

Diocese of
Los Angeles
and the
West

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PROPHET ELIJAH

Antiochian Orthodox Church



Apolytikion / Troparion (Tone 4)

*The incarnate Angel, and
the Prophet's summit and boast,
the second forerunner of the
coming of Christ our God,
Elijah, the glorious, from above
sent down his grace upon Elisha;
he doth cast out sickness
and also cleanse lepers,
and unto all that honor him,
he poureth forth streams of cures.*

Our Mission is dedicated to the Prophet Elijah,
Patron and protector of our community.

Sunday, November 30th, 2025
The Holy Apostle Andrew the First-Called

Tone 8 / Eothinon 3
Epistle: 1st Corinthians 4:9-16
Gospel: St. John 1:35-51
Homilist: Dn. Joseph Frangipani

OUR PASTOR:

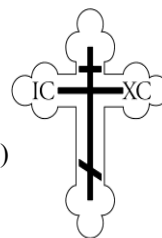
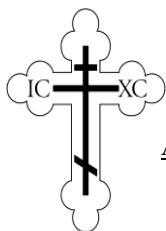
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prophetelijahellensburg@gmail.com / www.prophetelijah.net

OUR DEACONS: Rev. Dn. Basil Hinkle & Rev. Dn. Joseph Frangipani

OUR METROPOLITAN:
+Metropolitan SABA

OUR BISHOP: +Bishop ANTHONY

Attached Clergy: Rev. Fr. Andrew Bardwell (Retired)



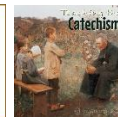
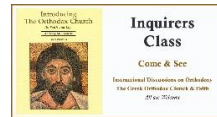
Announcements for the Week

1. Today, Sunday, November 30th:

ALL CHURCH MEETING after COFFEE HOUR!

And.....later today, Sunday, November 30th: **Inquirer & Catechism class in Soap Lake:**

@ **5:00-7:00 PM** at Dorotheos Bragar's home in Soap Lake (284 RD. 18.8 NE 98851) (W/ Dn. Basil)



2. Tonight, Sunday night / Monday morning, December 1st: **Midnight Divine Liturgy** (12:00 AM)



"THE GATES OF PARADISE OPEN AT MIDNIGHT!"

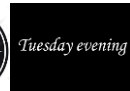
3. This Monday evening @ 7:00 PM: **Bible Study with Dn. Basil on Zoom or at Cle Elum**



4. This Tuesday evening @ 6:00 PM @ "The Holy Cross House": **Teaching & Fellowship w/ Dn. Joseph**



5. This Tuesday evening @ 7:00 PM @ "The Ark" ... (and on Zoom): **Marriage and Family Seminar** (6 weeks)
.....w/ Fr. Andrew & Kh. Charitina Bardwell (Hand-outs for this session will follow!)



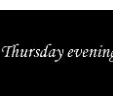

6. This Wednesday morning @ **"The ARK": Garden of the Heart Children's Gathering continues!**



7. **No! NO Divine Liturgies this Wednesday or Friday!**



8. This Thursday evening @ 7 PM: **Teaching Time Together w/ Fr. Paul in the Church Office and on Zoom: "Pearls of the Spiritual Life"** (using the books: "Unseen Warfare", "The Ascetical Homilies of St. Isaac of Syria" & "The Evergetinos-Sayings of the Desert Fathers")



(Contact Fr. Paul for the Zoom link)

9. This Friday-Saturday, December 5-6: **Retreat with Fr. Josiah Trenham in Yakima @ Holy Cross Church!**



(See the attached PDF)

Looking Ahead

1. NEXT Sunday, December 7th:

St. Nicholas Festivities for the Children!



2. Thursday, December 25th :

The Great Feast of the Nativity of Christ!!!



See the Attached PDF for Service Times!!!!

2. Thursday, January 1st: **The Feast of St. Basil the Great, the Circumcision of the Lord & New Years!**

Come join us on **Wednesday evening, December 31st** for the Vigil of the Feast beginning @ 9:30 PM
.... w/ a **Midnight Divine Liturgy** followed by breakfast together @ IHOP ...

.....and the cutting of the 1st Vasilopita!!!!



NORMAL SCHEDULE FOR DAILY SERVICES

SUNDAY

8:45am – Orthros

10:00am – Divine Liturgy

Mon	Tue	Wed	Thu	Fri	Sat
Midnight <u>Divine Liturgy</u> (twice a month)		8:00am Orthros	8:00am Orthros		
	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Vespers	6:00pm <u>Divine Liturgy</u>	6:00pm Great Vespers

*(Fr. Paul hears **confessions** on Saturday's before, during & after Vespers, & by appointment!)*

*On Sunday, "We should encourage the people to come to Orthros from the very beginning. In the Six Psalms of Orthros, we find all the Christian advice, wisdom, and morality. We cannot come to the Divine Liturgy and receive the Holy Communion without preparation. Orthros is about how to prepare for Divine Liturgy."
(former) **Metropolitan JOSEPH***

NAME DAYS

<i>Member</i>	<i>Name Day</i>	<i>Patron Saint</i>
Fr. Andrew Bardwell	November 30th	St. Andrew the First-Called
Andrew Bronkhorst	November 30th	St. Andrew the First-Called
Nicole Pruitt	December 6th	St. Nicholas
Nicholas Marcu	December 6th	St. Nicholas

BIRTHDAYS AND ANNIVERSARIES

<i>Member</i>	<i>Day</i>	<i>Celebration</i>
Pearl Margaritza Tomulty	December 4th	19th Birthday
Michael Campbell	December 4th	Birthday

Spiritual Morsels

("If the world is against truth, then I am against the world!" St. Athanasius the Great)

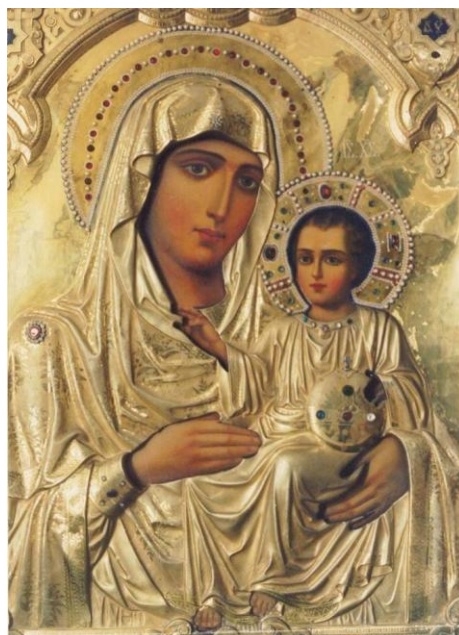
Food is not evil, but gluttony is. Childbearing is not evil, but fornication is. Money is not evil, but avarice is. Glory is not evil, but vainglory is. Indeed, there is no evil in existing things, but only in their misuse.

St. Maximus the Confessor

The devil cannot destroy our unity if we do not help him. The devil can never conquer us if we do not surrender ourselves to him. – **St. Nicholai of Zica**

From St. Paisios of Mt. Athos: “Geronta, which ikon of Panaghia best represents her?” “The Panaghia of Jerusalem. Once I saw her at the Kalyvi ... If I tell you, to how many will you tell?” “To no one, Geronta.” Well, I saw in a vision that I was to go on a long journey; and I had to prepare my papers, a passport, currency and so forth. But the employees would not prepare my papers. There were many people there, but no one to help me. ‘Who will help me?’, I asked. ‘Well, is there anyone who will show any interest?’ I was in such agony. ... And suddenly, a woman appeared — with a bright face, dressed in gold garments. She had such beauty about her! She shone entirely! ‘Do not worry; I will help you. My Son is King,’ she told me, and gently touched my shoulder. She took the papers. And with one swift movement, placed them in her bosom. Oh, what a movement it was! ‘People will go through difficult days.’ And then, she related something that I also had to do. (*) After a long time, I saw the Panaghia of Jerusalem in a book. And I recognized her.” (*) - The Elder said this in 1984, and did not offer any explanations.

Here, my dear Brothers & Sisters in Christ, is a Photograph of the Jerusalem Panaghia:



Photos of our Parish

A THANKSGIVING CELEBRATION A LONG TIME AGO IN THE CHURCH!

