

Diocese of
Los Angeles
and the
West

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PROPHET ELIJAH

Antiochian Orthodox Church



Apolytikion / Troparion (Tone 4)

*The incarnate Angel, and
the Prophet's summit and boast,
the second forerunner of the
coming of Christ our God,
Elijah, the glorious, from above
sent down his grace upon Elisha;
he doth cast out sickness
and also cleanse lepers,
and unto all that honor him,
he poureth forth streams of cures.*

Our Mission is dedicated to the Prophet Elijah,
Patron and protector of our community.

Sunday, August 30th, 2026
Thirteenth Sunday after Pentecost & Thirteenth Sunday of
Matthew / Leave-Taking of Beheading of St. John the Baptist

Tone 4 / Eothinon 2
Epistle: 1st Corinthians 16:13-24
Gospel: St. Matthew 21:33-42
Homilist: Fr. Paul Moses Jaroslaw

OUR PASTOR:

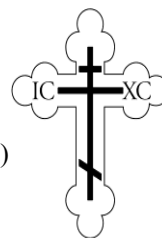
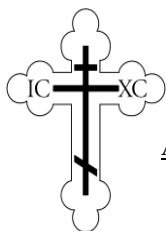
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OUR DEACONS: Rev. Dn. Basil Hinkle & Rev. Dn. Joseph Frangipani

OUR METROPOLITAN:
+Metropolitan SABA

OUR BISHOP: +Bishop ANTHONY

Attached Clergy: Rev. Fr. Andrew Bardwell (Retired)



Announcements for the Week

1. Today, Sunday, August 30th:

NO Inquirer and Catechism class today... It will continue next Sunday.

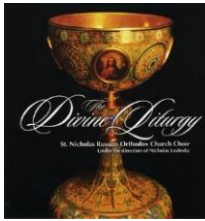
2. Tuesday, September 1st: **The Indiction, or Beginning of the Ecclesiastical New Year:**



HAPPY NEW YEAR!
but why September 1?

The First Ecumenical Council in Nicaea in 325 decreed that the Church year should begin on September 1. The month of September was, for the Hebrews, the beginning of the civil year, the month of gathering the harvest and of the offering of thanks to God. It was on this feast that the Lord Jesus entered the synagogue in Nazareth, and opened the book to read from the Prophet Isaiah.

3. **This Wednesday & Friday evening @ 6:00 PM: Divine Liturgy**



*Wednesday
evening*

6pm

Friday evening

Looking Ahead

1. Next Tuesday, September 8th: **The Great Feast of the Nativity of the Theotokos**

Vigil for the Feast (*Great Vespers, Litia & Artoklasia & Festal Orthros*) will be served on Monday, September 7th from 6:00-8:30 PM / **The Divine Liturgy will be served on Tuesday evening @ 6:00 PM:**



2. Wednesday, September 9th: **Patronal Feast of SS. Joachim & Anna Mission in Goldendale**



Tuesday, September 8th: 5:50pm Ninth Hour / 6:00pm Vigil for the Feast (Vespers, Litia, Artoklasia, Festal Orthros)

Wednesday, September 9th: 9:00am Divine Liturgy / 6:00pm Festal potluck

3. Sunday, September 13th: **Baptisms of Ezekial Pruitt & Macrina Phelps @ 9:00 AM**



4. Monday, September 14th: **Patronal Feast of Holy Cross Church in Yakima-The Elevation of the Cross**



4. **CANCELLED:** **Pacific Northwest Deanery Meeting @ Goldendale Monastery with Savidna ANTHONY**



NORMAL SCHEDULE FOR DAILY SERVICES

SUNDAY

8:45am – Orthros

10:00am – Divine Liturgy

Mon	Tue	Wed	Thu	Fri	Sat
Midnight <u>Divine</u> <u>Liturgy</u> (once a month)		8:00am Orthros	8:00am Orthros		
	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Great Vespers

*(Fr. Paul hears **confessions** on Saturday's **before, during & after Vespers, & by appointment!**)*

*On Sunday, "We should encourage the people to come to Orthros from the very beginning. In the Six Psalms of Orthros, we find all the Christian advice, wisdom, and morality. **We cannot come to the Divine Liturgy and receive the Holy Communion without preparation.** Orthros is about how to prepare for Divine Liturgy."*

(former) **Metropolitan JOSEPH**

NAME DAYS

<i>Member</i>	<i>Name Day</i>	<i>Patron Saint</i>
Aidan Phelps	August 31st	St. Aidan of Lindisfarne
Pearl Margaritza Tomulty	September 1st	St. Margaritza
Mamas Nedrow	September 2nd	Martyr Mamas
Moses Tomulty	September 4th	Prophet Moses

BIRTHDAYS AND ANNIVERSARIES

<i>Member</i>	<i>Day</i>	<i>Celebration</i>
David & Natalia Sotelo	September 3rd	Anniversary

Spiritual Morsels

("If the world is against truth, then I am against the world!" St. Athanasius the Great)

THOUGH A MAN MAY BE FOUND IN A WEAK STATE, THAT DOES NOT AT ALL MEAN THAT HE HAS BEEN ABANDONED BY GOD. ON THE CROSS, THE LORD JESUS CHRIST WAS IN TROUBLE, AS THE WORLD SEES THINGS. BUT WHEN THE SINFUL WORLD CONSIDERED HIM TO BE COMPLETELY DESTROYED, IN FACT HE WAS VICTORIOUS OVER DEATH AND HADES. THE LORD DID NOT PROMISE US POSITIONS AS VICTORS AS A REWARD FOR RIGHTEOUSNESS, BUT TOLD US, "IN THE WORLD YOU WILL HAVE TRIBULATION – BUT BE OF GOOD CHEER, FOR I HAVE OVERCOME THE WORLD" (JN. 16:33). **ST. JOHN OF SAN FRANCISCO**

He who created us without our help, will not save us without our consent. **Blessed St. Augustine**

The devil is afraid of us when we pray and make sacrifices. He is also afraid when we are humble and good. He is especially afraid when we love Jesus very much. He runs away when we make the Sign of the Cross.

St. Anthony the Great

"If man suppresses his stomach and his tongue, then he will be able to rule over himself." — **St. Poemen the Great**

The way to God is taking up the cross daily. No one can ascend to heaven with comfort; we know where the way of comfort leads. **St. Isaac the Syrian**

"If three men meet, of whom the first fully preserves interior peace, and the second gives thanks to God in illness, and the third serves with a pure mind, these three are doing the same work." -- **Abba Poemen the Great**

The aim is for one to struggle with discretion and philotimo (responsive gratitude), according to one's powers... God knows the struggle of each person and what strength he gave to each person and he will reward each accordingly. I love all equally and am moved by those who struggle with responsive gratitude. **Saint Paisios of Mount Athos**

Do not do anything without signing yourself with the sign of the Cross! When you depart on a journey, when you begin your work, when you go to study, when you are alone, and when you are with other people, seal yourself with the Holy Cross on your forehead, your body, your chest, your heart, your lips, your eyes, your ears. All of you should be sealed with the sign of Christ's victory over hell. Then you will no longer be afraid of charms, evil spirits, or sorcery, because these are dissolved by the power of the Cross like wax before fire and like dust before the wind. **Elder St. Cleopa**

"If a man has on one side of him fire, and on the other side a vessel with water, then if he starts burning from the fire, he takes water from the vessel and extinguishes the fire. Like to this are the evil thoughts, suggested by the enemy of our salvation, which like a spark can enkindle sinful desires within a man. It is necessary to put out these sparks with the water, which is prayer and the yearning of the soul for God." **Abba Poemen the Great**

Photos of our Parish

Meeting Dominica Cranor for lunch in Butte, Montana at a Greek Gyro restaurant

