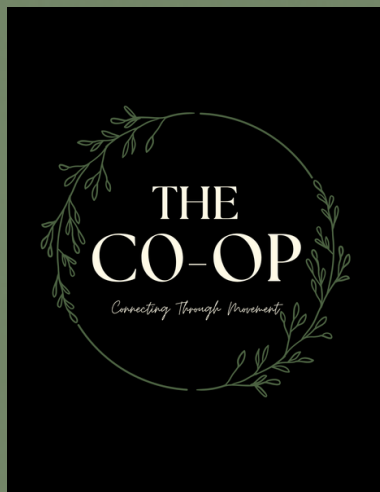


GROUP CLASSES*



Sun

5:30 - 6:30 PM Beginner Yoga - Monica

Mon

5:30 - 6:20 AM Sculpt - Ella

Wed

6:30 - 7:30 AM Yoga - Lucy

6:00 - 6:50 PM Sculpt - Ella

7:00 - 8:00 PM Dance Fitness - Jenn

Thurs

7:00 - 8:00 PM Mat Pilates - Pamela

Fri

5:30 - 6:20 AM Sculpt - Ella

12:00 - 1:00 PM Mat Pilates - Pamela

5:30 - 6:30 PM Sculpt - Pamela

Sat

8:00 - 9:00 AM Mat Pilates - Pamela