

# Ballet Etudes Academy

## Summer 2023

1455 S Stapley Rd, Mesa, Arizona 85204

480.558.2080 - info@balletetudes.net

		Studio A	Studio B	Studio C	Studio D	Studio E
M o n d a y	9:00 - 10:30	PPD Tech		9:00 - 10:30	4/5 Tech	
	10:30 - 11:30	PPD Pointe	10:00-11:30	Ballet 2 Tech	10:30 - 11:30	Ballet 3 Tech
	11:30-12:30	PPD Variations	11:30-12:30	Ballet 2 Variations	11:30-12:30	Ballet 3 Pre-Pointe
	12:30-1:30	Lunch	12:30-1:30	Lunch	12:30-1:30	Lunch
	1:30-2:30	PPD Choreo	1:00-2:00	Stretch & Strength 2	1:30-2:30	Stretch & Strength 3
	2:30-3:30	PPD Kinesiology			2:30-3:30	4/5 Kinesiology
T u e s d a y	9:30-10:30	PPD Jazz				
	10:30-11:30	PPD Body Conditioning	10:30-11:30	Ballet 1	10:30-11:30	Ballet 3 Tech
	11:30-12:00	Lunch	11:30-12:30	Beginning Ballet	11:30-12:00	Ballet 3 Jazz
	12:00-1:30	PPD Tech			12:00-1:30	Lunch
	1:30-2:30	PPD Pointe			1:30-2:30	Flamenco 3 - Yumi
		15-min Break			2:45-3:45	4/5 Body Conditioning
	2:45-3:45	PPD Flamenco				15-min Break
				4:00-5:00	4/5 Flamenco	
W e d n e s d a y	9:00 - 10:30	PPD3 Tech	9:30-10:30	Ballet 2 Tech	9:00-10:30	Ballet 3 Tech
	10:30 - 11:30	PPD Pointe	10:30-11:30	Ballet 2 Floor Barre	10:30-11:30	Ballet 3 Floor Barre
	11:30-12:30	PPD Variations	12:00-1:00	Creative Movement	11:30-12:30	Lunch
	12:30-1:30	Lunch	1:00-2:00	Pre Ballet	12:30-1:30	Modern 3
	1:30-2:30	PPD Cont			1:30-2:30	4/5 Modern
	2:30-3:30	PPD Modern			2:30-3:30	4/5 Contemporary
T h u r s d a y	9:30 - 10:30	PPD Pilates		9:30 - 10:30	4/5 Musical Theater	9:00-10:30
	10:30-11:30	PPD Musical Theater		10:30-11:30	4/5 Pilates	Ballet 3 Tech
	11:30-12:30	Lunch	11:30-12:30	Beginning Ballet	11:30-12:30	Ballet 3 Variations
	12:30-2:00	PPD Tech	12:30 - 1:30	Ballet 1	12:30-2:00	Lunch
	2:00-3:00	PPD Pointe			2:00-3:00	Contemporary 3
	3:00 - 4:00	PPD Variations			3:00 - 4:00	Contemporary 2