

Diocese of  
Los Angeles  
and the  
West

T  
H  
E  
R  
A  
V  
E  
N

# PROPHET ELIJAH

*Antiochian Orthodox Church*



## **Apolytikion / Troparion** (Tone 4)

*The incarnate Angel, and  
the Prophet's summit and boast,  
the second forerunner of the  
coming of Christ our God,  
Elijah, the glorious, from above  
sent down his grace upon Elisha;  
he doth cast out sickness  
and also cleanse lepers,  
and unto all that honor him,  
he poureth forth streams of cures.*

Our Mission is dedicated to the Prophet Elijah,  
Patron and protector of our community.

**Sunday, May 11<sup>th</sup>, 2025**  
**Fourth Sunday of Pascha / Sunday of the Paralytic**

***Tone 3 / Eothinon 5***  
***Epistle: Acts 9:32-42***  
***Gospel: St. John 5:1-15***  
***Homilist: Dn. Joseph Frangipani***

### **OUR PASTOR:**

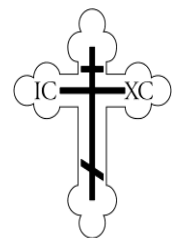
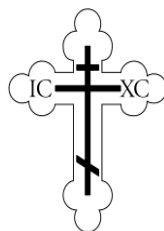
V. Rev. Paul Moses Jaroslaw  
107 S Dennis St. / P.O. Box 1210  
Ellensburg, Washington 98926  
Church: (509) 933-2720. / Pastor: (907) 299-1087  
prophetelijahellensburg@gmail.com / www.prophetelijah.net

**OUR DEACONS:** Rev. Dn. Basil Hinkle & Rev. Dn. Joseph Frangipani

**OUR METROPOLITAN:**  
**+Metropolitan SABA**

**OUR BISHOP:** +Bishop ANTHONY

**Attached Clergy:** Rev. Fr. Andrew Bardwell



# Announcements for the Week

1. Today, Sunday, May 11<sup>th</sup>: **Continuation of Inquirers / Catechism class @ 1:00 PM...after Coffee Hour....**



**And: Blessed Mother's Day to all the mothers of the Parish!**

**Mother's Day Festivities:** This Sunday we will purchase special desserts & fruit for all the mothers, godmothers, grandmothers & women who had mothers :). Also...there will be a special table set up for the kids to make a card for their mother for Mother's day. We will have some helpers for the littlest ones.

2. **NO!**.... **No!** ....Midnight Divine Liturgy tonight! (temporarily on hold!)

3. This Monday evening @ 7:00 PM: **Bible Study with Dn. Basil on Zoom or at Cle Elum**



4. This Tuesday evening @ 6:00 PM @ "The Holy Cross House": **Teaching & Fellowship w/ Dn. Joseph**



5. This **Wednesday** evening, May 14<sup>th</sup> @ 6:00 PM: **Divine Liturgy in Ellensburg!** **Feast of Mid-Pentecost**



6. This Thursday evening @ 7:00 PM: **Teaching Time Together w/ Fr. Paul continues in the Church Office and on Zoom... reading together the book: "Unseen Warfare"** **(Last one before taking summer break)**



7. This **Friday** evening @ 6:00 PM: **Divine Liturgy in Ellensburg!**



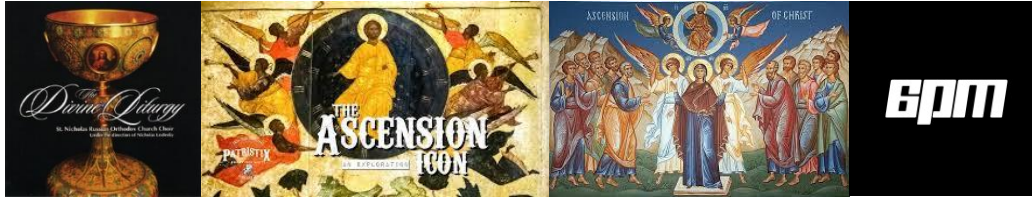
# Looking Ahead

1. Next Tues. May 20<sup>th</sup> – Wed. May 28<sup>th</sup>: **Fr. Paul & Kh. Thekla in Asheville, N. C. for parents 101<sup>st</sup> Birthday!**



2. Sunday, May 25<sup>th</sup>: **Fr. Timothy McCoy in Ellensburg to serve Divine Liturgy**

3. Thursday, May 29<sup>th</sup>: **Great Feast of the Ascension of Christ! Divine Liturgy @ 6:00 PM**



4. Sunday, June 8<sup>th</sup>: **The Great Feast of Pentecost! ... w/ Kneeling Great Vespers directly following Liturgy!**



5. Sunday, June 15<sup>th</sup>: **Father's Day softball game at nearby Rotary Park... more info to follow!**



6. Monday, June 16<sup>th</sup>: **The Apostles Fast begins!**



7. Tuesday, June 24<sup>th</sup>: **Goldendale Monastery Feast Day!**



8. Wednesday, June 25<sup>th</sup> – Friday, June 27<sup>th</sup>: **Fr. Paul in San Francisco for Parish Life Conference**



## **NORMAL SCHEDULE FOR DAILY SERVICES**

### **SUNDAY**

8:45am – Orthros

**10:00am – Divine Liturgy**

Mon	Tue	Wed	Thu	Fri	Sat
<b>Midnight</b> <b><u>Divine</u></b> <b><u>Liturgy</u></b> (temporarily postponed)		<b>8:00am</b> Orthros	<b>8:00am</b> Orthros		
	<b>6:00pm</b> Vespers	<b>6:00pm</b> <b><u>Divine Liturgy</u></b>	<b>6:00pm</b> Vespers	<b>6:00pm</b> <b><u>Divine Liturgy</u></b>	<b>6:00pm</b> Great Vespers

**(Fr. Paul hears confessions on Saturday's before & after Vespers, & by appointment!)**

*On Sunday, "We should encourage the people to come to Orthros from the very beginning. In the Six Psalms of Orthros, we find all the Christian advice, wisdom, and morality. We cannot come to the Divine Liturgy and receive the Holy Communion without preparation. Orthros is about how to prepare for Divine Liturgy."*

(former) **Metropolitan JOSEPH**

## **NAME DAYS**

<u>Member</u>	<u>Name Day</u>	<u>Patron Saint</u>
---------------	-----------------	---------------------

## **BIRTHDAYS AND ANNIVERSARIES**

<u>Member</u>	<u>Day</u>	<u>Celebration</u>
<b>Daniel &amp; Elizabeth Hinkle</b>	<b>May 12<sup>th</sup></b>	<b>1<sup>st</sup> Anniversary</b>
<b>Daniel Reese</b>	<b>May 14<sup>th</sup></b>	<b>Birthday</b>
<b>Jennifer &amp; Michael Campbell</b>	<b>May 15<sup>th</sup></b>	<b>20<sup>th</sup> Anniversary</b>

# *Spiritual Morsels*

*("If the world is against truth, then I am against the world!" St. Athanasius the Great)*

## Why Some People Feel Empty During Easter (Even Though Christ is Risen) St. Sophrony of Essex

We greet Pascha with: "Christ is Risen!" – and we celebrate our common Resurrection, and not only the Resurrection of Christ, as St. John Chrysostom says in the Paschal Homily: "Christ is risen, and not one dead remains in the grave."

Many ascetics have loved illnesses, for illness eases the battle against carnal passions. And because we have not yet overcome the passions, we cannot fully live the joy of the Resurrection. And yet, to a certain extent, we do live it. And many times it has happened to me to encounter such phenomena, that Pascha was for some a time of trials, and they experienced it as a kind of existential collapse. "Christ is risen, and not one dead remains in the grave." And I feel myself suddenly under the dominion of death! Not only when you tangibly feel the victory of the passions over you, but even in the very struggle, remember that nothing else exists except Christ, and lean on Him. There may even arise the feeling: "Look, Pascha has come, but I still lie in the death of passions." But you must not give in to this temptation, but you must believe that we shall truly rise; and not only believe, but also await, as the Holy Fathers speak wonderfully in the Symbol of Faith [the Creed]. I do not only believe in the resurrection of the dead—no! I also await it.

Say these words with deep feeling, examine yourselves, and come to know the nature of this phenomenon! If we say in the Symbol of Faith: "I await the resurrection of the dead," and in the prayers for the departed: "Give rest to him who hath fallen asleep in the hope of the resurrection unto eternal life," it means that we emphasize that, having died, we shall await our resurrection. And in the meantime: "into Your hands I commit my spirit." I wish you all to live Pascha truly, with this expectation of our common Resurrection...

---

HE WHO HAS RECEIVED A GIFT FROM GOD, AND IS UNGRATEFUL FOR IT, IS ALREADY ON THE WAY TO LOSING IT. **ST. PETER OF DAMASKOS**

---

A BROTHER ONCE CAME TO SEE ABBA MACARIUS THE EGYPTIAN AND SAID TO HIM, 'ABBA, GIVE ME A WORD, THAT I MIGHT BE HOLY.' SO THE OLD MAN SAID TO HIM, 'GO TO THE CEMETERY AND ABUSE THE DEAD.'

THE BROTHER WENT THERE, ABUSED THEM AND THREW STONES AT THEM; THEN HE RETURNED AND TOLD THE OLD MAN ABOUT IT. THE LATTER SAID TO HIM, 'DIDN'T THEY SAY ANYTHING TO YOU?'

HE REPLIED, 'NO.'

THE OLD MAN SAID, 'GO BACK TOMORROW AND PRAISE THEM.' SO THE BROTHER WENT AWAY AND PRAISED THEM, CALLING THEM APOSTLES, SAINTS, AND RIGHTEOUS MEN. HE RETURNED TO THE OLD MAN AND SAID TO HIM, 'I HAVE PRAISED THEM.'

AND THE OLD MAN SAID TO HIM, 'DID THEY NOT ANSWER YOU?' THE BROTHER SHOOK HIS HEAD NO. THEN ABBA MACARIUS SAID TO HIM, 'YOU KNOW HOW YOU INSULTED THEM AND THEY DID NOT REPLY, AND HOW YOU PRAISED THEM AND THEY DID NOT SPEAK; SO YOU TOO IF YOU WISH TO BE HOLY MUST DO THE SAME AND BECOME AS A DEAD MAN. LIKE THE DEAD, TAKE NO ACCOUNT OF EITHER THE SCORN OF MEN OR THEIR PRAISES. THIS IS THE PATH OF HOLINESS.'

---

**ABBA MACARIUS THE EGYPTIAN**

---

# *Photos of our Parish*

## DENNIS STREET FLOODING IN 2016



### Our Church Driveway



