

VEGETABLE SIDE DISHES

BOMBAY ALOO Spicy potato	5.50
VEGETABLE CURRY OR BHAJI Vegetables cooked in spice	5.50
SAAG ALOO Fresh spinach & potato	5.50
TARKA DHALL Lentils with fried garlic	5.50
CHANA MASALA Chick peas with spices	5.50
ALOO GOBI OR MUSHROOM BHAJI	5.50
BINDI BHAJ okra with spices	5.50
SAAG PANEER cheese and spinach and nut sauce 🌱	6.55
MUSHROOM AND SAAG BHAJI	5.95
SAAG AND GOBI	5.95
HONEY CHILLI POTATO Spicy potato with sweet chilli sauce and honey	5.95
MR NAAGA POTATO Spicy potato cooked with naaga chilli - hot	5.95

RICE

STEAM RICE	3.90
PILAU RICE	3.95
MUSHROOM FRIED RICE	4.95
EGG FRIED RICE	4.95
KEEMA FRIED RICE	4.95
COCONUT FRIED RICE 🌱	4.95
LEMON FRIED RICE	4.95
GARLIC FRIED RICE	4.95
SPECIAL FRIED RICE	4.95
CHICKEN TIKKA RICE	5.95

BREAD

PLAIN NAAN	2.95
KEEMA NAAN	3.95
PESHWARI NAAN 🌱	3.95
GARLIC CHEESE NAAN	5.95
CHILLI CHEESE NAAN	5.95
CHICKEN TIKKA CHEESE NAAN	6.95
CHICKEN TIKKA GARLIC CHEESE NAAN	5.95
CHEESE NAAN	4.95
GARLIC NAAN	2.95
PARATA / STUFF PARATA	3.95
CHAPATI	3.50

POPPADOM & CHUTNEYS

POPPADOM	1.00
CHUTNEY & SAUCES	EACH 1.00
Mango Chutney /Mint sauce	
Onion Salad/Mixed Pickle	

DRINKS

COKE, DIET COKE, LEMONADE (330 ml)	1.95
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ENGLISH DISHES

CHICKEN NUGGETS 6pcs + CHIPS	8.95
CHICKEN NUGGETS 20pcs	9.95
CHIPS	3.50

TAKEAWAY BANQUET

Every Thursday
available for Delivery & collection

- Starter
- Main dish **18.95**
- Rice
- Naan Bread
- Papadoms & Chutney

Delivery time

We aim to deliver within 45 minutes time. At busy hours, it may take up to 60 minutes to deliver.

Please order in advance if you require the food early.

Ask us
for the
Special
of the day

Our Chefs

Our chefs use traditional methods of cooking and the authentic recipes to give you the finest experience of food from the South East Asia. Taste our food today.



Dine in the restaurant

Bring in your friends and family to the restaurant to enjoy the experience.

ALL MAJOR CREDIT CARDS ACCEPTED



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order
online

ANOKHA
FINE INDIAN DINING

WE DELIVER
Delivery charge £1.50 to all
PO21 & PO22 Post Codes



Ordering is easy, call us on
01243 823004 follow us on



OPEN 11am - 2pm &
7 days a week 4:30pm to 11pm

£2.50 DELIVERY CHARGE

Chichester | Tangmere | Barnham | Eastergate
Oving | Hunston | North Mundham

ORDER ONLINE

www.anokhaindianrestaurant.com

7 The Precinct | Bognor Regis | PO21 5SB

STARTERS

ONION BHAJ	4.95
<i>Shredded onion mixed with selected herbs & spices with gram flour, deep fried.</i>	
SAMOSA Lamb minced or Mixed vegetables	4.95
<i>Crispy fried triangular shaped pastry generously filled with minced meat or vegetables</i>	
MIXED STARTER	5.95
<i>A mixed platter of Chicken Tikka, Onion Bhaji, Samosa and Tiger Prawns</i>	
CHICKEN OR PRAWN CHAAT PUREE	5.95 6.95
<i>Sliced Chicken tikka or Prawn cooked with cucumber, fresh tomatoes, tangy chaat massala sauce. Served on crispy fried puries</i>	
SHAMI KEBAB OR SHEIK KEBAB	5.95
<i>Kebabs made from minced lamb lightly spiced & shallow fried</i>	
MIXED KEBAB <i>Popular</i>	6.95
<i>Chicken tikka, lamb tikka, kufta kebab & onion bhaji</i>	
SAAG ROLL 🌱	5.95
<i>A delicate dish of spinach and cheese mash rolled in spices, served with a tasty coconut white sauce or tomato sauce</i>	
CHILLI PANEER (V)	7.50
<i>A Indo-chinese fusion with homemade Indian cheese, stir-fried with spring onion, mixed peppers, chilli and garlic tossed together in a dark soy sauce.</i>	
CHEESE TIKKA 🌱	7.50
<i>Spiced marinated chicken tikka topped with melted cheese and served with chef's special coconut and almond sauce</i>	

TANDOORI DELICACIES

	STARTER	MAIN
CHICKEN OR LAMB TIKKA	5.95	10.95
<i>Marinated in spices & yogurt, threaded onto skewers & cooked in the oven</i>		
TANDOORI MIXED GRILL		14.95
<i>A platter of assorted non-vegetable tandoori delicacies. A generous portion of chicken tikka, tandoori Chicken, lamb tikka, sheik kebab with salad.</i>		
SHASHLIK (Chicken, Lamb or Mixed)		13.95
<i>Cubes of chicken and lamb with capsicum, tomatoes and onions, marinated and cooked on skewers in a Tandoor</i>		
PANEER TIKKA		9.95
<i>Indian homemade cheese marinated in a special yogurt sauce.</i>		
TANDOORI CHICKEN	5.95 10.95	
<i>Marinated in spices & yogurt, cooked in the clay oven. Served on the bone</i>		

BALTI DISHES

Balti dishes are very delicious in flavour and popular in the Midlands

CHICKEN TIKKA/LAMB TIKKA BALTI	11.95	CHICKEN TIKKA SAAG BALTI	11.95
CHICKEN OR LAMB BALTI	10.95	CHICKEN TIKKA DANSAK BALTI	11.95
VEGETABLE BALTI	8.95		

BIRYANI DISHES

All biryani dishes are cooked with basmati Rice and a special blend of spice. Served with a vegetable curry.

CHICKEN OR LAMB BIRYANI	12.95
CHICKEN TIKKA /LAMB TIKKA BIRYANI	13.95
VEGETABLE BIRYANI	10.95
SPECIAL HOT BIRYANI CHICKEN OR LAMB	14.95
PRAWN BIRYANI	13.95

HOUSE DELICACIES

● CHICKEN	● LAMB	● PRAWN	● KING PRAWNS	● VEG	● PANEER
10.95	11.95	11.95	13.95	8.95	10.95

CHOM CHOM 🌱
<i>Cooked with almonds, butter, fresh cream & mango pulp</i>
TIKKA MASALA 🌱
<i>Cooked with cream, spiced with our home-made sauce with coconut and almond. spicy.</i>
MAKHANI 🌱
<i>This is a beautiful sweet dish cooked in rich cream, almond and coconut sauce.</i>
PASSANDA 🌱
<i>Cooked with coconut, almond, cream.</i>
GARLIC CHILLI
<i>Cooked in a highly spiced sauce, with dry onion, green chillies & fried garlic.</i>
JALFREZI
<i>Cooked in garlic, ginger, capsicums, fresh tomatoes, onions, green chillies & spices.</i>
ALOO PONEER
<i>Cooked with potato, mixed spices & cheese.</i>
SATRAKEY
<i>Cooked with green, red peppers, fresh tomato & thick sauce & garnished with fresh mushrooms.</i>
NAGA SUBWALI
<i>Cooked in thick sauce with home-made fresh naaga chilli & fresh tomato.</i>

TRADITIONAL DISHES

These dishes can be prepared with Chicken Tikka for an additional 1.00



● CHICKEN	● LAMB	● PRAWN	● KING PRAWNS	● VEG	● PANEER
10.50	10.95	11.95	13.95	8.95	10.95

CURRY Cooked in medium jhol
MADRAS Well spiced, fairly hot curry
VINDALOO Very hot dish. Nicely spiced with potatoes
CEYLON Fairly hot, creamy and tangy with coconut
BHUNA Drier curry packed with spicy flavours
PATIA Hot, sweet and sour dish in thick sauce
DUPIAZA Cooked In a thick sauce, garnished with onions
ROGAN Medium hot with herbs and tomatoes
KORMA Cooked in a chestnut and coconut sauce 🌱
DANSAK Hot, sweet and sour curry
SAAGWALA A medium strength dish cooked with fresh spinach

ALLERGEN & INTOLERANCE

Some dishes may have traces of nuts and other allergens. Please let us know before you placed order if you have any concern.

Contains nut 🌱



NARAYWANI

A delicate dish cooked with selected spices & herbs with sweet chilli dressing.

MURGH KEEMA

Bhuna Chicken or Lamb cooked with Mince Lamb in typical Punjabi style with onions, tomatoes, green pepper, minced lamb and garam masala.

PUNJABI KARAHI

Dishes specially prepared by our chef on the karahi with garlic, ginger, green pepper, tomatoes, coriander & delicate herbs & spices

PALAK PESWARI

An innovative dish made with breast of chicken or lamb cooked with coconut, almond, mango and fresh spinach

ALMASHRIKI MEDUM

Chicken or Lamb Tikka or vegetable served under a layer of cooked Spinach flavoured with Cashew Nuts.

JAL JAL BALTI

A taste of Baluchistan brought through this traditional dish made with tender chicken or Lamb in special 'Balti' sauce with red peppers and tomatoes

HYDERABADI 65

This is a popular spicy, delicious and hot South India restaurant style boneless chicken or Lamb coated with breadcrumb and spices



CHEF'S RECOMMENDATIONS

MORGH TORKARI (spicy and madras hot)	11.95
<i>A home style Chicken dish cooked in special masala sauce made with garlic, ginger and mixed spices</i>	
BUTTER MASALA CHICKEN OR LAMB OR PANEER	11.95
<i>Cooked in a specially made sauce infused with butter & cashew nut</i>	
ANOKHA (spicy)	11.95
<i>Chicken and lamb tikka, combined with finely chopped spring onion, green chili, fresh peppers, and the chef's special spices, creating an explosion of flavour.</i>	
BENGALI CHILLI CHICKEN OR LAMB (Recommended)	11.95
<i>Vindaloo Hot. An authentic Chicken dish with the original Bengali recipe, featuring a unique mix of chillies, spices, and herbs.</i>	
VANSE SWEET CHILLI	12.95
<i>This Nepali style Chili Chicken or Lamb is cooked with all colour of bell peppers; red and green giving it a colourful look as well as a subtle hint of sweetness that marries just as well with the succulent Chicken or Lamb</i>	
TAMIL RAJ	12.95
<i>Lamb or chicken cooked with authentic herbs & spices, yogurt, potatoes, black pepper and coriander in a tangy Bhuna sauce. Well recommended.</i>	
LUCKNOWI YUM-YUM (Spicy Madras Hot)	11.95
<i>Authentic Lucknowi Chicken or Lamb Curry made with fresh spices, fragrant pastes and whole spices, slow cooked and made traditional way.</i>	
LAZEEZA	12.95
<i>Tender chicken or lamb slow-cooked in a spicy sauce, enhanced with a touch of sweet mango chutney and garlic sauce.</i>	
CORIANDER DELIGHT (Medium Hot)	12.95
<i>A Dish with lots of fresh coriander, chef special spice and a bit of garlic and ginger for flavor.</i>	