

# Tribal Wellness, LLC

## Sananga and Hapé Participation Waiver & Liability Release

### IMPORTANT INFORMATION - PLEASE READ CAREFULLY

Sananga and Hape are traditional Amazonian medicines used for spiritual and energetic cleansing. Sananga is an eye drop made from the Tabernaemontana plant, often used for clarity and vision (physical and spiritual). Hape (or Rape) is a finely ground powder of sacred plants administered via the nasal passages to clear energy blocks and promote grounding.

Although these medicines are generally safe when used properly, they should not be taken lightly. Please read the following contraindications and guidelines carefully.

### Contraindications and Safety Guidelines

You should not participate in a Sananga or Hape session if any of the following apply to you:

- You are pregnant or breastfeeding
- You have had recent eye surgery or have a serious eye condition (for Sananga)
- You have an active sinus infection (for Hape)
- You are experiencing acute psychosis or unstable mental health conditions
- You are under the influence of alcohol or recreational drugs
- You have a heart condition that may be worsened by sympathetic stimulation
- You are currently taking MAO inhibitors or strong psychoactive medications (consult your practitioner)

By checking below, you acknowledge that you have read the above and understand the risks associated with the use of Sananga and Hape.

☐ I Agree

### Substance Abstinence Recommendations

Substance	Abstain Before	Abstain After
Alcohol (high doses)	24 hours	24 hours
Cannabis	12 hours	12 hours
Psychedelics (Ayahuasca, Mushrooms, LSD, etc.)	24 hours	24 hours
Tobacco (excluding ceremonial use)	12 hours	12 hours
Heavy meals	3 hours	-

☐ I Agree to abstain from the substances listed above during the specified periods.

### Release of Liability & Assumption of Risk

I understand that the practitioners administering Sananga and Hape are not medical doctors and are not offering medical advice, diagnosis, or treatment. These ceremonies are spiritual in nature and are not a replacement for professional medical care.

## **Tribal Wellness, LLC**

### **Sananga and Hapé Participation Waiver & Liability Release**

I acknowledge and assume full responsibility for any risk of physical, emotional, or psychological discomfort or injury arising from participation.

I, the undersigned, voluntarily agree to participate in the Sananga and/or Hapé session and hereby release and hold harmless Tribal Wellness, LLC, its facilitators, and affiliates from any and all liability.

#### **Participant Information**

Participant's Name:

Phone:

Date of Birth:

Email Address:

Emergency Contact & Phone:

Signature:

Date:

☐ Check here to receive updates about upcoming ceremonies and events.