

# PREPARE ENRICH

PREPARE/ENRICH is a global leader in **assessing and enriching marriages and relationships**. We are an advocate for healthy relationships. We're here to provide customers with the tools to make relationships last a lifetime.

## FACILITATOR CERTIFICATION TRAINING

### UPCOMING WORKSHOPS

**September 9, 2023**

**October 7, 2023**

**November 4, 2023**

**December 9, 2023**

**January 6, 2024**

**February 10, 2024**

**9 AM – 3 PM**

**LOCATION: ONLINE VIA ZOOM**

**\$225 per person**

**REGISTRATION DEADLINE: 2 WEEKS PRIOR TO EACH TRAINING**

### REGISTRATION INCLUDES:

**One day certification course, Training materials, unlimited access to Prepare/Enrich Resources, and one free assessment.**

With over 40 years of research validation, Prepare/Enrich has proven itself to be the most trusted, comprehensive relationship assessment for couples at any stage of life.

As a Prepare/Enrich Trainer, I can help you become a Certified Facilitator of the most trusted relationship assessment, so you can start showing couples the work that is crucial for growth within their unique relationship. Because your couples deserve a method that's proven, and you deserve an assessment that lives up to your standards.

The dynamic assessment uncovers the specific strength and growth areas unique to each couple. With the help of their Facilitator, couples build on their strengths giving them the confidence to work on their specific growth areas. What makes Prepare/Enrich unique? Here are some key features:

- Suitable for couples in all phases and stages of life
- Customizes to each couple, making it dynamic and in depth
- Proven effectiveness and accuracy, with incredibly high levels of alpha reliability and validity
- Highlights strengths and uncovers opportunities for growth by measuring agreement and satisfaction across core and customized relationship topics

### What does Prepare/Enrich assess?

- The couple's alignment on core areas such as communication and conflict resolution, as well as topics customized to their relationship phase and context
- The impact of family of origin experiences on each partner's perception of the couple relationship
- Positive/negative feedback cycles affecting the relationship
- Which relationship areas to focus on and which to build upon
- Stress level of each partner
- Key personality similarities and differences

## WHO CAN BENEFIT FROM BECOMING A PREPARE/ENRICH FACILITATOR?

Adoption Case Workers  
Counselors  
Life Coaches  
Marriage & Family Therapists  
Marriage Mentors  
Mental Health Professionals  
Officiants  
Relationship Coaches  
Psychologists  
Anyone who has the desire to work with and help couples!

Clergy  
Family Life Educators  
Lay Leaders  
Marriage Educators  
Marriage Ministry Coordinators  
Military Chaplains  
Pastoral Counselors  
Psychiatrists  
Social Workers

Becoming a certified Prepare/Enrich Facilitator provides you with the core knowledge and skills to confidently utilize Prepare/Enrich's proven assessment and feedback resources. After the course you will be able to:

- Prepare couples to take the assessment
- Interpret the assessment insights
- Give personalized feedback
- Initiate meaningful discussion
- Facilitate relationship skill-building exercises

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\*The Resource Kit for the Prepare/Enrich Certification Training has been approved for 7 Continuing Education distance learning hours. The cost is \$55.00 in addition to any training fees already paid. This is a separate cost and is not required for training.