

Diocese of
Los Angeles
and the
West

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PROPHET ELIJAH

Antiochian Orthodox Church



Apolytikion / Troparion (Tone 4)

*The incarnate Angel, and
the Prophet's summit and boast,
the second forerunner of the
coming of Christ our God,
Elijah, the glorious, from above
sent down his grace upon Elisha;
he doth cast out sickness
and also cleanse lepers,
and unto all that honor him,
he poureth forth streams of cures.*

Our Mission is dedicated to the Prophet Elijah,
Patron and protector of our community.

Sunday, May 17th, 2026
Sixth Sunday of Pascha: Sunday of the Blind Man

Tone 5 / Eothinon 8
Epistle: Acts 16:16-34
Gospel: St. John 9:1-38
Homilist: Dn. Joseph Frangipani

OUR PASTOR:

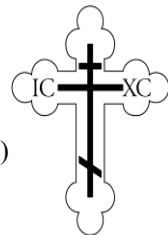
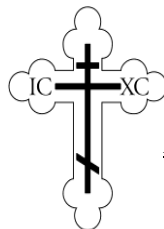
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OUR DEACONS: Rev. Dn. Basil Hinkle & Rev. Dn. Joseph Frangipani

OUR METROPOLITAN:
+Metropolitan SABA

OUR BISHOP: +Bishop ANTHONY

Attached Clergy: Rev. Fr. Andrew Bardwell (Retired)

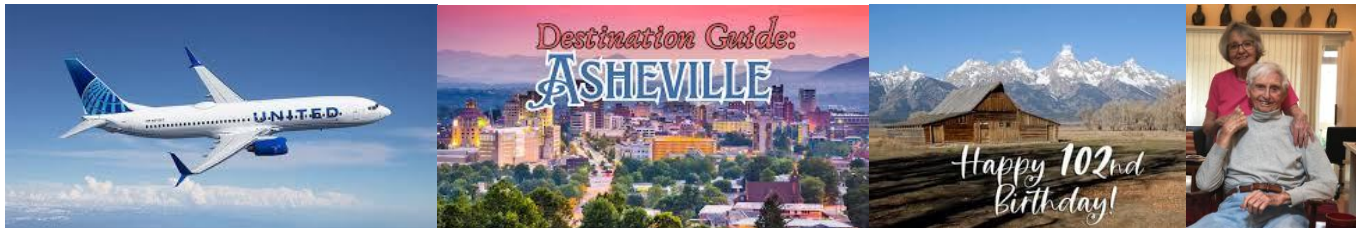


Announcements for the Week

1. Today, Sunday, May 17th: **Inquirer & Catechism Class @ 1:30-2:30 PM at the Church in Ellensburg**
(and Zoom for those who can't make it to church today)



2. This Tues. May 19th – Wed. May 27th: **Fr. Paul & Kh. Thekla in Asheville for Parents 102nd Birthday!!!**



3. This Tuesday evening @ 6:00 PM @ “The Holy Cross House”: **Teaching & Fellowship w/ Dn. Joseph**



4. This Wednesday morning at 10:20 AM @ “The Ark”: **Garden of the Heart Children’s Gathering.**



5. THIS Thursday, May 21st: **Great Feast of the Ascension of Christ:**

Wednesday evening from 6-8 PM / Great Vespers & Festal Orthros

(NO Litia & Artoklasia)

Thursday morning @ 9:00 AM: Divine Liturgy served by Fr. Timothy McCoy from Holy Cross Church



6. This next Sunday, May 24th: **Schedule for Divine Services as normal, w/ Fr. Andrew Bardwell serving!**



Looking Ahead

1. Sunday, May 31st: **The Great Feast of Pentecost**
.....with Coffee Hour, "The Kneeling Prayers" and we will take an all Parish Photograph God-willing!



2. Mon. June 1st – Tues. June 9th: **Fr. Paul & Kh. Thekla gone to Montana for 50th Anniversary Celebration**



3. Monday, June 8th: **The Apostles Fast begins!**



4. Wednesday, June 24th: **Goldendale Monastery Feast Day!**

(Vigil the night before)



5. Monday, June 29th: **Feast of SS. Peter & Paul** / **Wedding of Arseny Lynch & Katherine Pyle**



NORMAL SCHEDULE FOR DAILY SERVICES

SUNDAY

8:45am – Orthros

10:00am – Divine Liturgy

Mon	Tue	Wed	Thu	Fri	Sat
Midnight <u>Divine Liturgy</u> (once or twice a month)		8:00am Orthros	8:00am Orthros		
	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Great Vespers

(Fr. Paul hears confessions on Saturday's before, during & after Vespers, & by appointment!)

On Sunday, "We should encourage the people to come to Orthros from the very beginning. In the Six Psalms of Orthros, we find all the Christian advice, wisdom, and morality. We cannot come to the Divine Liturgy and receive the Holy Communion without preparation. Orthros is about how to prepare for Divine Liturgy."

(former) **Metropolitan JOSEPH**

NAME DAYS

<i>Member</i>	<i>Name Day</i>	<i>Patron Saint</i>
Victoria Helen Phelps	May 21st	St. Helen
Helen (Dagny) Horton	May 21st	St. Helen

BIRTHDAYS AND ANNIVERSARIES

<i>Member</i>	<i>Day</i>	<i>Celebration</i>
Loukia Ullman	May 18th	Birthday
Amanda Flick	May 18th	Birthday
Moses Tomulty	May 20th	14th Birthday
Paisios & Xenia Pruitt	May 23rd	28th Anniversary

Spiritual Morsels

("If the world is against truth, then I am against the world!" St. Athanasius the Great)

Be kinder than is customary, for everyone fights their own war with its battles and losses. Live simply, love generously, consider the needs of others closely, speak softly..... and leave the rest to the Lord. It is love that constitutes the true image of a Christian; it is not faith, dogmatics, mysticism, asceticism, fasting or long prayers. Everything loses its power without this key part, which is love for one's neighbor. **St Luke of Crimea**

God did not make the first human because He needed the company, but because He wanted someone to whom He could show His generosity and love. God did not tell us to follow Him because He needed our help, but because He knew that loving Him would make us whole. **St. Irenaeus**

All vice is caused by self-esteem and sensual pleasure; you cannot overcome passion without hating them.

St Mark the Ascetic

EVERY PHYSICAL AND SPIRITUAL TASK WHICH DOES NOT INVOLVE PAIN AND TOIL AND TROUBLE NEVER BEARS FRUIT FOR THE PERSON WHO ENGAGES IN IT, FOR THE KINGDOM OF HEAVEN IS TAKEN BY VIOLENCE AND THE VIOLENT LAY HOLD OF IT. **ST. IGNATIUS BRIANCHANINOV**

When you have finished your prayers, restrain your tongue. The tongue is capable of quickly dispersing what you have worked to gather. **St. John of the Ladder**

Initially grace arouses the conscience in a divine manner. That is how even sinners have come to repent and so to conform to God's will. **St. Kosmas Aitolos**

[On Christ] He began to preach at the age of thirty, having become a full-grown man, so as to teach us not to jump out of line and go before those who are greater than us in mind and virtue, that is, are more intelligent and virtuous than we, especially if we are still young and not perfect in understanding and virtue. **Venerable Symeon the New Theologian**

Once some thieves came to an old hermit and said, "We are taking everything in your cell." He answered, "Take whatever you need, my children." They took almost everything in the cell and left. But they missed a little bag of money that was hidden. The elder picked it up and went after them, crying, "Children! You forgot something!" The thieves were amazed. Not only did they not take the money, but they returned everything that they had taken. "Truly," they said, "this is a man of God." **Sayings of the Desert Fathers**

When a man is about to pray, he must humble his proud heart, must cast away earthly vanity from it, and must bring into it living and undoubting faith. **Righteous John, Wonderworker of Kronstadt**

The Holy Fathers say that just as even the smallest speck of dust prevents us from seeing, so too does even the slightest care prevent us from praying. A carefree life is needed for pure prayer. **Elder Thaddeus(Strabulovich) of Vitovnica**

For this reason, my dear (N), do not lose heart when you fall into some sin, but blame yourself before God, repent of your transgression and do not blame anyone else. Humble yourself, admit your fault and ask the Lord to plant in you His Holy Commandments. **Abbot Nikon Vorobiev**

Photos of our Parish

Raphael & Paisia's Wedding



Rd. John Raymond & Mariam's wedding

