

Diocese of  
Los Angeles  
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# PROPHET ELIJAH

*Antiochian Orthodox Church*



## **Apolytikion / Troparion** (Tone 4)

*The incarnate Angel, and  
the Prophet's summit and boast,  
the second forerunner of the  
coming of Christ our God,  
Elijah, the glorious, from above  
sent down his grace upon Elisha;  
he doth cast out sickness  
and also cleanse lepers,  
and unto all that honor him,  
he poureth forth streams of cures.*

Our Mission is dedicated to the Prophet Elijah,  
Patron and protector of our community.

**Sunday, April 5<sup>th</sup>, 2026**  
**Entrance of our Lord Jesus Christ into Jerusalem**

***Tone / Eothinon***  
***Epistle: Philipians 4:4-9***  
***Gospel: St. John 12:1-18***  
***Homilist: Fr. Paul Moses Jaroslaw***

### **OUR PASTOR:**

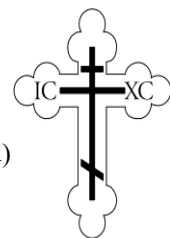
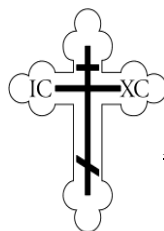
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Ellensburg, Washington 98926  
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**OUR DEACONS:** Rev. Dn. Basil Hinkle & Rev. Dn. Joseph Frangipani

**OUR METROPOLITAN:**  
**+Metropolitan SABA**

**OUR BISHOP:** +Bishop ANTHONY

**Attached Clergy:** Rev. Fr. Andrew Bardwell (Retired)



# Announcements for the Week

1. Today, Sunday, April 5<sup>th</sup>: **The Great Feast of Palm Sunday w/ Procession around the Church & Fish BBQ**



.....and Fish Barbeque!

2. Tonight, Sunday, April 5<sup>th</sup> – Saturday, April 11<sup>th</sup>: **Holy Week ...beginning tonight @ 6:00 PM**  
.....w/ **Bridegroom Orthros** for Monday morning (See the attached PDF schedule)



# Looking Ahead

1. NEXT Sunday, April 12<sup>th</sup>: **The Feast of Feasts and Festival of Festivals...PASCHA!!!!**



2. Sunday, April 26<sup>th</sup> @ 4:00 PM: **The wedding of Raphael Benjamin Lindner & Paisia Journey Forester**



3. Sunday, May 3<sup>rd</sup> @ 4:00 PM: **The wedding of Coleman Meyers & Molly Veronica Stitt**



**NORMAL SCHEDULE FOR DAILY SERVICES**

**SUNDAY**

8:45am – Orthros

**10:00am – Divine Liturgy**

Mon	Tue	Wed	Thu	Fri	Sat
<b>Midnight</b> <b><u>Divine</u></b> <b><u>Liturgy</u></b> (twice a month)		<b>8:00am</b> Orthros	<b>8:00am</b> Orthros		
	<b>6:00pm</b> Vespers	<b>6:00pm</b> <b><u>Divine Liturgy</u></b>	<b>6:00pm</b> Vespers	<b>6:00pm</b> <b><u>Divine Liturgy</u></b>	<b>6:00pm</b> Great Vespers

***(Fr. Paul hears confessions on Saturday's before, during & after Vespers, & by appointment!)***

*On Sunday, "We should encourage the people to come to Orthros from the very beginning. In the Six Psalms of Orthros, we find all the Christian advice, wisdom, and morality. We cannot come to the Divine Liturgy and receive the Holy Communion without preparation. Orthros is about how to prepare for Divine Liturgy."*

(former) **Metropolitan JOSEPH**

**NAME DAYS**

<i>Member</i>	<i>Name Day</i>	<i>Patron Saint</i>
<b>Miltiadis Vlassopoulos</b>	<b>April 10<sup>th</sup></b>	<b>St. Miltiadis</b>
<b>Terence Thompson</b>	<b>April 10<sup>th</sup></b>	<b>Martyr Terence</b>

**BIRTHDAYS AND ANNIVERSARIES**

<i>Member</i>	<i>Day</i>	<i>Celebration</i>
<b>Isaac Reid</b>	<b>April 7<sup>th</sup></b>	<b>Birthday</b>
<b>Herman Pyle</b>	<b>April 8<sup>th</sup></b>	<b>Birthday</b>
<b>Oswald Sparks</b>	<b>April 9<sup>th</sup></b>	<b>Birthday</b>
<b>Matthew Schoos</b>	<b>April 11<sup>th</sup></b>	<b>Birthday</b>

# *Spiritual Morsels*

*("If the world is against truth, then I am against the world!" St. Athanasius the Great)*

The commemoration of Christ's saving Passion is at hand, and the new, great spiritual Passover, which is the reward for dispassion and the prelude of the world to come. Lazarus proclaims it in advance by coming back from the depths of Hades and rising from the dead on the fourth day just by voice and command of God, Who has power over life and death (cf. Jn. 11:1-45). **St. Gregory Palamas**

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Pastoral asceticism should occupy the most important place in the science of pastoral theology, and should be its cornerstone. **Archbishop Averky (Taushev)**

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SOME PEOPLE LIVING CARELESSLY IN THE WORLD HAVE ASKED ME: 'WE HAVE WIVES AND ARE BESET WITH SOCIAL CARES, AND HOW CAN WE LEAD THE SOLITARY LIFE?' I REPLIED TO THEM: 'DO ALL THE GOOD YOU CAN; DO NOT SPEAK EVIL OF ANYONE; DO NOT STEAL FROM ANYONE; DO NOT LIE TO ANYONE; DO NOT BE ARROGANT TOWARDS ANYONE; DO NOT HATE ANYONE; DO NOT BE ABSENT FROM THE DIVINE SERVICES; BE COMPASSIONATE TO THE NEEDY; DO NOT OFFEND ANYONE; DO NOT WRECK ANOTHER MAN'S DOMESTIC HAPPINESS, AND BE CONTENT WITH WHAT YOUR OWN WIVES CAN GIVE YOU. IF YOU BEHAVE IN THIS WAY, YOU WILL NOT BE FAR FROM THE KINGDOM OF HEAVEN.'

**St. John Climacus**

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Do not passionately care for your flesh; do not cherish it; do not gratify it; and do not strengthen it against the spirit. Otherwise, when it is necessary to labour in spirit—for instance, to pray or write a spiritually moral work—you will find that the flesh has overpowered the spirit and has bound it hand and foot. **Righteous John, Wonderworker of Kronstadt**

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Let thy mind fast from vain thoughts; let thy memory fast from remembering evil; let thy will fast from evil desire; let thine eyes fast from bad sights: turn away thine eyes that thou mayest not see vanity; let thine ears fast from vile songs and slanderous whispers; let thy tongue fast from slander, condemnation, blasphemy, falsehood, deception, foul language and every idle and rotten word; let thy hands fast from killing and from stealing another's goods; let thy legs fast from going to evil deeds: Turn away from evil, and do good.

**St. Tikhon of Zadonsk**

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Pray with grateful patience because we are usually not very far-seeing and little know ourselves, while the Lord God knows well all the circumstances surrounding us and lying ahead of us, and He knows us incomparably better than we know ourselves. **Metropolitan Gregory (Postnikov) of St. Petersburg**

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Mysticism will remain at the center of the Christian rebirth that is being prefigured, because Christians enter into communion with Christ through it, in a gradual spiritual process of cleansing and perfection. It begins with man's reorientation toward himself in order to search for Christ and to arrive at union with God through Love. Inner experience changes nature and transforms man into a bearer of Christ. Unlike morality, which imposes the rigor of commandments, mysticism is a real, intimate act of living in the Holy Spirit. Being an 'art, it presupposes a guide, an adviser. This is an Abba, a Father, who, beyond the fact that he administers grace, has himself an inner life and hesychast practice. **Valeriu Gafencu**

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# *Photos of our Parish*

## A Good Word:

### **Mother Siluana "this is your time"**



#### **March 21**

We must understand that we do not need miracles that leave us flabbergasted. We need the joy of being alive in the Lord, being alive in the Church, knowing where we are going—and this is the miracle we experience in the time of abandonment, when we do not have faith anymore, when everything goes wrong. That is the greatest miracle, when God says: "I trust in you. This is your time. Remember My time in Gethsemane, My time on Golgotha." And so, we need to grow up and not seek miracles.

