

Diocese of  
Los Angeles  
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# PROPHET ELIJAH

*Antiochian Orthodox Church*



## **Apolytikion / Troparion** (Tone 4)

*The incarnate Angel, and  
the Prophet's summit and boast,  
the second forerunner of the  
coming of Christ our God,  
Elijah, the glorious, from above  
sent down his grace upon Elisha;  
he doth cast out sickness  
and also cleanse lepers,  
and unto all that honor him,  
he poureth forth streams of cures.*

Our Mission is dedicated to the Prophet Elijah,  
Patron and protector of our community.

**Sunday, April 19<sup>th</sup>, 2026**  
**New Sunday or Anti-Pascha**  
**Sunday of Thomas the Apostle, Called "The Twin"**

***Tone / Eothinon***  
***Epistle: Acts 5:12-20***  
***Gospel: St. John 20:19-31***  
***Homilist: No Homily Today***

### **OUR PASTOR:**

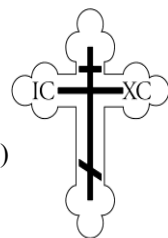
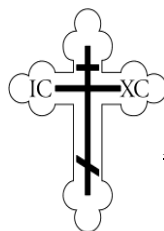
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**OUR DEACONS:** Rev. Dn. Basil Hinkle & Rev. Dn. Joseph Frangipani

**OUR METROPOLITAN:**  
**+Metropolitan SABA**

**OUR BISHOP:** +Bishop ANTHONY

**Attached Clergy:** Rev. Fr. Andrew Bardwell (Retired)



# Announcements for the Week

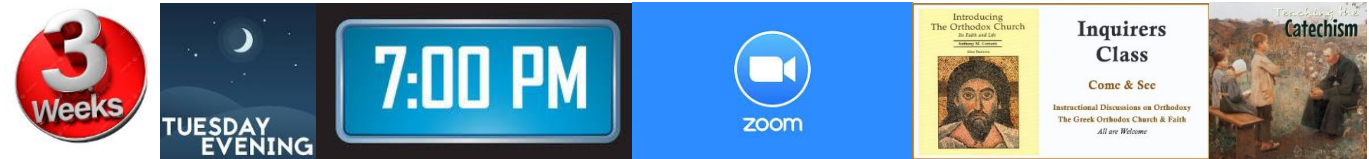
1. Today, Sunday, April 19<sup>th</sup>: **The Divine Liturgy** is being moved to **9:00 AM this Sunday** (NOT 10:00AM)



.....because Fr. Paul & Kh. Thekla have to drive to Walla Walla, WA. right afterwards for a wedding there @ 3:00 PM: **Russell Yevengy & Nina Clare Sautter**



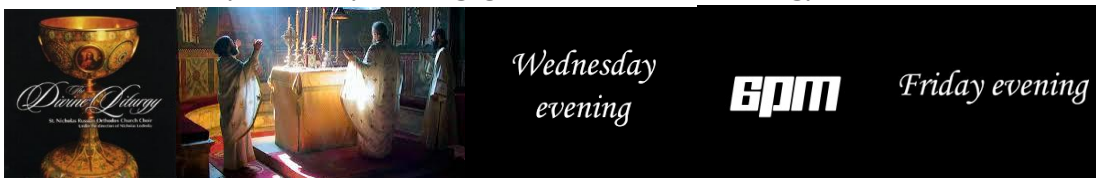
2. This Tuesday evening @ 7:00 PM: **Zoom Catechism / Inquirers Class for..... 3 weeks.**



3. This Wednesday morning at 10:20 AM @ "The Ark": **Garden of the Heart Children's Gathering.**

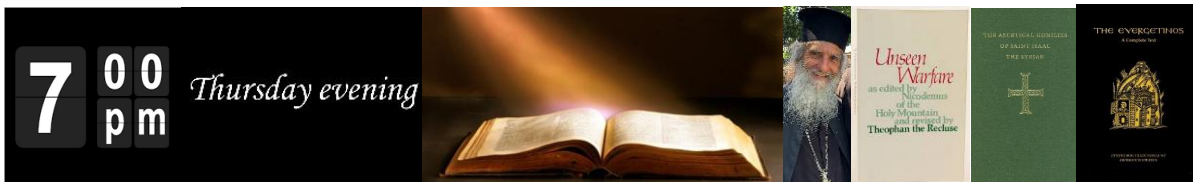


4. This **Wednesday & Friday** evening @ 6:00 PM: **Divine Liturgy**



5. This Thursday evening @ 7 PM: **Teaching Time Together w/ Fr. Paul in the Church Office and on Zoom: "Pearls of the Spiritual Life"** (using the books: "Unseen Warfare", "The Ascetical Homilies of St. Isaac of Syria" & "The Evergetinos-Sayings of the Desert Fathers" )

.....**If anyone is interested in joining in, please contact me, and I will send you the Zoom link!**



# Looking Ahead

1. NEXT Sunday, April 26<sup>th</sup> @ 4:00 PM: **The Wedding of Raphael Benjamin Lindner & Paisia Journey Forester**



2. Sunday, May 3<sup>rd</sup> @ 4:00 PM: **The Wedding of Coleman Meyers & Molly Veronica Stitt**



3. Tuesday, May 19<sup>th</sup> – Wednesday, May 27<sup>th</sup>: **Fr. Paul & Kh. Thekla in Asheville for Parents 102<sup>nd</sup> Birthday**



4. Thursday, May 21<sup>st</sup>: **Great Feast of the Ascension of Christ**



**NORMAL SCHEDULE FOR DAILY SERVICES**

**SUNDAY**

8:45am – Orthros

**10:00am – Divine Liturgy**

Mon	Tue	Wed	Thu	Fri	Sat
<b>Midnight</b> <b><u>Divine</u></b> <b><u>Liturgy</u></b> (twice a month)		<b>8:00am</b> Orthros	<b>8:00am</b> Orthros		
	<b>6:00pm</b> Vespers	<b>6:00pm</b> <b><u>Divine Liturgy</u></b>	<b>6:00pm</b> Vespers	<b>6:00pm</b> <b><u>Divine Liturgy</u></b>	<b>6:00pm</b> Great Vespers

**(Fr. Paul hears confessions on Saturday's before, during & after Vespers, & by appointment!)**

*On Sunday, "We should encourage the people to come to Orthros from the very beginning. In the Six Psalms of Orthros, we find all the Christian advice, wisdom, and morality. We cannot come to the Divine Liturgy and receive the Holy Communion without preparation. Orthros is about how to prepare for Divine Liturgy."*

(former) **Metropolitan JOSEPH**

**NAME DAYS**

<u>Member</u>	<u>Name Day</u>	<u>Patron Saint</u>
<b>George Ryan Paine</b>	<b>April 23<sup>rd</sup></b>	<b>St. George the Great Martyr</b>

**BIRTHDAYS AND ANNIVERSARIES**

<u>Member</u>	<u>Day</u>	<u>Celebration</u>
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# *Spiritual Morsels*

*("If the world is against truth, then I am against the world!" St. Athanasius the Great)*

**St. Justin Popovic:** *"Humanity sentenced God to death; by His Resurrection, God sentenced humanity to immortality. Humans never showed so much hate for God as when we crucified Him; and God never showed more love for humanity than when He arose. Humanity even wanted to reduce God to a mortal, but God, by His Resurrection, made man immortal. The crucified God is risen, and has killed death, Death is no more. Immortality has surrounded humanity and all the world."*

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**"Lift up your gates, O ye rulers—not because the Lord is unable to enter, for He entered even when doors are shut—but because ye are commanded, as fleeing slaves, to remove these ancient gates. Ye shall no longer be rulers over any, though ye did unjustly rule over those who slept until now—nor over them, nor over others, nor even over yourselves. Lift up the gates, for Christ hath come, the heavenly Door. Make way for Him Who hath set His foot within the prison of Hades. And at the cry of the angelic hosts, immediately the gates were opened. The chains were broken, the bolts shattered, the keys fell, and the very foundations of the prison were shaken. The hostile powers fled in confusion—one thrusting another, stumbling, crying out in terror. They were struck with dread, astonished, confounded, and overwhelmed with fear. While these things were taking place in Hades, and all was shaken, the Lord drew near unto its deepest regions. Adam, the first-formed and first-created and first-dead, who lay bound more deeply than all, heard the footsteps of the Lord approaching and recognized His voice. Turning to those who had been gathered there from the ages, he cried: 'O my friends! I hear the sound of One approaching. If He hath indeed been counted worthy to come even here, then we are freed! If we behold Him among us, we are delivered from Hades!'"** **St. Epiphanius of Cyprus (+403)**

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PHARAOH ENTREATED, SAYING: "MAY GOD TAKE AWAY FROM ME THIS DEATH"(EXODUS 10:17), AND HE WAS HEARD. SIMILARLY, WHEN THE DEMONS ASKED THE LORD NOT TO CAST THEM INTO THE ABYSS, THEIR REQUEST WAS GRANTED (LUKE 8:31). HOW MUCH MORE, THEN, WILL A CHRISTIAN BE HEARD WHEN HE PRAYS TO BE DELIVERED FROM SPIRITUAL DEATH? **ST. JOHN OF KARPATHOS**

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[About Elder Zosima] ... he vowed to God not to look upon the face of a woman until he ceased to suffer from even the slightest passionate movement or momentary unclean thought, and until it became all the same to him whether it were a male or female before him. **Abbess Vera Verkhovsky** Elder Zosima: Hesychast of Siberia p.85

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...every sin not eradicated in time becomes strengthened by habit, becomes deeply rooted in a man's heart, and sometimes troubles, torments, and wounds him until death, becoming, so to say, awakened and revived in him upon every occasion, reminding him of the sin formerly committed, and thus defiling his thoughts, feelings, and conscience. Streams of tears are necessary to wash away the inveterate filthiness of sin. **Righteous John, Wonderworker of Kronstadt**

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The Church is the entrance into the risen life of Christ; it is communion in life eternal, "joy and peace in the Holy Spirit." And it is the expectation of the "day without evening" of the Kingdom; not of any "other world," but of the fulfillment of all things and all life in Christ. In Him death itself has become an act of life, for He has filled it with Himself, with His love and light. In Him "all things are yours; whether the world, or life, or death, or things present, or things to come; all are yours; and ye are Christ's; and Christ is God's (1 Cor 3:21-23). And if I make this new life mine, mine this hunger and thirst for the Kingdom, mine this expectation of Christ, mine the certitude that Christ is Life, then my very death will be an act of communion with Life. For neither life nor death can separate us from the love of Christ. I do not know when and how the fulfillment will come. I do not know when all things will be consummated in Christ. I know nothing about the "whens" and "hows." But I know that in Christ this great Passage, the Pascha of the world has begun, that the light of the "world to come" comes to us in the joy and peace of the Holy Spirit, for Christ is risen and Life reigneth. **Fr Thomas Hopko**

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# *Photos of our Parish*

## THE WEDDING OF NINA SAUTTER THIS SUNDAY IN WALLA WALLA

(Nina's family were members of our Parish here in Ellensburg for many years, and her oldest brother Silouan is married to Fr. Paul's youngest daughter, Maria.... and one of her sisters is a nun in Goldendale)



Here she is at the Baptism of Nilus & Nicole Pruitt:

