

Diocese of  
Eagle River  
and the  
Pacific  
Northwest

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# PROPHET ELIJAH

*Antiochian Orthodox Mission*



## **Apolytikion / Troparion** (Tone 4)

*The incarnate Angel, and  
the Prophet's summit and boast,  
the second forerunner of the  
coming of Christ our God,  
Elijah, the glorious, from above  
sent down his grace upon Elisha;  
he doth cast out sickness  
and also cleanse lepers,  
and unto all that honor him,  
he poureth forth streams of cures.*

Our Mission is dedicated to the Prophet Elijah,  
Patron and protector of our community.

**Sunday October 17<sup>th</sup>, 2021**  
**Sunday of the Holy Fathers of Seventh Ecumenical Council &**  
**Fourth Sunday of Luke**

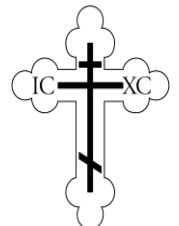
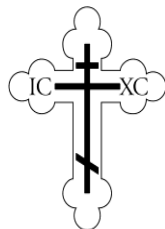
**Tone 8 / Eothinon 6**  
**Epistle: St. Titus 3:8-15**  
**Gospel: St. Luke 8:5-15**  
**Homilist: Fr. Paul Moses Jaroslaw**

### OUR PASTOR:

V. Rev. Paul Moses Jaroslaw  
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Ellensburg, Washington 98926  
Church: (509) 933-2720. / Pastor: (907) 299-1087  
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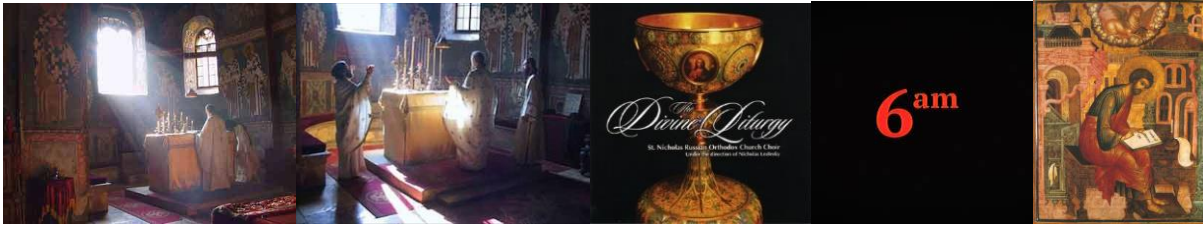
### OUR BISHOP:

His Eminence, Metropolitan JOSEPH  
Diocese of Los Angeles and the West  
& The Pacific Northwest  
www.antiochianladiocese.org

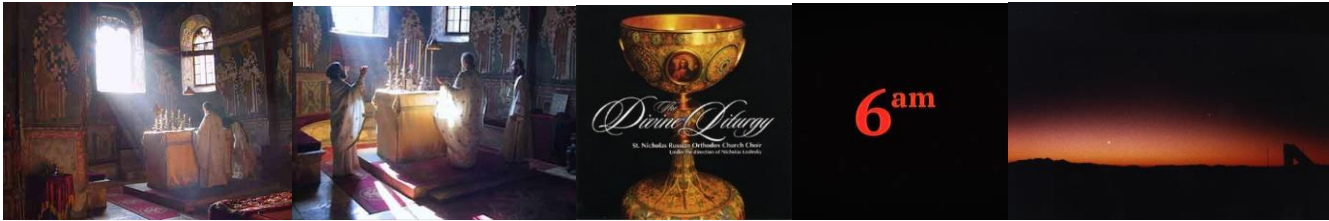


# Announcements for the Week

1. Tomorrow morning, Monday, October 18<sup>h</sup> @ **6:00 AM:** **Early morning Divine Liturgy:** **St. Luke!**



2. This Thursday morning, October 21<sup>st</sup> @ 6:00 AM: **Early morning Divine Liturgy**



3. This Thursday evening @ **7:00 PM:** **Teaching Time Together!** (Church office & Zoom)



4. This Friday, October 22<sup>nd</sup> @ 7:00 PM: **The Fellowship of the Cross** (Church office & Zoom)  
(Reading: **The Struggle for Virtue**)



5. This Saturday, October 23<sup>rd</sup> @ 9:00 AM: **Divine Liturgy!** (Orthros @ 8:00 AM)



# Looking Ahead

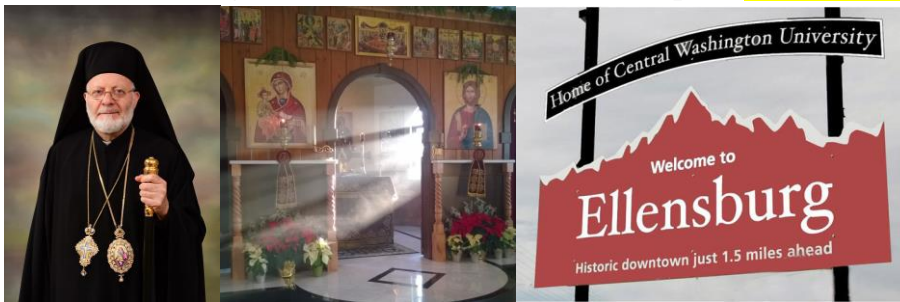
1. NEXT Sunday, October 24<sup>th</sup>: **All Church Annual Meeting** ....(after the The Divine Liturgy & Coffee Hour)



2. Tuesday, October 26<sup>th</sup> @ **6:00 PM**: **Baptism of Henry “Demetrios” DeVries on Feast of St. Demetrios!**



3. Tuesday evening, November 9<sup>th</sup> @ 6:00 PM for Vespers: **Pastoral visit of Sayidna JOSEPH to Ellensburg!!!**



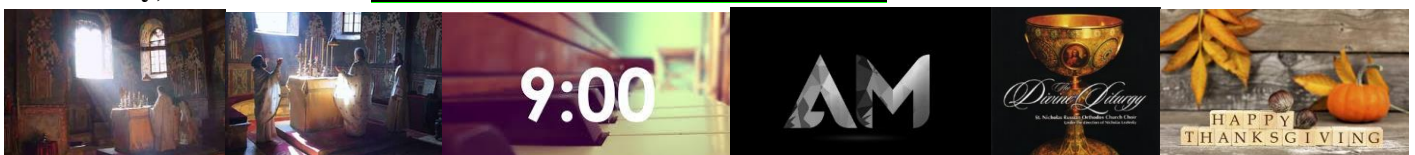
4. Sunday, November 14<sup>th</sup>: **The Feast before the Fast!**



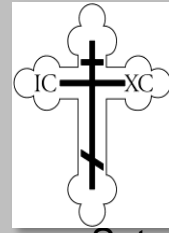
5. Sunday, November 21<sup>st</sup>: **Great Feast of the Entrance of the Theotokos into the Temple**



6. Thursday, November 25<sup>th</sup>: **Thanksgiving Divine Liturgy @ 9:00 AM**



**NORMAL SCHEDULE FOR DAILY SERVICES**



**SUNDAY**

8:45am – Orthros

**10:00am – Divine Liturgy**

Mon	Tue	Wed	Thu	Fri	Sat
<b>6:00am</b> Divine Liturgy	<b>7:00am</b> Orthros	<b>7:00am</b> Orthros	<b>6:00am</b> Divine Liturgy	<b>7:00am</b> Orthros	<b>9:00am</b> Divine Liturgy
	<b>6:00pm</b> Vespers	<b>6:00pm</b> Vespers	<b>6:00pm</b> Vespers	<b>6:00pm</b> Paraklysis	<b>6:00pm</b> Great Vespers

***(Fr. Paul hears confessions on Saturday after Vespers, & by appointment!)***

*On Sunday, “We should encourage the people to come to Orthros from the very beginning. In the Six Psalms of Orthros, we find all the Christian advice, wisdom, and morality. We cannot come to the Divine Liturgy and receive the Holy Communion without preparation. Orthros is about how to prepare for Divine Liturgy.”*

**Metropolitan JOSEPH**

**NAME DAYS**

<i>Member</i>	<i>Name Day</i>	<i>Patron Saint</i>
<b>Loukia Ullman</b>	<b>October 18<sup>th</sup></b>	<b>St. Luke the Evangelist</b>
<b>Cleopatra Vlassopoulos</b>	<b>October 19<sup>th</sup></b>	<b>St. Cleopatra</b>

**BIRTHDAYS AND ANNIVERSARIES**

<i>Member</i>	<i>Day</i>	<i>Celebration</i>
<b>Jennifer Featherstone</b>	<b>October 18<sup>th</sup></b>	<b>Birthday</b>

# *Spiritual Morsels*

*("If the world is against truth, then I am against the world!" St Athanasius the Great)*

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You ask, will the heterodox be saved... Why do you worry about them? They have a Saviour Who desires the salvation of every human being. He will take care of them. You and I should not be burdened with such a concern. Study yourself and your own sins... **St. Theophan the Recluse**

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Do not think about or do anything without a spiritual purpose, whereby it is done for God. For If you travel without purpose, you shall labor in vain. **St. Mark the Ascetic**

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When God wants to have mercy on someone, He inspires someone else to pray for him, and He helps in this prayer. **St. Silouan the Athonite**

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The Holy Apostle John the Theologian says that the commandments of God are not difficult, but easy (I John, 5:3). But they are only easy because of love, while they are all difficult if there is no love.  
**St. Silouan the Athonite**

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The devil does this – he gives you blasphemous thoughts in order to bring you to despair, and then reminds you that blasphemy against the Holy Spirit is never forgiven. No, my dear, it's his blasphemy. And you, come to confession and tell what came into your mind: "Father, I have blasphemous thoughts, I have profane thoughts about the Mother of God, about icons, about monks, about priests..." Thoughts must be revealed in a timely manner. What is this despair? Come, reveal it and raise yourself again... Don't let yourself stay in despair.  
**Elder Paisius of Sihastria**

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Everyone who asks something of God and does not receive it doubtless does not receive it for one of these reasons: either because they ask before the time, or they ask unworthily, or out of vainglory, or because if they received what they asked they would become proud or fall into negligence. **St. John of the Ladder**

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If you begin to guard wealth it will not be yours. But if you begin to distribute it, you will not lose it.  
**St. Basil the Great**

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God requires not the doing of the commandments for their own sake, but the correction of the soul, for whose sake He established the commandments. **St. Isaac the Syrian**

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If someone has repented once of a sin, and again does the same sin, this is a sign that he has not been cleansed of the causes of the sin, wherefrom, as from a root, the shoots spring forth again. **St. Basil the Great**

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Concerning prayer in the church, the Saint would advise: In church while praying it is useful to stand with eyes closed with inward attention, and to open the eyes only when you grow languid or when sleep oppresses you and makes you drowsy. Then the eyes should be turned to an image and the light burning before it.  
**Saint Seraphim**

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Consistently pray in all things, so that you might not do anything without the help of God ... Whoever does or busies himself with anything without prayer does not succeed in the end. Concerning this, the Lord said: "Without Me you can't do anything". (John 15:5) **St. Mark the Ascetic**

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In all of our deeds God looks at the intention, whether we do it for His sake, or for the sake of some other intention. **St. Maximus the Confessor**

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# *Photos of our Mission*

From Central Washington University, where she taught music for 20 years:

