

Diocese of  
Eagle River  
and the  
Pacific  
Northwest

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# PROPHET ELIJAH

*Antiochian Orthodox Mission*



## **Apolytikion / Troparion** (Tone 4)

*The incarnate Angel, and  
the Prophet's summit and boast,  
the second forerunner of the  
coming of Christ our God,  
Elijah, the glorious, from above  
sent down his grace upon Elisha;  
he doth cast out sickness  
and also cleanse lepers,  
and unto all that honor him,  
he poureth forth streams of cures.*

Our Mission is dedicated to the Prophet Elijah,  
Patron and protector of our community.

**Sunday, November 13<sup>th</sup>, 2022**  
**St. John Chrysostom, Archbishop of Constantinople**  
**& Eighth Sunday of Luke**

**Tone 5 + Eothinon 11**  
**Epistle: Hebrews 7:26-8:2**  
**Gospel: St. Luke 10:25-37**  
**Homilist: None, because of long Baptism**

### OUR PASTOR:

V. Rev. Paul Moses Jaroslaw  
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Ellensburg, Washington 98926  
Church: (509) 933-2720. / Pastor: (907) 299-1087  
prophetelijahellensburg@gmail.com / www.prophetelijah.net

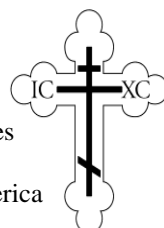
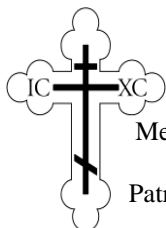
OUR DEACONS: Rev. Dn. Basil Hinkle & Rev. Dn. Joseph Frangipani

### OUR LOCUM TENENS BISHOP:

+Metropolitan ANTONIOS

Metropolitan of Zahle and Baalbek and Dependencies

Patriarchal Vicar of New York and of All North America



# Announcements for the Week

1. Today, Sunday, November 13<sup>th</sup>: **Baptism of Cole Meyer & Jordan Mayberry & Feast before the Fast!**  
.....Orthros @ 8 AM / **BAPTISM @ 9 AM** / **Divine Liturgy @ approx. 10:30 AM**... no homily...



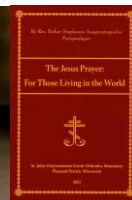
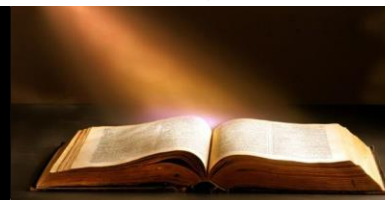
2. This Monday morning, November 14<sup>th</sup> @ **6:00 AM**: **Early morning Divine Liturgy**



3. This Tuesday, November 15<sup>th</sup>: **Nativity Fast begins!** (See attached PDF for explanation of this fast)



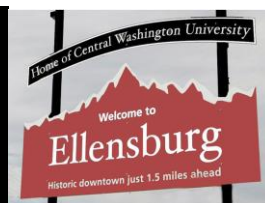
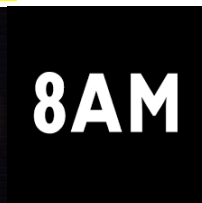
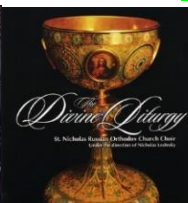
4. This Thursday, November 17<sup>th</sup> @ 7:00 PM: **Teaching Time Together!** / **Zoom & Church office**  
.....(Reading together: **"The Jesus Prayer: For Those Living in the World"**)



5. This Friday, November 18<sup>th</sup> @ **7:00 PM**: **The Fellowship of the Cross** / **Church Office & Zoom**



6. This Saturday, November 19<sup>th</sup> @ **8:00 AM**: **Divine Liturgy** in Ellensburg





# Looking Ahead

**1. Next Sunday, November 20<sup>th</sup>:** We will continue our simple tradition for the girls and young women for the Feast of the Presentation of the Theotokos on November 21st. The Vigil for the Feast is Sunday evening, November 20th. On Sunday, at the end of the service, Fr. Paul will say a special blessing prayer and we will serve flowers and a special dessert to our girls and young women.

**Please bring a favorite dessert, cookies, or chocolates that Sunday for our festivities.**

**NEXT Monday, November 21<sup>st</sup>:** **Great Feast of the Entrance of the Theotokos into the Temple**



**Sunday evening... November 20<sup>th</sup> @ 5:00 -7:30 PM:** **Vigil for the Feast** (Great Vespers, Litia & Artoklasia, Festal Orthros)

**Monday morning, November 21<sup>st</sup> @ 6 AM:** **Divine Liturgy for the Feast!**

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**2. NEXT Thursday, November 24<sup>th</sup> @ 9:00 AM:** **Thanksgiving Day Divine Liturgy...**



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**3. Sunday, December 4<sup>th</sup>:** **Annual Church Meeting...God-willing!**

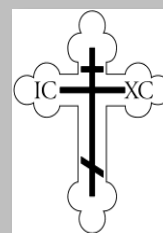


## **NORMAL SCHEDULE FOR DAILY SERVICES**

### **SUNDAY**

8:45am – Orthros

**10:00am – Divine Liturgy**



Mon	Tue	Wed	Thu	Fri	Sat
<b>6:00am</b> <b>Divine Liturgy</b>	<b>7:00am</b> Orthros	<b>7:00am</b> Orthros	<b>7:00am</b> Orthros	<b>7:00am</b> Orthros	<b>8:00am</b> <b>Divine Liturgy</b>
	<b>6:00pm</b> Vespers	<b>6:00pm</b> Vespers	<b>6:00pm</b> Vespers	<b>6:00pm</b> Paraklysis	<b>6:00pm</b> Great Vespers

***(Fr. Paul hears confessions on Saturday after Vespers, & by appointment!)***

*On Sunday, "We should encourage the people to come to Orthros from the very beginning. In the Six Psalms of Orthros, we find all the Christian advice, wisdom, and morality. We cannot come to the Divine Liturgy and receive the Holy Communion without preparation. Orthros is about how to prepare for Divine Liturgy."*

**Metropolitan JOSEPH**

## **NAME DAYS**

<u>Member</u>	<u>Name Day</u>	<u>Patron Saint</u>
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## **BIRTHDAYS AND ANNIVERSARIES**

<u>Member</u>	<u>Day</u>	<u>Celebration</u>
<b>Ephraim Pruitt</b>	<b>November 13<sup>th</sup></b>	<b>Birthday</b>
<b>Christopher &amp; Marina Tomulty</b>	<b>November 14<sup>th</sup></b>	<b>Anniversary</b>

# *Spiritual Morsels*

*("If the world is against truth, then I am against the world!" St Athanasius the Great)*

Fasting is a means and not an end. It is "a tool for training those who desire self-restraint." Without fasting, it is almost impossible to conquer the passions and attain dispassion.

You must not fool yourself. You will not escape from Pharaoh—that is, the devil—and you will not see the heavenly Passover unless you constantly eat bitter herbs and unleavened bread, the bitter herbs of toil and hard fasting, and the unleavened bread of a mind made humble. **Based on Saint John of the Ladder**

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If you desire nobility, seek it not in blood, but in virtues, for this is true nobility."

**St. John the Merciful, Patriarch of Alexandria**

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Christians are not distinguishable from other people either by nationality or by language or by the clothes they wear. Their way of life has nothing peculiar about it. They conform to local customs, but they show how extraordinary and paradoxical the laws of their spiritual state are. They live each in his own country, but as a foreigner. They fulfill all their civic duties, but as foreigners. Each foreign country is to them their home country and every home country to them is a foreign country. They live in the flesh, but not according to the flesh. They spend their lives on earth, but they are citizens of Heaven. They love everyone, and everyone persecutes them. Misunderstood, they are condemned and put to death, but in such a way that they attain life. They are poor and make others rich. They are deprived of everything and have a super-abundance of everything. Despised, they find in this contempt their glory. While they do nothing but good, they are punished as offenders. When they are punished, they taste the joy of those who are born to life. To sum up, what the soul is in the body, Christians are in the world. **Letter of Mathetes to Diognetus\*** *\*The letter is from the second century, but nothing is known of Mathetes or Diognetus.*

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**Abba Agathon** said, "If I could meet a leper, give him my body, and take his, I should be very happy." That indeed is perfect charity.

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## [AN UNCOMFORTABLE WARNING CAN BE A KINDNESS.](#)

IT MAY BE THAT THE THREAT OF ETERNAL PUNISHMENT IS MORE INDICATIVE OF GOD'S LOVE FOR US THAN IS HIS PROMISE OF THE HEAVENLY KINGDOM. BECAUSE, UNLESS THERE WERE THE THREAT OF ETERNAL PUNISHMENT, NOT MANY OF US WOULD GAIN THEIR SALVATION. YOU SEE, WE'RE SLOTHFUL, AND THE PROMISE OF HEAVENLY BLESSINGS ISN'T ENOUGH FOR US. THE FEAR OF PUNISHMENT PROMPTS US MORE TOWARDS VIRTUE. - [SAINT JOHN CHRYSOSTOM](#)

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The merciful person is he who gives to others what he himself received from God, whether it be money, or food, or strength, a helpful word, a prayer, or anything else he has through which he can express his compassion for those in need. **St. Peter of Damascus**

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"To conquer pleasure is the greatest pleasure; neither is there a greater victory than the victory over one's desires." -- **St. Cyprian**

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"He who conquers one opponent proves himself stronger than another, but he who conquers passion proves himself stronger than himself." -- **St. Cyprian**

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# *Photos of our Mission*

Continuing the ceiling work in the Nave & Narthex



