



Founded 1934

COUNTY CAPERS

San Diego County Women's Golf Association Newsletter

July 12, 2025

UPCOMING EVENTS

2025 County Championship at Fairbanks Ranch CC

July 21st

Entries Opened: 06/02/25
Event is full

2025 Memorial Event at County Club of RB

September 22nd

Entries Open: 08/18/25
Entries Close: 08/24/25

4-Ball Championship 2025 November 3rd – Native Oaks November 17th – Singing Hills

Entries Open: 09/29/25
Entries Close: 10/05/25

2025 Holiday Event at Lomas Santa Fe CC December 1st

Entries Open: 10/27/25
Entries Close: 11/02/25



For Event Information,
go to SDCWGA.net

[Event Schedule](#)
webpage:

- *Event Registration
- *Event Status
- *Results (scroll to past events).

Reminder: You must
create a [SDCWGA](#)
[account](#) to sign-up for
events.



THE PERFECT GOLF SHOT & MEMBER SPOTLIGHT

Nancy Harned

During the 2025 SDCWGA Team Play Finals at Native Oaks G.C. in Valley Center, Nancy Harned had a 103 yard 9-iron shot for a hole-in-one on Hole #13, contributing to the Steele Canyon Ladies Championship win for the Team Play season. But this wasn't Nancy's first "ace" Here's her story:

When I was 5 years old, my Dad and I created a backyard filled with divots. I progressed to winning the Louise Jones Tournament at the local country club in Pennsylvania at 12 years of age. At 16, I qualified for the National Junior Girls Tournament at Long Vue County Club, PA. At 18, I wanted to try out for the High School Boys Golf Team but the golf coach told me it was a state law that only boys could play on the team. It was before Title IX.

When I was in college, Lew Worsham, Oakmont's Pro and a U.S. Open winner saw me practicing in the sand trap by his house. He came over to say hello and showed me how to hit a sand shot with his bear-like hands! I must have learned quickly because that led to a summer job in his Pro Shop at \$3.75/hr and a trip to Coral Ridge C.C. in Fort Lauderdale, FL to play in his tournament ... my first airplane flight! Those were great summers ... heard many Arnold Palmer stories, met Billy Casper and many other pros, attended horse racing events and played a lot of golf after work at Oakmont.

When I graduated from Slippery Rock University and University of Pittsburgh, I accepted a teaching position, had two wonderful daughters and have been happily married for 52 years. In 2005, I retired and was free to play golf again!

After joining Women's Western Golf Association in Western PA., I won the Super Senior Championship twice, had the perfect shot – Hole in One twice at Fox Chapel Golf Course in PA, once at World Woods Golf Course in FL, once at Colina Park par 3 in San Diego with my grandson, and my recent hole-in-one with Debra Patterson, Molly Smythe, and Diane Glandville on May 13, 2025 during the Team Play Championship round. It's been a highlight for me to have won the SDCWGA Team Play Championship with the Steele Canyon Ladies Association ... a fabulous group of women! Welcoming, thoughtful, and competitive. Also, I was on the Coronado Women's Golf team in 2023 when they won the Team Play Championship.

My golf swing was taught to me by Rick Martino, a PGA Pro and National Teacher of the Year at Oakmont CC, PA.

I love golf for so many different reasons. Mostly because of the wonderful people I have met, and I love to hit a great shot!

Congratulations to Nancy ... no stranger to those "perfect shots"!

CONGRATULATIONS TO THE FIELD DAY WINNERS!

June 16, 2025 @ Admiral Baker Golf Course

2-Best Ball ... with a twist!

<u>Flight</u>	<u>Pos.</u>	<u>Gross</u>	<u>Score</u>	<u>Net</u>	<u>Score</u>
1	1st	Shimo Shimasaki, Nanette Circo, Terry Dembitz, & Kathy Dastrup	113	Sandy Wichelecki, Karen Bridges, Gina Menicucci, & Linda Holmgren	94
	2nd	Cissy Russell, Jaci Mease, Diane Bishop, & Molly Smythe	114	Stacey Hayashi, Marie Horn, Ashley Stone, & Cindy Mason	96
2	1st	Lien Nguyen, Yunhee Friend, Miho Yamagami, & Stella Guo-Sorensen	125	Lois Spence, Vicki McCutchan, Nancy Routh, & Melissa Routh	95
	2nd	Janett Downes, Sumerlee Hodgson, Karen Brauer, & Pat Gallagher	128	Barbara Kleber, Patty Russell, Ann Chang, & Carolee Getch	97
3	1st	Anna Kelly, Janet Wright, Deborah Hafer, Kelly Mertes	136	Marsha Couman, Kathy Cuffaro, Sidonie France, & Madelyn Marusa	97
	2nd	Sherry Seamon, Emalee Bowles, Beverly Johnsen, & Bobbie Zinker	138	Sandy Fowler, Mercie Walsh, Cynthia Kallmeyer, & Laurie Preece	97



Simple Ways to Quicken Pace of Play & Not Feel Rushed

Your group is responsible to keep up with the group in front of you. Be aware of your position and be prepared to do what it takes to catch up. Here are actions you should take routinely to avoid falling behind:

- **Always play ready golf.** Upon arrival at the tee box, be prepared to hit immediately. plan your shot & be ready to hit when the tee box is open.
- **Plan, Plan, Plan:** This may seem intuitive, but many players do not think about their next shot until they pull up to their ball. After you hit, begin considering your distance from the pin, club selection, & approach. Be prepared to quickly check yardage, grab your club and hit as soon as it is your turn.
- **Smart Cart Use:** Depending on ball location, consider dropping one cart partner at her ball and drive to the other's ball, then return to pick partner up if needed. Or park between your two balls and walk to your balls. Consider walking to your ball immediately after your cart partner hits, if your ball is a short distance forward.
- **Hang Onto Your Club:** After you hit, wait to put your club in the bag; hang onto the club and drive to the next location; then return your club to the bag while someone else is hitting or you get your next club out.
- **Sink The Putt:** Read your putt while waiting your turn to putt. Use continuous putting when practical.
- **Split In Two:** If you are starting to get behind, send the first two players who putt out on to the next tee, where they should hit first, then record scores when the remaining two players arrive at the tee.

These small actions can add up to lots of time savings during the round and avoid the need to feel "rushed" while maintaining pace of play.