

Diocese of
Los Angeles
and the
West

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PROPHET ELIJAH

Antiochian Orthodox Church



Apolytikion / Troparion (Tone 4)

*The incarnate Angel, and
the Prophet's summit and boast,
the second forerunner of the
coming of Christ our God,
Elijah, the glorious, from above
sent down his grace upon Elisha;
he doth cast out sickness
and also cleanse lepers,
and unto all that honor him,
he poureth forth streams of cures.*

Our Mission is dedicated to the Prophet Elijah,
Patron and protector of our community.

Sunday, September 7th, 2025
Sunday before the Elevation of the Cross
& Forefeast of the Nativity of the Theotokos
Tone 4 / Eothinon 2

Epistle: Galations 6:11-18
Gospel: St. John 3:13-17
Homilist: Dn. Joseph Frangipani

OUR PASTOR:

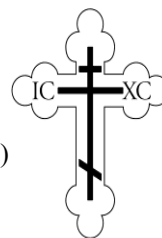
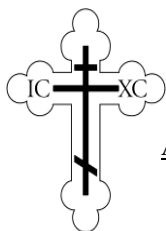
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OUR DEACONS: Rev. Dn. Basil Hinkle & Rev. Dn. Joseph Frangipani

OUR METROPOLITAN:
+Metropolitan SABA

OUR BISHOP: +Bishop ANTHONY

Attached Clergy: Rev. Fr. Andrew Bardwell (Retired)



Announcements for the Week

1. Today, Sunday, September 7th:

Celebrating a belated 90th birthday for Herman Nedrow at Coffee Hour!!! (August 29th)



2. Tomorrow, Monday, September 8th: **Great Feast of the Nativity of the Theotokos....**

(Vigil for the Feast tonight, Sunday evening @ 5 – 7:30 PM) ... Divine Liturgy @ 6:00 PM Monday evening.....



3. Tuesday, Sept. 9th: **Patronal Feast for SS. Joachim & Anna Mission in Goldendale:**

Divine Liturgy @ 9:00 AM



4. **NO** Wednesday evening Divine Liturgy.... Vespers @ 6:00 PM instead...

5. This **Friday** evening, September 12th @ 6:00 PM: **Divine Liturgy: (Leave-Taking of the Feast of the Nativity)**



Looking Ahead

1. NEXT Sunday, September 14th: **The Great Feast of the Elevation of the Cross & Patronal Feast Day for the Church in Yakima, and a visit from our Bishop ANTHONY!**

8:45 AM Festal Orthros / 9:30 AM Hierarchical Divine Liturgy



*We will close down the Church in Ellensburg this Sunday, and gather around our Bishop Anthony, as we celebrate this Feast with our brethren in Yakima!.....**At least 90 of us coming!***

4. Monday, September 15th - Thursday, September 18th:

Pacific Northwest Deanery Retreat @ Goldendale Monastery with our Bishop ANTHONY



5. **The week beginning Monday, September 22nd: Teaching times beginning again soon!**

A. Monday evenings @ 7 PM- **Bible Study in Cle Elum** & on Zoom w/ Dn. Basil Hinkle

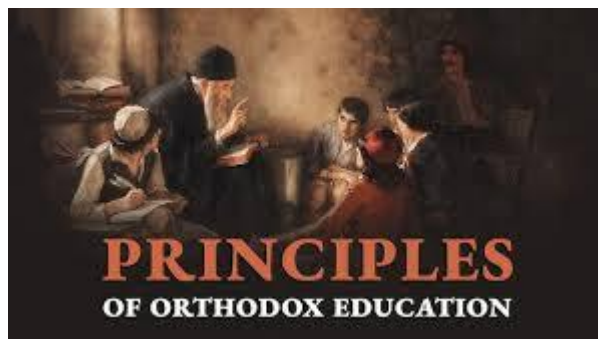
B. Tuesday evenings @ 6 PM- **Teachings @ The Holy Cross House** for college age (and anyone) w/ Dn. Joseph

C. Thursday evenings @ 7 PM- **Teachings @ the Church Office & on Zoom: "Pearls of the Spiritual Life" ...** (using the books: "Unseen Warfare", "The Ascetical Homilies of St. Isaac of Syria" & "The Evergetinos-Sayings of the Desert Fathers") w/ Fr. Paul +

D. Sunday's @ 1 PM (after Coffee Hour) @ the Church / **Inquirers & Catechism Class** w/ Fr. Paul+

E. Sunday evenings from 5:00-7:00 PM **in Soap Lake** (we have 14 people from the **Moses Lake** area interested) **Inquirers / Catechism Class** w/ Fr. Paul & Fr. Andrew... alternating with Dn. Basilevery other Sunday.

TEACHING TIMES BEGINNING AGAIN!!!



NORMAL SCHEDULE FOR DAILY SERVICES

SUNDAY

8:45am – Orthros

10:00am – Divine Liturgy

Mon	Tue	Wed	Thu	Fri	Sat
Midnight <u>Divine Liturgy</u> (Once a month, for now)		8:00am Orthros	8:00am Orthros		
	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Great Vespers

(Fr. Paul hears confessions on Saturday's before & after Vespers, & by appointment!)

On Sunday, "We should encourage the people to come to Orthros from the very beginning. In the Six Psalms of Orthros, we find all the Christian advice, wisdom, and morality. We cannot come to the Divine Liturgy and receive the Holy Communion without preparation. Orthros is about how to prepare for Divine Liturgy."

(former) **Metropolitan JOSEPH**

NAME DAYS

<u>Member</u>	<u>Name Day</u>	<u>Patron Saint</u>
Anna Smith	September 9 th	St. Anna

BIRTHDAYS AND ANNIVERSARIES

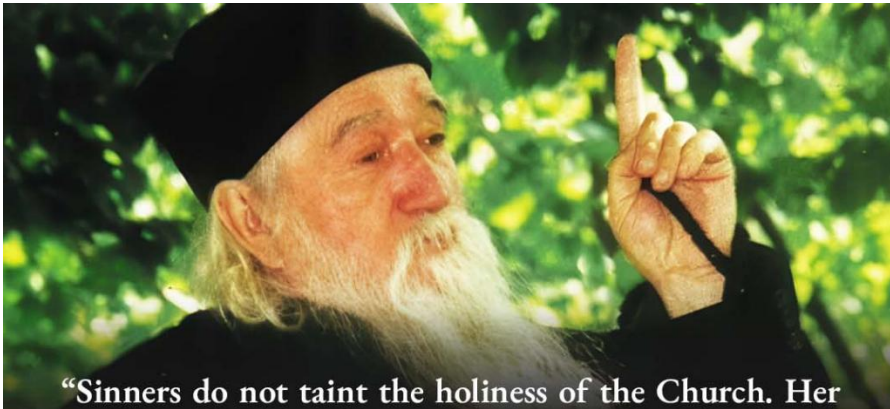
<u>Member</u>	<u>Day</u>	<u>Celebration</u>
Anthony & Olga Horton	September 7 th	13 th Anniversary
Evangelos Bronkhorst	September 7 th	Birthday
Dimitri & Sophia Dymant	September 8 th	Anniversary
Joanna Vlassopoulos	September 10 th	Birthday
Katherine Pyle	September 13 th	18 th Birthday

Spiritual Morsels

("If the world is against truth, then I am against the world!" St. Athanasius the Great)


ONE SHOULD HAVE A CONSCIENCE WHICH IS CLEAN AND CANDID, AS THE APOSTLE SAYS: 'HEREIN DO I EXERCISE MYSELF, TO HAVE ALWAYS A CONSCIENCE VOID OF OFFENCE BEFORE GOD AND MEN (ACTS 24:16); FOR WE TRUST WE HAVE A GOOD CONSCIENCE, IN ALL THINGS WILLING TO LIVE HONESTLY (HEB. 13:18).' FOR JUST AS IT IS IMPOSSIBLE FOR RAIN TO FALL WITHOUT CLOUDS, SO TOO WITHOUT A GOOD CONSCIENCE IS IT IMPOSSIBLE TO BE WELL PLEASING TO THE LORD. WHAT IS MADE MANIFEST IS LIGHT, AND WHAT IS NOT MADE MANIFEST IS DARK; THEREFORE LET US REVEAL TO OUR FATHER NOT ONLY WHAT WE SAY, BUT ALSO WHAT WE THINK. AND THERE WILL COME A TIME WHEN WE SHALL BE JUDGED NOT ACCORDING TO THE BOOK OF KNOWLEDGE AND UNDERSTANDING, BUT ACCORDING TO THE BOOK OF CONSCIENCE. **ABBOT NAZARIUS**

In short, let every action be a cause of your remembering and praising God, and lo! you will be praying without ceasing and therein your soul will always rejoice. **St. Peter of Damascus**



“Sinners do not taint the holiness of the Church. Her mission is exactly this: to extend sanctification to sinners. All men are sinners and no one can say that he is without sin (James 3:2). Some heterodox allege that only holy people are assembled in their community. However, they suppose falsely, since even the vessel of election himself, the Apostle Paul, says that he is the worst of sinners (1 Tim. 1:15). The Saviour likens His Church to the parables of the field containing the wheat and the tares (Mt. 13:24-30) and the net that catches both good and worthless fish (Mt. 13:47-50)... The Saviour did not come to call the righteous but sinners to repentance, because ‘they that are whole need not a physician, but they that are sick. (Mat. 9:12)”

St. Cleopa of Romania
The Truth of our Faith (p. 41)



Photos of our Parish

Sheet-Rocking the Altar, Nave & Narthex, a long time ago!

