

5. NORTH ATLANTIC REGION (Connecticut, Maine, Massachusetts, New Hampshire, New York, Rhode Island, and Vermont)

Those of you who love history, this is the region for you! Most of the sites mentioned here are national historical sites, parks, or memorials. Keep in mind, most of these are in more urban settings, so no long hikes at these places. Some become very crowded, and/or have a lot of loud noise associated with them, so know your dog and what they are comfortable with before visiting. One exception is Acadia National Park in Maine, one of the most dog friendly national parks we have. There are plenty of hikes here for those searching for that kind of experience. As always, double check weather conditions before visiting, as some locations can be hot in summer. Ticks can also be of concern here, so check dogs carefully after hiking.

CONNECTICUT:

***Cheshire Parks and Rec: Dogs allowed on all trails.

***Weir Farm National Historical Park: Dogs allowed on all trails and grounds.

MAINE:

***Acadia National Park: Dogs are allowed on most trails. They are also allowed in the Blackwoods, Seawall, and Schoodic Woods campgrounds. They are allowed on Isle au Haut, but only for day hiking, no overnight visits. Dogs (and humans!) are not allowed to swim in lakes in the park, as the water is used for public water supply. Sand Beach does not allow dogs between June 15-September 8, and Echo Lake does not allow dogs from May 15-September 15. They are not permitted to go in the Wild Gardens of Acadia or the Duck Harbor Campground. While most trails do allow dogs, they are prohibited from the following: Precipice, Beehive, Ladder Trail to Door Mountain, Beech Cliffs Trail, Perpendicular Trail, and the Jordan Cliffs Trail between Penobscot East Trail and the carriage road. The park also takes care to mention it is not recommended for pets to be on the following trails: Acadia Mountain, Flying Mountain, Giant Slide, the west face of Cadillac Mountain, the Bubble and Jordan Ponds Path between the carriage road and Featherbed Pond, Norembeaga Goat Trail, Bubbles-Pemetit Trail, Penobscot Mountain (Spring Trail), Upper Beachcroft Trail, and the Upper Gorge Trail. These may not be suitable for dogs as they contain ladders or rungs dogs will be unable to traverse, or extremely rough and steep terrain they will have trouble navigating. But, with over 100 miles of trails and 45 miles of carriage that are safe for dogs, you shouldn't have any trouble finding places to explore that are safe for both you and your pet! Ticks are prevalent in this park, so be extra cautious and check your dog carefully after hiking.

***Saint Croix Island International Historical Site: Dogs allowed in all outdoor areas and trails.

MASSACHUSETTS:

***Boston National Historical Park: Dogs welcome on the grounds, but cannot go inside any of the buildings or on board the USS Cassin Young. The website also takes care to mention not to let your dogs dig or urinate on any of the memorials.

***Cape Cod National Seashore: Dogs are only allowed on the Doane Trail, Pilgrim Spring Trail, and Head of the Meadow Bicycle Trail, and all fire roads. They are allowed on the Province Lands and Nauset bike trails between November 1-April 30. They are allowed in freshwater ponds between October 16-May 14. They are allowed on beaches with the following exceptions: During the summer, they are not allowed on lifeguard protected beaches. They are allowed to pass through to pet friendly areas, but not allowed to swim/linger. There are annual closures to protect nesting seabirds. These are in effect every April 1-October 15. These locations are the Coast Guard Beach in Eastham, Nauset Marsh in Eastham, Jeremy Point in Wellfleet, Hatches Harbor in Provincetown, and Herring Cove in Provincetown. These areas are well marked, and please pay extra attention when in the area. There may be intermittent closures in other areas, so always read signs and make sure to respect these guidelines. These can change daily, and if there is any question, please check with a ranger or other employee.

***Longfellow House Washington's Headquarters National Historic Site: Dogs are allowed on the grounds, but they cannot enter the formal garden or the house.

***Lowell National Historical Park: Dogs allowed on grounds and trails.

***Minute Man National Historical Park: Dogs allowed on grounds.

***Salem Maritime National Historic Site: Dogs allowed on grounds.

***Saugus Iron Works National Historic Site: Dogs allowed on grounds.

***Springfield Amory National Historic Site: Dogs allowed on grounds.

NEW HAMPSHIRE:

***Saint Gaudens National Historical Park: Dogs allowed on grounds and on all trails. They cannot enter the atrium with the reflecting pool.

NEW YORK:

***Eleanor Roosevelt National Historic Site: Dogs are allowed in developed areas, all trails, and in some of the gardens.

***Fort Stanwix National Monument: Dogs allowed on all trails and park roadways. Be aware the park does have historic weapon demonstrations, and the loud noise from these may scare some pets.

***Hamilton Grange National Memorial: Dogs allowed on grounds and all trails. They are not allowed on interpretive walks.

***Home of Franklin D. Roosevelt National Historic Site: Dogs are allowed in developed areas, trails, and some of the gardens.

***John Brown Farm State Historic Site: Dogs allowed on grounds and all trails.

***Martin Van Buren National Historic Site: Dogs allowed on grounds and all trails except the Kinderhook Dutch Farming Heritage Trail.

***Minna Anthony Common Nature Center: Dogs allowed on all trails and inside nature center.

***New York State Parks: Several of the NY state parks now participate in the Bark Ranger program. We have members verifying that Grafton Lakes, Higley Flow, Peebles Island, Point au Roche, Robert G. Wehle, Southwick Beach, Taconic, Thacher, and Wellesley Island State Parks participate. Check each individual park for specific rules for dogs before visiting.

***Saratoga National Historical Park: Dogs allowed on grounds and trails.

***Vanderbilt Mansion National Historic Site: Dogs allowed in developed areas, on the waterfront, in the gardens, and on trails.

RHODE ISLAND:

*** Blackstone River Valley National Historical Park: Dogs allowed on grounds.

***Roger Williams National Memorial: Dogs allowed on grounds.

VERMONT:

***Marsh Billings Rockefeller National Historical Park: Dogs allowed on grounds and on trails. They are not allowed to swim in the Pogue, and take care not to let dogs walk through the gardens. Rules for trails vary in the winter due to activities such as cross country skiing and snowshoeing. Please double check which trails are open if visiting winter. Multi-use trails are always open to walkers with dogs.