

The Garden

Daycare Centre



## Daily Routine – 2021

Sweet Peas: 3 months – 15 months \*this class requires 2 naps\*

7:45am – Morning Welcome  
Hand washing

8:00am – 9:00am  
Engaging interactive play  
Diapering/Changing

9:00 – 10:00am – Snack & Bottles provided by parents  
Snack/Bottle  
Diapering/Changing

10:00am – 11:30am  
Rest Time

11:30am – 12:30pm – Meals provided by parents  
Meal Time / Diapering Changing

12:30 – 2:00pm – Educational Play  
-tummy time  
-fine motor/gross motor  
-music/songs/instruments  
-outdoor (*no more than 30 mins*)  
-sensory  
-story

2:00-2:30pm – Bottles provided by parents  
Diapering/Changing  
Bottle  
Stories

2:30 – 3:30pm  
Rest Time

3:30 – 4:00pm – Snack provided by parents  
Diapering/Changing  
Snack time

4:00pm – 4:30pm

January 2021

Outdoor Play

4:30 – 5:30

Engaging interactive play

Diapering Changing

Collection by or before 5:30pm