



BUTT CUPPING THERAPY

WHAT IS BUTT LIFT THERAPY?

Unlike the Brazilian butt lift, vacuum therapy (also known as vacuotherapy) is noninvasive and tones your tush without the use of incisions. Similar to a lymphatic drainage massage, vacuum butt therapy is a massaging technique that helps lift and contour the buttocks via a suction device equipped with glass cups. After a mini massage, two small suction cups are moved over the thigh and buttocks area, manipulating the tissue, then two larger suction cups are sealed over each side of the butt for approximately 30 minutes.

The process improves lymphatic drainage, stimulate the muscles, break down and shift fat deposits, and stimulate the hypodermis, all of which combine to provide increased toning effects and give the appearance of a smoother, firmer, more lifted backside. vacuum butt therapy provides instant results and further lifts the buttocks by up to 70 percent. Some say one session is the equivalent of 1,500 squats!

Typically just 2-4 sessions will give you outstanding results when done in a 1-2 week timespan! The trick is maintaining the results with a proper treatment plan. We recommend 6-8 treatments your first month (twice a week), then 1-2 times a month for maintenance. Just like working out, consistency is key, but let us do all the hard work for you!

BENEFITS

When performed for several sessions on a weekly basis, you may notice that your skin is tighter and more toned. This can provide the appearance of a butt lift. Butt Cupping therapy is a non-invasive, non-surgical technique for tissue stimulation for your buttock in a short period of time. No anesthesia required.

At its core, vacuum therapy offers deep massaging effects. The procedure may work for buttock toning by:

- decreasing muscle tension
- increasing lymphatic flow to remove toxins and water retention
- exfoliating the skin, thereby making it smoother and more toned in appearance
- stimulating the middle layers of skin for increased toning effects
- decreasing the appearance of cellulite

Benefits:

- Lifts your buttocks by up to 70%
- instant results
- No surgery, no pain, no downtime!
- Enhanced body tone and shape
- No side effects
- Improves blood circulation
- Tightens & Tones Skin

DOWNTIME + SIDE EFFECTS

- Slight discomfort in the buttocks area.
- Temporary bruising will happen during and after the procedure due to the pressure of the cups but it will disappear the day after.

Post Recovery

Exercise the buttocks for at least 25-30 minutes for best results.