

Diocese of
Los Angeles
and the
West

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PROPHET ELIJAH

Antiochian Orthodox Church



Apolytikion / Troparion (Tone 4)

*The incarnate Angel, and
the Prophet's summit and boast,
the second forerunner of the
coming of Christ our God,
Elijah, the glorious, from above
sent down his grace upon Elisha;
he doth cast out sickness
and also cleanse lepers,
and unto all that honor him,
he poureth forth streams of cures.*

Our Mission is dedicated to the Prophet Elijah,
Patron and protector of our community.

Sunday, July 27th, 2025
Great-Martyr and Healer Panteleimon
& Seventh Sunday of Matthew

Tone 6 / Eothinon 7
Epistle: 2nd Timothy 2:1-10
Gospel: St. Matthew 9:27-35
Homilist: Dn. Joseph Frangipani

OUR PASTOR:

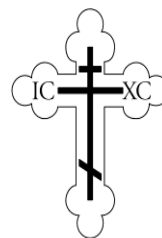
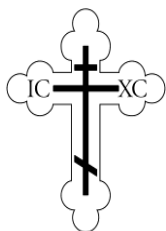
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OUR DEACONS: Rev. Dn. Basil Hinkle & Rev. Dn. Joseph Frangipani

OUR METROPOLITAN:
+Metropolitan SABA

OUR BISHOP: +Bishop ANTHONY

Attached Clergy: Rev. Fr. Andrew Bardwell



Announcements for the Week

1. Today, Sunday July 27th: **Readers Orthros @ 8:00 AM** / **Baptism of 5 Catechumens (The Horton family) @ 9:00 AM** / & **Divine Liturgy about 10:30 AM** / *(followed by Festal Luncheon)*
& **Wedding Crowning of the newly Illumined Anthony & Olga Horton in the afternoon, about 2:00 PM!**



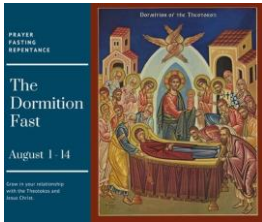
2. Tonight, Sunday, July 20th: **NO Midnight Divine Liturgy** (12:00 AM) On hold for just a bit, again!



3. **NO..... Divine Liturgies this Wednesday & Friday evenings...**



4. This Friday, August 1st- Friday, August 15th: **The Dormition Fast.....begins!**



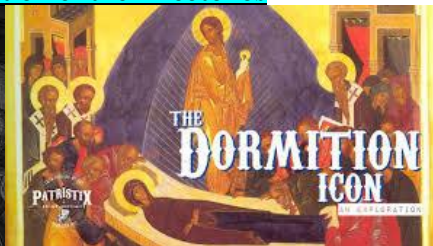
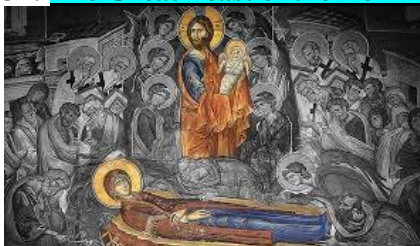
We abstain from all meat, meat products, dairy products, fish, olive oil, wine and eggs. Shellfish may be eaten. Olive oil and wine are permitted on Saturday and Sunday, **only**. On the **Feast of the Transfiguration**, Aug. 6, fish, olive oil and wine are permitted. If the Feast of the Dormition falls on a Wednesday or a Friday we may use fish, wine and oil on that Feast also, but not meat, dairy products or eggs.

5. **(This Friday late evening)** Saturday, August 2nd – Wednesday, August 13th: **Fr. Paul & Kh. Thekla in Alaska.**

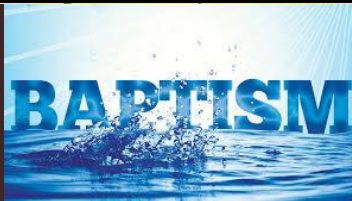
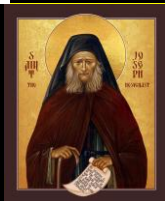


Looking Ahead

1. Friday, August 15th: **The Great Feast of the Dormition of the Theotokos**



3. Saturday, August 16th: **Feast of St. Joseph the Hesychast, & Baptism of Jacob Konopasek & James Hardy**



NORMAL SCHEDULE FOR DAILY SERVICES

SUNDAY

8:45am – Orthros

10:00am – Divine Liturgy

Mon	Tue	Wed	Thu	Fri	Sat
Midnight <u>Divine</u> <u>Liturgy</u>		8:00am Orthros	8:00am Orthros		
	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Great Vespers

(Fr. Paul hears confessions on Saturday's before & after Vespers, & by appointment!)

On Sunday, "We should encourage the people to come to Orthros from the very beginning. In the Six Psalms of Orthros, we find all the Christian advice, wisdom, and morality. We cannot come to the Divine Liturgy and receive the Holy Communion without preparation. Orthros is about how to prepare for Divine Liturgy."

(former) **Metropolitan JOSEPH**

NAME DAYS

<u>Member</u>	<u>Name Day</u>	<u>Patron Saint</u>
Dn. Joseph Frangipani	July 31st	St. Joseph of Arimathea

BIRTHDAYS AND ANNIVERSARIES

<u>Member</u>	<u>Day</u>	<u>Celebration</u>
Gideon Paine	July 30th	15th Birthday

Spiritual Morsels

("If the world is against truth, then I am against the world!" St. Athanasius the Great)

WHEN YOU ARE SLANDERED, AND THEREFORE GROW DISTURBED AND SICK AT HEART, IT SHOWS THAT PRIDE IS IN YOU, AND THAT IT MUST BE WOUNDED AND DRIVEN OUT BY OUTWARD DISHONOR. THEREFORE DO NOT BE IRRITATED BY DERISION, AND DO NOT BEAR MALICE AGAINST THOSE WHO HATE YOU AND SLANDER YOU, BUT LOVE THEM AS YOUR PHYSICIANS, WHOM GOD HAS SENT YOU TO INSTRUCT YOU AND TO TEACH YOU HUMILITY, AND PRAY TO GOD FOR THEM. **ST JOHN OF KRONSTADT**

By meditation on death, bridle your eyes, which are ready to waste hour after hour looking at physical beauty.
St. John Climacus

IF WE MAKE EVERY EFFORT TO AVOID DEATH OF THE BODY, STILL MORE SHOULD IT BE OUR ENDEAVOR TO AVOID DEATH OF THE SOUL. THERE IS NO OBSTACLE FOR A MAN WHO WANTS TO BE SAVED OTHER THAN NEGLIGENCE AND LAZINESS OF SOUL. **ST. ANTHONY THE GREAT**

God is the fire, which warms and ignites the heart and the inward parts; when we feel in our hearts the chill which is of the devil (for the devil is cold), let us call on the Lord and He will come to warm our heart with perfect love, not only to Him but to our neighbor. **St. Seraphim of Sarov**

The first step is to know that you are weak, and that Christ will be there.
Archmandrite Jacob of Hamatoura

If anyone surrenders himself to simplicity and voluntary innocence, he no longer gives the devil time or place to attack him. **St. John of the Ladder**

"In the old days, when we had fools-for-Christ, there were very few crazy people in the world. Perhaps we should pray to those who have been fools for Christ's sake, to heal today's natural fools; and help them become fools-for-Christ! Today, at any rate, one can see the strangest things. Someone told me - and I crossed myself when I heard it - that the fashion these days is to wear patched clothes. It's the work of young people, who have nothing to do; so they rub their clothes - wear them down, here and there - and then cut and sew rough patches on them. Now that is natural in a hard-working man, but it does not make sense in someone that is lying around all day. And the man went on, 'Let me tell you, Geronta, about another case that is even more bizarre. My wife ran into the son of a family friend, in Omonoia Square in Athens; and the young man was wearing a pair of pants torn in the back. "Dear," she said, "put your hand in the back..." 'Get off my case,' the young man replied, 'that's the fashion!' Poor souls!"

"Once, to test the wise Solomon, they presented him with a group of boys and a group of girls, identically dressed, to see if he could tell them apart. He led them to a fountain, and asked them to wash their faces. He was able to tell the boys from the girls, by watching the way they washed their faces. The girls were throwing water on their faces, carefully and gently, while the boys were splashing it — making noise with their palms. Today, men are imitating women to such a degree that, many times, you cannot tell them apart. In the old days, you could tell a man from a woman from as far away as 500 meters. Nowadays, it's difficult to tell them apart — even up close. 'Is it a man,' you wonder, 'or is it a woman?' This is as prophesy goes: that a time will come when we will not be able to tell the difference between men and women."

"I remember, when I was at the Sinai Monastery, things were getting out of hand. It was bad. The sight of the female tourist visiting the Monastery would give me such pain. They looked awful. It was like seeing beautiful Byzantine ikons thrown in the garbage can; except that, in this case, they had put themselves there. Once, I saw a woman wearing

something like a cape; and I said to myself: 'Thank God! Here's one who is wearing something decent — whatever it may be. At least, she is not like the others.' But when she turned around, I realized that it was all open in the front! What is this world coming to? Once, they sent me a picture of a bride; and asked me to pray that her marriage would be a good one. She was wearing this awful wedding gown. When they dress this way, they are showing irreverence to the Mystery of Marriage and to the Church, whose space is sacred. These are supposedly spiritual people, and yet they don't seem to think twice about their dress. ... That's why I am saying that if Monasteries do not hold the line, no one else will put the breaks on people. They are out of control."

St. Paisios of Mt. Athos

"Every mother is a martyr, and in the first place a Christian mother. Why? Because she works tirelessly day and night and takes care of the physical and spiritual health of her children. This is the truth of our earthly world, the truth that the Heavenly worlds admire. Because if there is anything on earth that the Angels of Heaven admire, it is a good Christian woman, a good mother, a good wife. Nothing is more difficult or more responsible in our earthly world than the duty of a Christian mother." **St. Justin Parvu of Romania (+2013):**

Photos of our Parish

Fr. Paul with old friends, Protodeacon John & Rebecca Coleman (from the early days in Eagle River) in Chicago at the Antiochian Convention..... It has been over 30 years from the last time they were together!



