

GUARD YOUR SOUL

Daily Meditation – Wednesday November 19, 2025

The Bible says, “Thorns and snares are in the way of the perverse; he who guards his soul will be far from them” (Pr. 22:5 NKJV).

It has been my experience, one of the best ways to guard my soul is to, “Guard my tongue.”

Meditating on the word, day and night, is very important. If the word is not in us our tongue misbehaves if the mind is not renewed. Our mind is not born-again and we have to train it. We should meditate on God’s word first and foremost. “The word of God conceived in the human spirit, formed by the tongue, and spoken out of the mouth becomes creative power that will work for you.”¹

Correct speech is vital but the hidden things are very important as well. The hidden things are our “thoughts” and our “motives.” Correct motive gives value to our action. Motives must line up with everything written in God’s Word.

The Bible says, “For though we walk in the flesh, we do not war according to the flesh, for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses. We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ, and we are ready to punish all disobedience, whenever your obedience is complete” (2 Cor. 10:4).²

“Taking every thought captive” needs to be a consent practice, when walking by faith. Your body is the outer man. Your spirit and soul is the inner man. We must pay close attention to our thought life. We have to think big because God is a big God. God informed Abraham, “Look at the stars Abraham.” God needed Abraham to think big. He needs us to think big as well. If it is too big for your mind it is too big for your hand.

We must guard our soul and think big like God. The Apostle Paul informed us, “Therefore be imitators of God, as beloved children” (Eph. 5:1).

¹ Charles Capps, *God’s Creative Power, Gift Collection*, 2004, p. 35.

² All Scripture quotations, unless otherwise noted, are from the *New American Standard Bible*.

PRAYER FOR SALVATION – Father God, I repent of all my sins, and I believe You raised Jesus from the dead. I confess that Jesus Christ is the Lord of my life. Jesus, wash me with your holy blood. Holy Spirit fill me so I can be a mighty witness for King Jesus!