



# DEBORAH DRAVES LEGG



Owner – Founder Eponicity, LLC

## PROFILE

Registered Nurse  
Certified [Transformational Presence Coach](#)  
Accredited ICF Coach  
Advanced [Eponaquest](#) Practitioner  
Power of the Herd Instructor  
Equine Sand Play Practitioner  
[Author](#)

## CONTACT

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## MY PHILOSOPHY

I believe that the power within us lights the way to realize our purpose and potential.  
We are the medicine.

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### Eponicity Coaching

2010 - Present

Group, individual, and family equine and online coaching program  
Integration coaching for those who have experienced the life-changing benefits of psychedelic medicines.

### Retreat Leader

2007 - Present

Create, organize and facilitate wellness retreats in unique locations. Costa Rica, British Virgin Islands, Canada, Chile, USA. Worked with hundreds of satisfied individuals.

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## PROFESSIONAL ACHIEVEMENTS

### Co-Founder Owner

2006–2020

Founded Leaves and Lizards Resort, La Fortuna, Costa Rica.  
Transformed a dairy farm into a \$900,000/year business. (Sold in 2020)

### Researcher

Co-researcher for HeartMath organization studied heartbeat variability in horses and humans during equine therapy. Designed, initiated, and completed research project: 'Changes in Pulmonary Function of Intubated Premature Infants during Kangaroo Care.' Presented findings at several national and international conferences. Including NANN.

### Conference Presenter

Presented at My Horses My Healers International Summit in 2017, 2018, and 2019. In 2018 presented at the HETI conference in Dublin, Ireland. NANN, Nursing Magnet (award winner), and several neonatal and pediatric developmental conferences.

### Instructor

Created and teach [Eponicity's Equine Assisted Learning](#) facilitator certification program. Taught the Eponaquest apprenticeship in the USA, Costa Rica, Australia, and New Zealand.