

Diocese of
Los Angeles
and the
West

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PROPHET ELIJAH

Antiochian Orthodox Church



Apolytikion / Troparion (Tone 4)

*The incarnate Angel, and
the Prophet's summit and boast,
the second forerunner of the
coming of Christ our God,
Elijah, the glorious, from above
sent down his grace upon Elisha;
he doth cast out sickness
and also cleanse lepers,
and unto all that honor him,
he poureth forth streams of cures.*

Our Mission is dedicated to the Prophet Elijah,
Patron and protector of our community.

Sunday, June 28th, 2026
Fourth Sunday after Pentecost & Fourth Sunday of Matthew

Tone 3 / Eothinon 4
Epistle: Romans 6:18-23
Gospel: St. Matthew 8:5-13
Homilist: Fr. Paul Moses Jaroslaw

OUR PASTOR:

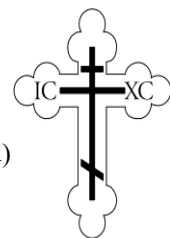
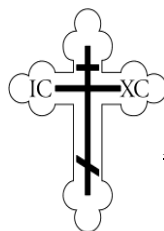
V. Rev. Paul Moses Jaroslaw
107 S Dennis St. / P.O. Box 1210
Ellensburg, Washington 98926
Church: (509) 933-2720. / Pastor: (907) 299-1087
prophetelijahellensburg@gmail.com / www.prophetelijah.net

OUR DEACONS: Rev. Dn. Basil Hinkle & Rev. Dn. Joseph Frangipani

OUR METROPOLITAN:
+Metropolitan SABA

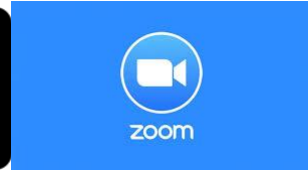
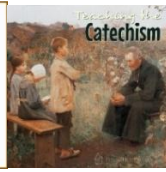
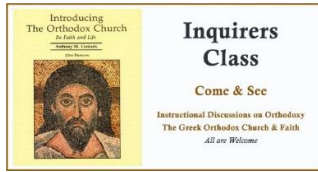
OUR BISHOP: +Bishop ANTHONY

Attached Clergy: Rev. Fr. Andrew Bardwell (Retired)



Announcements for the Week

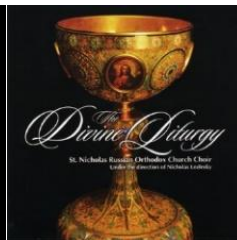
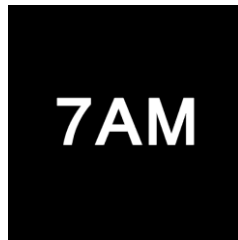
1. Today Sunday, June 28th: **Inquirer & Catechism Class @ 1:30-2:30 PM at the Church in Ellensburg**
.....(and Zoom for those who can't make it to church today)



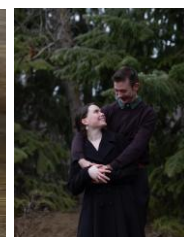
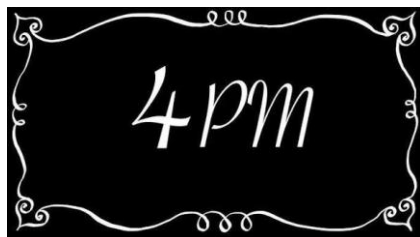
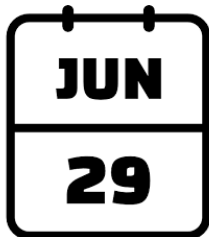
AND: **LAST DAY** of **The Apostles Fast**



2. Tomorrow, Monday, June 29th @ 7:00 AM: **Divine Liturgy for the Feast of SS. Peter & Paul**



@ 4:00 PM: **Wedding of Arseny Lynch & Katherine Pyle**



3. Wednesday, July 1st – Saturday July 4th: **Fr. Paul in San Diego for Parish Life Conference**



Looking Ahead

1. Next Sunday, July 5th: **A 4th of July Coffee Hour Barbecue on July 5** (because Fr. Paul is flying on July 4th!)



2. Sunday, July 19th: **Patronal Feast Day Celebration for our Church, Prophet Elijah**

Transferred from Monday, July 20th because Fr. Paul has to fly to Asheville to prepare to move his parents to Ellensburg

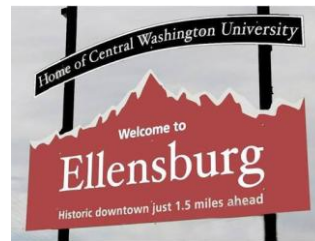


3. Monday, July 20th – Tuesday, July 28th:

Fr. Paul in Asheville, NC preparing to move his 102 year old parents to Ellensburg, WA. to live with them!



TO



NORMAL SCHEDULE FOR DAILY SERVICES

SUNDAY

8:45am – Orthros

10:00am – Divine Liturgy

Mon	Tue	Wed	Thu	Fri	Sat
Midnight <u>Divine Liturgy</u> (once a month)		8:00am Orthros	8:00am Orthros		
	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Great Vespers

(Fr. Paul hears confessions on Saturday's before, during & after Vespers, & by appointment!)

On Sunday, "We should encourage the people to come to Orthros from the very beginning. In the Six Psalms of Orthros, we find all the Christian advice, wisdom, and morality. We cannot come to the Divine Liturgy and receive the Holy Communion without preparation. Orthros is about how to prepare for Divine Liturgy."

(former) **Metropolitan JOSEPH**

NAME DAYS

<i>Member</i>	<i>Name Day</i>	<i>Patron Saint</i>
Fr. Paul Moses Jaroslaw	June 29th	The Apostle Paul
Paul Paine	June 29th	The Apostle Paul
Peter Schmidt	June 29th	The Apostle Peter
John Smith	July 2nd	St. John Maximovitch

BIRTHDAYS AND ANNIVERSARIES

<i>Member</i>	<i>Day</i>	<i>Celebration</i>
Elijah Sampson Horton	June 29th	Birthday
Cuthbert & Jennifer Featherstone	July 4th	Anniversary

Spiritual Morsels

("If the world is against truth, then I am against the world!" St. Athanasius the Great)

"The crown of all good works consists in this: that a man place all his hope in God; that he finds recourse in Him once and for all with his heart and strength; that he be filled with compassion for all and weep before God, imploring His help and mercy." **St. Isaiah the Solitary**

WHEN A MAN BEGINS TO TRAIN HIMSELF IN KEEPING SILENT, SILENCE TO HIM SEEMS TO BE LESSER THAN SPEECH; BUT WHEN HE IS TRAINED IN SILENCE THEN HE KNOWS THAT SPEECH IS LESSER THAN SILENCE. — **ST. NICHOLAI OF ZHICHA**

Love every man in spite of his falling into sin. Never mind the sins, but remember that the foundation of the man is the same - the image of God. **Righteous John, Wonderworker of Kronstadt**

We have already established that self-assertive pride is the guiding force in the life of modern man. This pride has rejected God and declared that man is god unto himself. There is no sin; anything is lawful and allowable for man. Any restriction, any constraint upon his sinful will seems to him to be a violation of his freedom. He understands freedom as the right and the opportunity to do anything that he desires. No one may restrain the man-god in his freedom. "I want, I have the right," became the slogan of modern man. "In struggle you take your rights," "life is a battle," "struggle for existence"³ (Slogans of the Socialist-Revolutionary Party in Russia.—Ed.)—these slogans became the guiding principles of modern life. **Archbishop Averky (Taushev)**

The Lord has become everything for you, and you must become everything for the Lord. - **St. John of Kronstadt**

Just before his death, **St. Simeon the Myrrh-gusher summoned St. Sava**, placed his hands on him, and blessed him saying: "My beloved child, light of my eyes, comfort and protector in my old age! Behold, the time of our separation has arrived. Behold, the Lord is releasing me in peace. But you, my child, do not mourn because of our separation. For parting is the common cup of each and all; here we part from one another, but we will meet there, where there is no separation."

Glory in this life is of less significance than a spider's web, and more insubstantial than dreams; therefore lift up your mind to what is of first importance, and you will easily calm your saddened soul. He who seeks the one glory and the other cannot attain them both. It is possible to achieve both, only when we seek not both, but one: heavenly glory. Therefore, if you desire glory, seek divine, heavenly glory, and earthly glory will often follow on from it." - **St. Isidore of Pelusium**

LET THOSE WHO WERE HEEDLESS AND WHO ACQUIRED BAD HABITS WHILE LIVING A WORLDLY LIFE ACCEPT UNCOMPLAININGLY THE WAR THE ENEMY WILL WAGE AGAINST THEM ONCE THEY HAVE CHANGED THEIR WAYS. THEY MUST DO THIS, HOWEVER, WITHOUT CULTIVATING ANY EVIL DESIRES. IF THEY WORK HARD AT THIS, THEY WILL BE PURIFIED AND REACH THE LEVEL OF PURE PEOPLE, WHO HAVE NEVER KNOWN GREAT SINS, LEARNT BAD HABITS OR BEEN SORELY TEMPTED. **SAINT PAISIOS OF MOUNT ATHOS**

Photos of our Parish

Our Father's Day Softball Game

(Fr. Paul's team lost 17-7!)

