



VACUUM THERAPY

WHAT IS VACUUM (RF) THERAPY?

Using high-frequency Radio Frequency and vacuum technology combined, direct access is significantly increased to the deeper fat cells, bringing fat cells to a fast-active state from the production of localised heat, so that effective blood circulation occurs.

This increased localised blood circulation within the dermis aims to tighten the sagging or loose skin due to the normal effects of ageing. Your skin will have its elasticity improved aided by an increased metabolic activity. Then through the sweat glands and lymphatic system the excess fat and toxins are excreted out of the body. This aims to further dissolve fat cells, strengthening the integrity of cells mitochondria, enhancing blood and lymph circulation with metabolism benefits.

BENEFITS

Weight loss

The vacuum creates a low atmospheric pressure, increasing the blood supply and circulation to the cellulite and fat prone areas of the lower body. Thanks to this increase in blood circulation, fats are able to be transported from fat cells into the working muscles where they can be burnt off. This increased supply of blood, nutrition and oxygen to the lower body, while exercising the muscles, results in higher metabolism, cell activity and faster fat burning.

Cellulite Reduction

The sub-atmospheric pressure, created by the vacuum, not only activates the metabolism of fats, but also the lymphatic system, which ensures better removal of metabolic waste products. Stronger blood circulation to the skin and an enriched supply of oxygen, vitamins, minerals and enzymes act positively against orange peel skin. Long-term studies on women with a predisposition to cellulite and fat have not only shown the durability of the results achieved from vacuum therapy, but, as an added bonus in many cases, formative tissue in the affected areas has regenerated- turning back the skin's biological clock by up to 10 years.

Additional benefits

1. Improves circulation of blood and lymphatic drainage
2. Reduced appearance of cellulite
3. Increased metabolism
4. Burns fat faster
5. Promotes positive mood
6. Improves body profile
7. Tones and smooths skin

CONTRAINDICATIONS

Contraindications include patients who suffer from significant amounts of redundant skin as they will not see the desired results, or patients who suffer from rosacea because they will see exacerbated symptoms due to the additional inflammation that occurs post-radiofrequency treatments.

A minimum of 20 sessions (3 times a week) over the course of a 6 week period in order to "kick start" the metabolism into action. Results are generally already visible after 10 applications