

Diocese of
Los Angeles
and the
West

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PROPHET ELIJAH

Antiochian Orthodox Church



Apolytikion / Troparion (Tone 4)

*The incarnate Angel, and
the Prophet's summit and boast,
the second forerunner of the
coming of Christ our God,
Elijah, the glorious, from above
sent down his grace upon Elisha;
he doth cast out sickness
and also cleanse lepers,
and unto all that honor him,
he poureth forth streams of cures.*

Our Mission is dedicated to the Prophet Elijah,
Patron and protector of our community.

Sunday, August 9th, 2026
Tenth Sunday after Pentecost & Tenth Sunday of Matthew
After-Feast of the Transfiguration of Christ
Translation of the Relics of St. Herman of Alaska
Tone 1 / Eothinon 10
Epistle: 1st Corinthians 4:9-16
Gospel: St. Matthew 17:14-23
Homilist: Fr. Paul Moses Jaroslaw

OUR PASTOR:

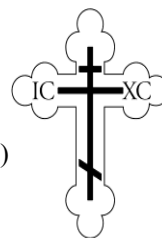
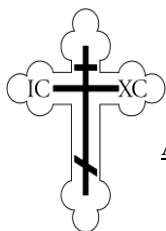
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OUR DEACONS: Rev. Dn. Basil Hinkle & Rev. Dn. Joseph Frangipani

OUR METROPOLITAN:
+Metropolitan SABA

OUR BISHOP: +Bishop ANTHONY

Attached Clergy: Rev. Fr. Andrew Bardwell (Retired)



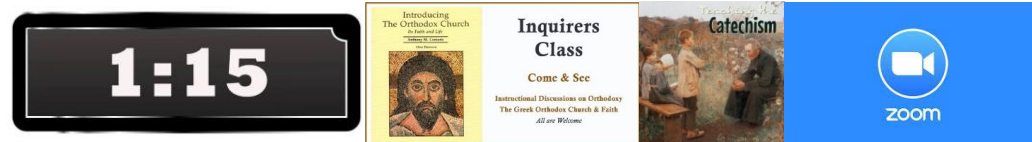
Announcements for the Week

1. TODAY, Sunday, August 9th : **The Dormition Fast continues!**



And: **Inquirer & Catechism Class @ 1:15-2:15 PM at the Church in Ellensburg**

.....(and Zoom for those who can't make it to church today)



2. This **Tuesday & Thursday evenings**, we will chant the **Paraklysis Service to the Mother of God**

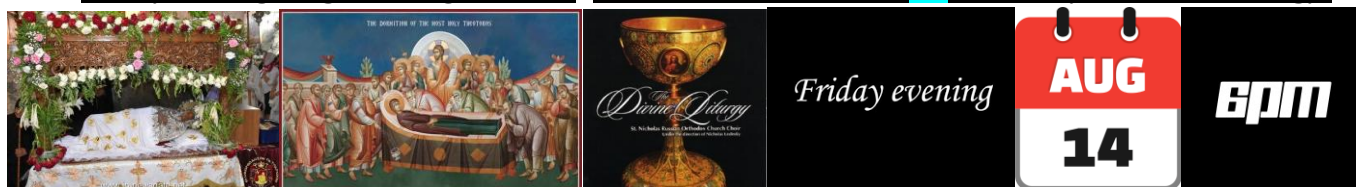


3. This Wednesday evening @ 6:00 PM: **Divine Liturgy**



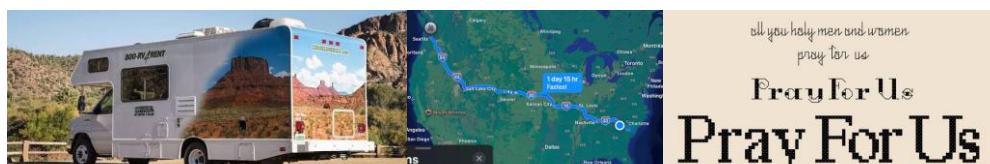
4. This Saturday, August 15th: **The Feast of The Dormition of the Theotokos ...we will celebrate it on.....**

.....**Friday evening, August 14th @ 6:00 PM: The Lamentation Service...followed by the Divine Liturgy!**



.....**From Saturday, August 15th – Tuesday, August 25th:**

Fr. Paul (along with Kh. Thekla, Dn. Basil & Maria Sautter) will be gone to drive his parents, Eugene & Adele... ..across the country to live with them in Ellensburg! (Please keep us in your prayers!)



Looking Ahead

1. Tuesday, September 8th: **The Great Feast of the Nativity of the Theotokos**



2. Wednesday, September 9th: **Patronal Feast of SS. Joachim & Anna Mission in Goldendale**

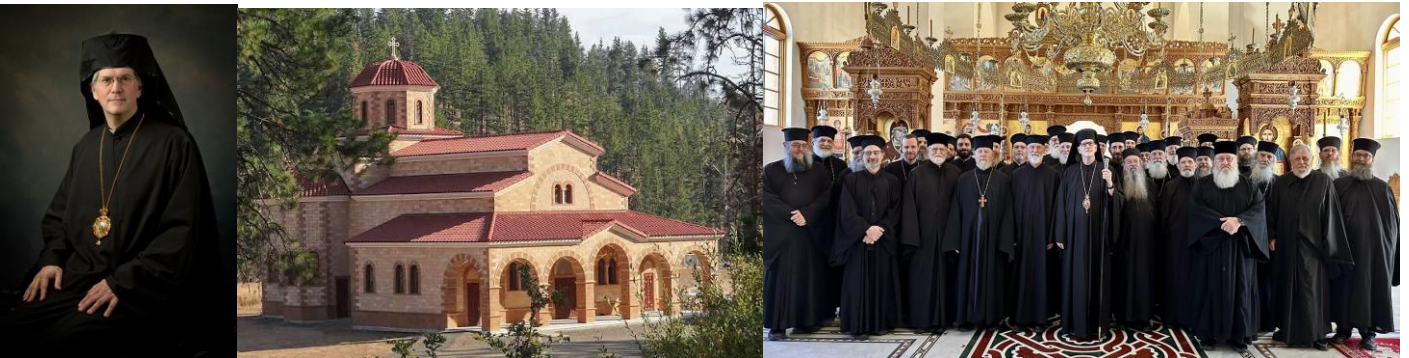


3. Monday, September 14th: **Patronal Feast of Holy Cross Church in Yakima-The Elevation of the Cross**



4. Monday, September 21st – Thursday, September 24th:

Pacific Northwest Deanery Meeting @ Goldendale Monastery with Sayidna ANTHONY



NORMAL SCHEDULE FOR DAILY SERVICES

SUNDAY

8:45am – Orthros

10:00am – Divine Liturgy

Mon	Tue	Wed	Thu	Fri	Sat
Midnight <u>Divine Liturgy</u> (once a month)		8:00am Orthros	8:00am Orthros		
	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Great Vespers

*(Fr. Paul hears **confessions** on Saturday's **before, during & after Vespers, & by appointment!**)*

*On Sunday, "We should encourage the people to come to Orthros from the very beginning. In the Six Psalms of Orthros, we find all the Christian advice, wisdom, and morality. **We cannot come to the Divine Liturgy and receive the Holy Communion without preparation.** Orthros is about how to prepare for Divine Liturgy."
(former) **Metropolitan JOSEPH***

NAME DAYS

<u>Member</u>	<u>Name Day</u>	<u>Patron Saint</u>
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BIRTHDAYS AND ANNIVERSARIES

<u>Member</u>	<u>Day</u>	<u>Celebration</u>
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Spiritual Morsels

("If the world is against truth, then I am against the world!" St. Athanasius the Great)

True fasting lies is rejecting evil, holding one's tongue, suppressing one's hatred, and banishing one's lust, evil words, lying, and betrayal of vows. **St. Basil the Great**

A man who fasts wisely does not wish to be praised for his fast. He thinks that through abstinence he will win chastity and thereby will come to humility, as the fathers say, "The way to humility is bodily labors, performed intelligently," and so on. Such a man proves himself a skilful builder, able to build his house solidly. - **Abba Dorotheus**

IN THE FUTURE LIFE THE CHRISTIAN IS NOT EXAMINED IF HE HAS RENOUNCED THE WHOLE WORLD FOR CHRIST'S LOVE, OR IF HE HAS DISTRIBUTED HIS RICHES TO THE POOR OR IF HE FASTED OR KEPT VIGIL OR PRAYED, OR IF HE WEPT AND LAMENTED FOR HIS SINS, OR IF HE HAS DONE ANY OTHER GOOD IN THIS LIFE, BUT HE IS EXAMINED ATTENTIVELY IF HE HAS ANY SIMILITUDE WITH CHRIST, AS A SON DOES WITH HIS FATHER. **ST. SYMEON THE NEW THEOLOGIAN**

"Beloved Christians, you and your children shall appear at that Judgment of Christ, and you shall give account for them to the just Judge. He will not ask you whether you have taught your children the arts or whether you have taught them to speak French, or German, or Italian, but whether you have taught them to live as Christians." -- **St. Tikhon of Zadonsk**

Do not fear the conflict, do not flee it. Where there is no struggle, there is no virtue; where faith and love are not tempted, it is not possible to be sure whether they are really present. They are proved and revealed in adversity, that is, in difficult and grievous circumstances, both outward and inward- during sickness, sorrow, and privations. **St. John of Kronstadt**

The Lord also sends temptations: he who belongs to God will be sent sorrows; the one for whom things go smoothly, like spreading butter, belongs to the devil. And when the Lord wishes to remove someone from the devil, he is charged with sorrows. Sorrows are Christ's chalice on the earth. Whoever is a partaker of this chalice on the earth will also partake of this chalice in Heaven. **St. Ignatius (Brianchaninov), Bishop of the Caucasus and the Black Sea**

Those who desire to renounce their old nature must not sometimes pray and sometimes not, but must unceasingly devote themselves to prayer and watchfulness of mind, even when they are outside temples of prayer. Those who intend to purify gold, if even for a short time they allow the fire to go out in the furnace, they produce hardening again in the material that is being purified. **St. Ignatius Brianchaninov**

Send your treasures to the heavenly storage room. Deposit your wealth in God's Bank, distributing it to the poor, the orphans and the widows, so that you can receive a million times more in the Second Coming of Christ.
-- **Elder Joseph the Hesychast**

Photos of our Parish

Floating the Yakima River again...this time, because of a sudden storm of wind, everyone had to be recused by the Kittitas County Sherrif's Department!



