

Adult Classes at Ballet Etudes Academy

(480) 558-2080 info@balletetudes.net

****Please note that these classes will begin once we move to our new studio located on Stapley Drive****

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DAYTIME					
	BODY CONDITIONING Time: 10:00-11:00 am Teacher: Aliece	ADULT BALLE Time: 9:30-11:00 Teacher: Mary Lou	MAT PILATES Time: 9:30-10:30 Teacher: Amy		ADULT BALLE Time: 9:30-11:00 Teacher: Mary Lou
AFTERNOON / EVENING					
BODY CONDITIONING Time: 6:00-7:00 pm Teacher: Aliece		ADULT BALLE Time: 6:30-8:00 Teacher: Mary Lou			