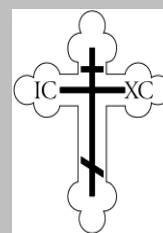


## **NORMAL SCHEDULE FOR DAILY SERVICES**

### **SUNDAY**

8:45am – Orthros

**10:00am – Divine Liturgy**



Mon	Tue	Wed	Thu	Fri	Sat
<b>6:00am</b> <b>Divine Liturgy</b>	<b>7:00am</b> Orthros	<b>7:00am</b> Orthros	<b>6:00am</b> <b>Divine Liturgy</b>	<b>7:00am</b> Orthros	<b>9:00am</b> <b>Divine Liturgy</b>
	<b>6:00pm</b> Vespers	<b>6:00pm</b> Vespers	<b>6:00pm</b> Vespers	<b>6:00pm</b> Paraklysis	<b>6:00pm</b> Great Vespers

*(Fr. Paul hears confessions on Saturday after Vespers, & by appointment!)*

*On Sunday, "We should encourage the people to come to Orthros from the very beginning. In the Six Psalms of Orthros, we find all the Christian advice, wisdom, and morality. We cannot come to the Divine Liturgy and receive the Holy Communion without preparation. Orthros is about how to prepare for Divine Liturgy."*

**Metropolitan JOSEPH**

### **NAME DAYS**

<u>Member</u>	<u>Name Day</u>	<u>Patron Saint</u>
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### **BIRTHDAYS AND ANNIVERSARIES**

<u>Member</u>	<u>Day</u>	<u>Celebration</u>
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# *Spiritual Morsels*

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My brotherly advice: however desperate the situation, do not despair.. You cannot stop the pain of your soul, but it is out of this pain that the power of prayer emerges. Sighs from the depth of your soul will reach the height of eternity. **Archimandrite Sophrony**

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Humility is a Divine property and the perfection of the Christian life. It is attained through obedience. He who is not obedient cannot gain humility. There are very few in the world today who have obedience. Our humility is in proportion to our obedience. **Elder Thaddeus of Vitovnica**

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*“St. Chrysostom observes that ... an instructor, who trains young people for athletic competition, does not allow them to sit inactive, but constantly trains them, beginning with the easiest exercises and progressing to the more difficult; so that, when they are in actual contests, they will not be timid, but will courageously face their opponents. In like manner, the Lord, Who was eager to prove His disciples to be brave athletes, intimidated by nothing, led them to the first test.”*

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*“The disciples’ first test, their first exam, was the sea storm... Let’s see what was happening when the storm occurred. [He had been] teaching, healing and expelling demons all day... Exhausted, the Lord wanted to withdraw somewhere with His disciples. Therefore, finding a fishing boat, He said to them, ‘Let us go over to the other side.’ ... Jesus, tired from His unceasing spiritual activity, wanted to sleep. And simply, as was His entire life, He stretched out as a common sailer on the mattress, at the stern of the boat. Jesus slept. The sleep of Jesus! It is the sleep of a righteous man who had worked all day, carrying out His duty...” **Metropolitan Augustinos***

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My goal is God Himself, not joy nor peace, nor even blessing, but Himself, my God. **Oswald Chambers**

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If those who are poor, in need and are starving do not grumble or murmur, they will receive the same reward as hermits who struggle in asceticism on the slopes of Mt. Athos. Monks abstain from food voluntarily, which greatly eases their ascetic labors. If I do something, for example, then I do it of my own free will, and as a result I barely feel the burden of asceticism. But these poor people hunger involuntarily and thus suffer much, much more. God can reward these people with even greater rewards than the ascetics living in solitude. **St. Paisios of Mt. Athos**

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If a man does not tell everything to his spiritual father, then his path is crooked and does not lead to the Kingdom of Heaven. But the path of one who tells everything leads directly to the Kingdom of Heaven. **St. Silouan the Athonite**

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**Theoden: "I will not risk open war." Aragorn: "Open war is upon you, whether you would risk it or not."** - *The Lord of the Rings: The Two Towers*

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# *Photos of our Mission*



