



POST OP INSTRUCTIONS - AFTER Crown and Bridges

When local anesthetic has been used, your cheeks, lips, teeth, and/or tongue may be numb for several hours after the appointment. Avoid any chewing or hot beverages until the numbness has completely worn off. This prevents biting the inside of your cheeks, lip, tongue and burning the inside of your mouth. If you do injure the inside of your mouth, it will take 10-14 days for your mouth to heal.

The site where the injection was given can be sore. You may take an anti-inflammatory like Naproxen or Ibuprofen to alleviate any discomfort. You may also place ice up in the area worked on to alleviate any discomfort.

***It's normal to experience some hot and cold sensitivity after your appointment that can last for several weeks. Underneath your enamel, the dental structure has nerve cells that can be affected during the preparation of your crown(s). In most cases this sensitivity will subside over time. However, if the pain persists please call our office.

The temporary crown(s) are temporary. They can fall off between visits and even break. If this happens give the office a call. In a pinch you can always stick your temporary on with toothpaste till you can come back to the office. It is very important to have a temporary to maintain space and decrease sensitivity of the tooth. Do not chew hard or sticky foods on your temporary and try to avoid flossing around the area until your permanent crown is cemented.

Please do not drink hot beverages or chew directly on your new crown(s) for 24 hours. If possible, chew only on the opposite side of your mouth. Although rare, it is possible the cement we use will not set up properly and the crown(s) needs to be re-cemented on, if that happens, please call the office.

Crown and bridge preps are close to the gum line, your gums may be sore for several days. Rinsing with warm salt water (1 tsp. salt in 1 cup of warm water) or mouthwash may alleviate pain or swelling around the gum tissue that you may be experiencing.

If your bite feels uneven, if you have severe pain, if your temporary breaks, if your temporary falls off, or if you have any other questions or concerns, please call our office.