

# Dr Nugent's Product Bundles

**Primary Support: Ambrotose, Ambrotose AO, Omega3 w/VitD3 and Vitamins/Minerals**

**Secondary Support: Plus and specific products shown below.**

**Immune Function: Ambrotose, ImmunoStart, GI ProBalance**

**Nervous System: Ambrotose, Omega3, Plus, Catalyst**

**Brain Health: Ambrotose, CardioBalance, Omega3, Catalyst**

**Bowel Support: Ambrotose, Bounceback, Omega3, GiPro (Gi-Zyme)**

**Digestive Support: Ambrotose, GI-Zyme, GI-ProBalance**

**Nasal Health: Ambrotose, Manna-C, Catalyst, Plus**

**Eye Support: Ambrotose, CardioBalance, Catalyst, Omega3**

**Healthy skin support Internal: Ambrotose, AO, Omega3**

**Blood Sugar Support: Ambrotose, Plus, Catalyst (or Nutriverus, PhytoMatrix)**

**Heart Health: Ambrotose, CardioBalance, Omega3**

**Circulatory Support: Ambrotose, Ambrotose AO, CardioBalance, Omega3**

**Quick Energy: Empact, Catalyst (Ambrotose)**

**Energy Support: Ambrotose, Empact, Plus**

**Joint Support: Ambrotose, BounceBack, Omega3, catalyst (Sport)**

**Muscle Support: Ambrotose, Sport, CardioBalance, Catalyst (High in Vitamins)**

**Sport - General: Ambrotose, Empact, CardioBalance, Catalyst (Osolean)**

**Sport - Post Workout and Recovery: Ambrotose, BounceBack, Omega3, Sport**

**Sport - Pre-Workout: Empact, CardioBalance, Catalyst (Ambrotose)**

**Sport - during workout – Stamina and Circulation: Empact, (Ambrotose, CardioBalance, Sport), Omega3**

**Fat Loss - Tru-Plenish, Catalyst, Omega3, Osolean, Empact, Plus**

**Eat low glycaemic, Do not cut down on proteins, eat lots of vegetables**