

Diocese of
Los Angeles
and the
West

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PROPHET ELIJAH

Antiochian Orthodox Church



Apolytikion / Troparion (Tone 4)

*The incarnate Angel, and
the Prophet's summit and boast,
the second forerunner of the
coming of Christ our God,
Elijah, the glorious, from above
sent down his grace upon Elisha;
he doth cast out sickness
and also cleanse lepers,
and unto all that honor him,
he poureth forth streams of cures.*

Our Mission is dedicated to the Prophet Elijah,
Patron and protector of our community.

Sunday, July 13th, 2025
Sunday of the Holy Fathers of the Fourth Ecumenical Council

Tone 4 / Eothinon 5
Epistle: St. Titus 3:8-15
Gospel: St. Matthew 5:14-19
Homilist: Fr. Paul Moses Jaroslaw

OUR PASTOR:

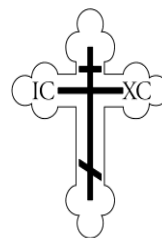
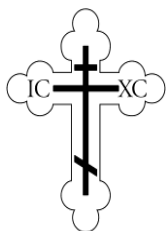
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OUR DEACONS: Rev. Dn. Basil Hinkle & Rev. Dn. Joseph Frangipani

OUR METROPOLITAN:
+Metropolitan SABA

OUR BISHOP: +Bishop ANTHONY

Attached Clergy: Rev. Fr. Andrew Bardwell



Announcements for the Week

1. Today, Sunday, July 13th: **NO Midnight Divine Liturgy** (12:00 AM) On hold for just a bit, again!



2. This Wednesday evening, July 16th @ 6:00 PM: **Divine Liturgy** (The Great Martyr Marina of Antioch)



3. This Thur. July 17th @ 3:00 PM in Yakima: **Sacrament of Marriage for Phanouria Phelps & Isaac Colyar**



4. This Friday evening, July 18th @ 6:00 PM: **Divine Liturgy** (St. Elizabeth the New-Martyr)



5. This NEXT Sunday, July 20th: **Prophet Elijah Patronal Feast Day & Baptism of 7 Catechumens**.....
.....& **Wedding Crowning of the Hortons in the afternoon!**



Looking Ahead

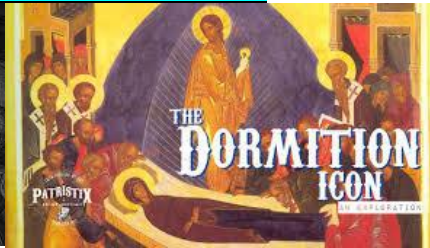
1. NEXT Monday, July 21st – Friday, July 25th: **Fr. Paul in Chicago for Antiochian Archdiocese Convention**



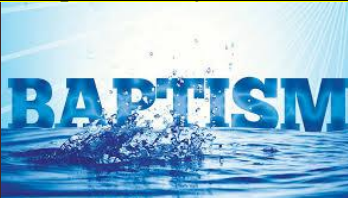
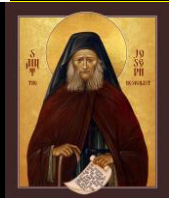
2. Saturday, August 2nd – Wednesday, August 13th: **Fr. Paul & Kh. Thekla in Alaska.**



3. Friday, August 15th: **The Great Feast of the Dormition of the Theotokos**



4. Saturday, August 16th: **Feast of St. Joseph the Hesychast, & Baptism of Jacob Kanopacek & James Hardy**



NORMAL SCHEDULE FOR DAILY SERVICES

SUNDAY

8:45am – Orthros

10:00am – Divine Liturgy

Mon	Tue	Wed	Thu	Fri	Sat
Midnight <u>Divine</u> <u>Liturgy</u>		8:00am Orthros	8:00am Orthros		
	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Great Vespers

(Fr. Paul hears confessions on Saturday's before & after Vespers, & by appointment!)

On Sunday, "We should encourage the people to come to Orthros from the very beginning. In the Six Psalms of Orthros, we find all the Christian advice, wisdom, and morality. We cannot come to the Divine Liturgy and receive the Holy Communion without preparation. Orthros is about how to prepare for Divine Liturgy."

(former) **Metropolitan JOSEPH**

NAME DAYS

<u>Member</u>	<u>Name Day</u>	<u>Patron Saint</u>
Marina Tomulty	July 17 th	St. Marina the Great Martyr
Bethany Elizabeth Hill	July 18 th	St. Elizabeth the New- Martyr
Laura Elizabeth Hinkle	July 18 th	St. Elizabeth the New- Martyr
Seraphim (Bear) Ramsey	July 19 th	St. Seraphim of Sarov

BIRTHDAYS AND ANNIVERSARIES

<u>Member</u>	<u>Day</u>	<u>Celebration</u>
George & Lucia Paine	July 16 th	20 th Anniversary
Maria Collum (Moses Lake)	July 18 th	Birthday

Spiritual Morsels

("If the world is against truth, then I am against the world!" St. Athanasius the Great)

Dishonor is medicine for a self-centered soul. **Abba Zosimas**

...NIGHT POSSESSED US AND THE SHADOW OF DEATH ENCOMPASSED US, FOR WE HAD FALLEN INTO SIN AND LOST THE POWER OF SIGHT WHICH WAS OURS BY GOD'S GRACE AND BY WHICH WE WERE ABLE TO PERCEIVE THE LIGHT THAT BESTOWS TRUE LIFE. NIGHT AND DEATH HAD BEEN POURED OUT ON OUR HUMAN NATURE, NOT BECAUSE OF ANY CHANGE IN THE TRUE LIGHT, BUT BECAUSE WE HAD TURNED ASIDE AND NO LONGER HAD ANY INCLINATION TOWARDS THE LIFE-BEARING LIGHT. IN THE LAST TIMES, HOWEVER, THE GIVER OF ETERNAL LIGHT AND SOURCE OF TRUE LIFE HAS HAD MERCY UPON US.

ST. GREGORY PALAMAS

When **Saint Sisoës** lay upon his deathbed, the disciples surrounding the Elder saw that his face shone like the sun. They asked the dying man what he saw. Abba Sisoës replied that he saw Saint Anthony, the prophets, and the apostles. His face increased in brightness, and he spoke with someone. The monks asked, "With whom are you speaking, Father?" He said that angels had come for his soul, and he was entreating them to give him a little more time for repentance. The monks said, "You have no need for repentance, Father." Saint Sisoës said with great humility, "I do not think that I have even begun to repent." After these words the face of the holy abba shone so brightly that the brethren were not able to look upon him. Saint Sisoës told them that he saw the Lord Himself. Then there was a flash like lightning, and a fragrant odor, and Abba Sisoës departed to the Heavenly Kingdom. *Sayings of the Desert Fathers*

"It is true, unfortunately, that there is so much filth in this world that no matter what path the soul - which desires purity - may follow, it will get soiled. The difference is that God will not make the same demands on a Christian, who wishes to remain pure today, that He made in the past. Purity requires nerves of steel; a young man must try every means to resist temptation, and he will surely have God's help. When divine eros is kindled in his heart, the burning is such that every other desire and unseemly picture will be burned out. When this divine fire is burning within us, we experience pleasures so divine that all other pleasures pale in comparison. When we taste the heavenly manna, wild carobs will mean nothing to us. This is why we should hold fast to the steering wheel [*the Gospel teachings, expressed through the Patristic Fronema (mind-set) of the Faith*], make the sign of the Cross and not be afraid. After every little struggle, heavenly delights follow. If we are brave when temptation comes, God and Panaghia will help miraculously."

"The Elder Augustinos told me the following story: When he was a young novice, he lived in a Monastery in his native Russia. Most of the Fathers there were old, and so they would use him for various chores — such as helping a monastery employee with fishing, the Monastery's main means of support. One day, the daughter of that employee came and asked her father to return home, for an emergency, and she stayed to help in his place. But the poor girl was seized by temptation, and came on the novice with sinful intentions — without thinking. Antonios, this was his name when he was in the world, was taken aback, because everything happened so suddenly. He crossed himself and said: 'My Christ, I'd rather drown than sin!' and plunged himself into the sea. But the good Lord, seeing the heroism of this young man, ... [desiring] to remain chaste, kept him afloat and completely dry! 'You see,' he explained to me, I jumped - head first - into the river, and I still cannot figure out how I found myself standing up — with my clothes dry!' At that moment, he felt an internal peace and inexpressible sweetness, which made every sinful thought and carnal desire, caused by the indecent gestures of the young woman, go away. When she saw Antonios standing up on the water, she was overcome by repentance; and started weeping — deeply moved by this great miracle."

ST. PAISIOS OF MT. ATHOS

Photos of our Parish

Isaac Colyer & Phanouria Phelps getting married this Thursday, July 17th !

