



## FALL 2022 CATERING

10 person minimum, per item. Served family-style. All items are gluten-free & dairy-free unless noted.

For individually packed meals, add \$1.25 per person. Drinks include ice and paper cups.

Disposable bamboo plates and cutlery included. Prices subject to change. Delivery fee starts at \$25.

### *Salad* \$4

Roasted Beet, Rainbow Carrot & Arugula  
w/Citrus Vinaigrette & Toasted Pistachios

Roasted Brussels & Kale  
w/Caesar Dressing & Crispy Chickpeas

Apple, Fennel & Baby Greens  
w/Lemon Vinaigrette & Toasted NC Pecans

### *Protein*

Grilled Flank Steak \$14

Salmon in White Wine Garlic Sauce \$14

Herb Roasted Chicken Leg Quarter \$11

Grilled Chicken Breast \$11

Grilled Pork Tenderloin \$11

Baked Balsamic Tofu \*contains wheat \$9

### *Sides* \$4

Sauteed Sherry Mushrooms & Shallots

Blistered Cherry Tomatoes w/Garlic & Basil

Roasted Tri-Color Peppers & Red Onions

Crispy Garlic Green Beans & Toasted Almonds

Lemon Roasted Asparagus

Garlic Yukon Gold Mashed Potatoes

Baked NC Sweet Potato w/Garlic & Herb Butter

Lemon Mushroom Risotto

Herbed Brown Rice

### *Drink*

Gallon: Local Lemonade \$14, Iced Tea \$12

16 oz. Bottled Water \$2

*Dessert* \$2.75 Local Macaron (\*contains milk) or Fruit & Mint Cup 3 oz.

As a meal prep delivery and catering service, we can prepare a new dish for your group every weekday. This menu is a starting point for those who like to see a set menu to choose from, which includes our client favorites. To receive our weekly menus, be sure to sign-up for our newsletter at [satorimeals.com](http://satorimeals.com)

To start planning, please call 919-592-2330 or email [erica@satorimeals.com](mailto:erica@satorimeals.com)

Thank you for considering Satori Meals for your next meeting!

**We help busy people with good food.**

