



Berean Family Worship Center
One Church In Two Cities
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Wednesday, April 13, 2022 - Group Study
Lesson Series: Transforming Into The New You

Lesson Series Text: (*Rom. 12:1-3*)

Lesson (3): Changing Your Mindset

Lesson (3) Text: (*Mat. 12:34-37*)

All Scriptures are KJV; unless otherwise noted.

Prepared By Dr. Walter Henderson III

- I. Words coming from the mouth are an indicator of the heart condition of a person.
 - A. There is a direct correlation between the words that we speak and the condition of our hearts.
 - B. There is a direct connection that runs from the treasury of our hearts to our mouths.
 - a. Treasury (thesauros –thay-sow-ros´) a deposit; i.e. wealth – ¹ The New Strong's Exhaustive Concordance
 - C. The treasure can either be good or bad depending on the type of deposit made.
 - D. Either good or bad, a person will bring forth from their heart their treasury.
 - E. Our words help pave the way to our future. (*Mat. 12:36-37; Pro. 18:21*)
- II. Guard your heart. (*Pro. 4:23-24 – Keep thy heart with all diligence; for out of it are the issues of life. 24 Put away from thee a froward mouth, and perverse lips put far from thee.*)
 - A. (*Pro. 4:23-24 – Guard your heart above all else, for it determines the course of your life. 24 Avoid all perverse talk; stay away from corrupt speech. NLT*)
 - B. The power of our words. (*Heb. 11:3; Pro. 18:21*)
- III. The human soul is the control center, because the individual volition (will) is in the soul. (*Pro. 23:7 - For as he thinketh in his heart, so is he: Eat and drink, saith he to thee, but his heart is not with thee.*) The word thinketh is (*śā'ar*) and means to calculate, to estimate, to place a price on. The soul is made up of three different components: mind, will, and emotions.
 - A. The soul contains all of our past history of good and bad memories, hurts, pains, fears, etc. Each of these are connected to various emotions; good and bad.
 - B. In the above scripture, the (*heart*) is the unconscious part of the soul and contains our belief system, emotions, and long term memory.
 - C. The things that we think on, analyze, and focus on (i.e. mediate on); eventually causes the mind to come to a conclusion.
 - D. The conclusion is transferred from the head to the heart as a belief.
 - E. The mind does all of the reasoning whether something is right or wrong or true or false.
 - F. The heart accepts the beliefs. It doesn't try to judge whether the beliefs are right or wrong or good or bad.

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- G. These beliefs are called strongholds.
- H. These strongholds are the treasury of the heart.
- I. From the abundance of the heart, the mouth speaks.
- IV. The heart contains our mindsets.
 - A. Mindset – an inclination, attitude, bent, motive, actions.
 - B. The mindset is established and governed by a process: thoughts, feelings, actions, habits, and character. I will use an automobile as an analogy to convey my thoughts.
 - a. **Thoughts** (*spark plug*); **feelings** (*gasoline*); **actions** (*drive*); **habits** (*wear patterns*); **character** (*condition*).
 - C. In order to change our mindsets we must change what we have our minds set on. (*Col. 3:1-3; Rom. 8:5-6*)
- V. We must cast down the wrong strongholds. (*2 Cor. 10:5 – [Inasmuch as we] refute arguments and theories and reasonings and every proud and lofty thing that sets itself up against the [true] knowledge of God; and we lead every thought and purpose away captive into the obedience of Christ (the Messiah, the Anointed One), AMPC*)
 - A. We do this by setting our affections on the Word of God. The Word has the power to transform our thinking and pull down every reasoning, argument, and image that doesn't line up with God's Word.
 - B. This cleanses our hearts. (*Psa. 119:9-16*)
 - C. We then operate with the Mind of Christ.
- VI. The goal of transformation is to become Christ Like. (*Rom. 8:29 – For whom he did foreknow, he also did predestinate to be conformed to the image of his Son, that he might be the firstborn among many brethren.*)

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